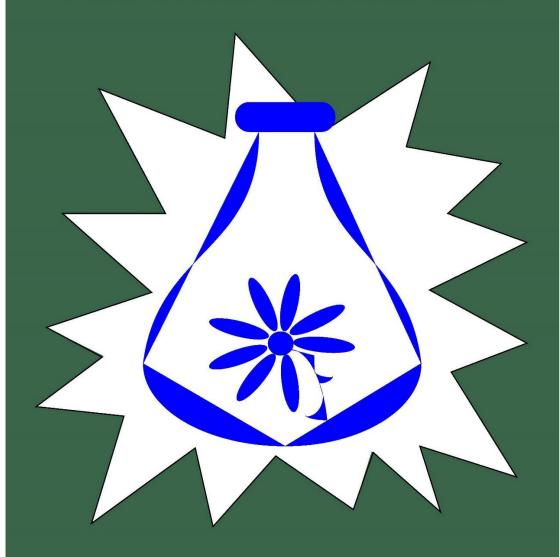
# ASTROLOGY & FLOWER ESSENCES



JÉRÔME ZENASTRAL

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# **Table of contents**

Intro	oduction	13
1.	Transit or aspect of Pluto to your Sun in Aries	15
2.	Transit or aspect of Pluto to your Sun in Taurus	15
3.	Transit or aspect of Pluto to your Sun in Gemini	16
4.	Transit or aspect of Pluto to your Sun in Cancer	16
5.	Transit or aspect of Pluto to your Sun in Leo	17
6.	Transit or aspect of Pluto to your Sun in Virgo	17
7.	Transit or aspect of Pluto to your Sun in Libra	18
8.	Transit or aspect of Pluto to your Sun in Scorpio	18
9.	Transit or aspect of Pluto to your Sun in Sagittarius	19
10.	Transit or aspect of Pluto to your Sun in Capricorn	19
11.	Transit or aspect of Pluto to your Sun in Aquarius	20
12.	Transit or aspect of Pluto to your Sun in Pisces	20
13.	Transit or aspect of Pluto on your Moon in Aries	21
14.	Transit or aspect of Pluto on your Moon in Taurus	22
15.	Transit or aspect of Pluto on your Moon in Gemini	22
16.	Transit or aspect of Pluto on your Moon in Cancer	23
17.	Transit or aspect of Pluto on your Moon in Leo	24
18.	Transit or aspect of Pluto on your Moon in Virgo	24
19.	Transit or aspect of Pluto on your Moon in Libra	25
20.	Transit or aspect of Pluto on your Moon in Scorpio	25
21.	Transit or aspect of Pluto on your Moon in Sagittarius	26
22.	Transit or aspect of Pluto on your Moon in Capricorn	27
23.	Transit or aspect of Pluto on your Moon in Aquarius	27
24.	Transit or aspect of Pluto on your Moon in Pisces	28
25.	Transit or aspect of Pluto over your Mercury in Aries	29
26.	Transit or aspect of Pluto on your Mercury in Taurus	29
27.	Transit or aspect of Pluto on your Mercury in Gemini	30
28.	Transit or aspect of Pluto on your Mercury in Cancer	31
29.	Transit or aspect of Pluto on your Mercury in Leo	32
30.	Transit or aspect of Pluto over your Mercury in Virgo	32
31.	Transit or aspect of Pluto on your Mercury in Libra	33

32.	Transit or aspect of Pluto on your Mercury in Scorpio	34
33.	Transit or aspect of Pluto over your Mercury in Sagittarius	34
34.	Transit or aspect of Pluto over your Mercury in Capricorn	35
35.	Transit or aspect of Pluto on your Mercury in Aquarius	36
36.	Transit or aspect of Pluto on your Mercury in Pisces	37
37.	Transit or aspect of Pluto on your Venus in Aries	37
38.	Transit or aspect of Pluto to your Venus in Taurus	38
39.	Transit or aspect of Pluto over your Venus in Gemini	39
40.	Transit or aspect of Pluto to your Venus in Cancer	40
41.	Transit or aspect of Pluto on your Venus in Leo	40
42.	Transit or aspect of Pluto to your Venus in Virgo	41
43.	Transit or aspect of Pluto to your Venus in Libra	42
44.	Transit or aspect of Pluto on your Venus in Scorpio	43
45.	Transit or aspect of Pluto over your Venus in Sagittarius	43
46.	Transit or aspect of Pluto to your Venus in Capricorn	44
47.	Transit or aspect of Pluto on your Venus in Aquarius	45
48.	Transit or aspect of Pluto on your Venus in Pisces	46
49.	Transit or aspect of Pluto on your Mars in Aries	46
50.	Transit or aspect of Pluto on your Mars in Taurus	47
51.	Transit or aspect of Pluto on your Mars in Gemini	48
52.	Transit or aspect of Pluto on your Mars in Cancer	49
53.	Transit or aspect of Pluto on your Mars in Leo	49
54.	Transit or aspect of Pluto on your Mars in Virgo	50
55.	Transit or aspect of Pluto on your Mars in Libra	51
56.	Transit or aspect of Pluto on your Mars in Scorpio	52
57.	Transit or aspect of Pluto on your Mars in Sagittarius	52
58.	Transit or aspect of Pluto on your Mars in Capricorn	53
59.	Transit or aspect of Pluto on your Mars in Aquarius	54
60.	Transit or aspect of Pluto on your Mars in Pisces	54
61.	Transit or aspect of Pluto on your Jupiter	55
62.	Transit of Pluto over your Saturn	56
63.	Transit or aspect of Pluto on your Uranus	57
64.	Pluto transiting your Neptune	57
65.	Transit of Pluto over your Pluto	57
66.	Transit or aspect of Neptune on your Sun in Aries	58

67.	Transit or aspect of Neptune on your Sun in Taurus	59
68.	Transit or aspect of Neptune on your Sun in Gemini	59
69.	Transit or aspect of Neptune to your Sun in Cancer	60
70.	Transit or aspect of Neptune to your Sun in Leo	61
71.	Transit or aspect of Neptune to your Sun in Virgo	61
72.	Transit or aspect of Neptune to your Sun in Libra	62
73.	Transit or aspect of Neptune to your Sun in Scorpio	63
74.	Transit or aspect of Neptune to your Sun in Sagittarius	63
75.	Transit or aspect of Neptune to your Sun in Capricorn	64
76.	Transit or aspect of Neptune on your Sun in Aquarius	65
77.	Transit or aspect of Neptune to your Sun in Pisces	66
78.	Transit or aspect of Neptune on your Moon in Aries	66
79.	Transit or aspect of Neptune on your Moon in Taurus	67
80.	Transit or aspect of Neptune on your Moon in Gemini	68
81.	Transit or aspect of Neptune on your Moon in Cancer	68
82.	Transit or aspect of Neptune on your Moon in Leo	69
83.	Transit or aspect of Neptune on your Moon in Virgo	70
84.	Transit or aspect of Neptune on your Moon in Libra	71
85.	Transit or aspect of Neptune on your Moon in Scorpio	72
86.	Transit or aspect of Neptune on your Moon in Sagittarius	72
87.	Transit or aspect of Neptune on your Moon in Capricorn	73
88.	Transit or aspect of Neptune on your Moon in Aquarius	74
89.	Transit or aspect of Neptune on your Moon in Pisces	75
90.	Transit or aspect of Neptune on your Mercury in Aries	75
91.	Transit or aspect of Neptune on your Mercury in Taurus	76
92.	Transit or aspect of Neptune on your Mercury in Gemini	77
93.	Transit or aspect of Neptune on your Mercury in Cancer	77
94.	Transit or aspect of Neptune on your Mercury in Leo	78
95.	Transit or aspect of Neptune on your Mercury in Virgo	78
96.	Transit or aspect of Neptune on your Mercury in Libra	79
97.	Transit or aspect of Neptune on your Mercury in Scorpio	80
98.	Transit or aspect of Neptune on your Mercury in Sagittarius	80
99.	Transit or aspect of Neptune on your Mercury in Capricorn	81
100.	Transit or aspect of Neptune on your Mercury in Aquarius	82
101.	Transit or aspect of Neptune on your Mercury in Pisces	82

102.	Transit or aspect of Neptune to your Venus in Aries	83
103.	Transit or aspect of Neptune to your Venus in Taurus	84
104.	Transit or aspect of Neptune on your Venus in Gemini	84
105.	Transit or aspect of Neptune on your Venus in Cancer	85
106.	Transit or aspect of Neptune on your Venus in Leo	86
107.	Transit or aspect of Neptune to your Venus in Virgo	87
108.	Transit or aspect of Neptune to your Venus in Libra	88
109.	Transit or aspect of Neptune on your Venus in Scorpio	89
110.	Transit or aspect of Neptune on your Venus in Sagittarius	90
111.	Transit or aspect of Neptune to your Venus in Capricorn	91
112.	Transit or aspect of Neptune to your Venus in Aquarius	91
113.	Transit or aspect of Neptune on your Venus in Pisces	92
114.	Transit or aspect of Neptune on your Mars in Aries	93
115.	Transit or aspect of Neptune on your Mars in Taurus	93
116.	Transit or aspect of Neptune on your Mars in Gemini	94
117.	Transit or aspect of Neptune on your Mars in Cancer	95
118.	Transit or aspect of Neptune on your Mars in Leo	95
119.	Transit or aspect of Neptune on your Mars in Virgo	96
120.	Transit or aspect of Neptune on your Mars in Libra	97
121.	Transit or aspect of Neptune on your Mars in Scorpio	97
122.	Transit or aspect of Neptune on your Mars in Sagittarius	98
123.	Transit or aspect of Neptune on your Mars in Capricorn	98
124.	Transit or aspect of Neptune on your Mars in Aquarius	99
125.	Transit or aspect of Neptune on your Mars in Pisces	100
126.	Transit or aspect of Neptune on your Jupiter	100
127.	Transit of Neptune over your Saturn	101
128.	Transit of Neptune on your Neptune	102
129.	Transit or aspect of Neptune on your Pluto	102
130.	Transit or aspect of Uranus to your Sun in Aries	102
131.	Transit or aspect of Uranus to your Sun in Taurus	103
132.	Transit or aspect of Uranus to your Sun in Gemini	104
133.	Transit or aspect of Uranus to your Sun in Cancer	104
134.	Transit or aspect of Uranus to your Sun in Leo	105
135.	Transit or aspect of Uranus to your Sun in Virgo	106
136.	Transit or aspect of Uranus to your Sun in Libra	106

137.	Transit or aspect of Uranus to your Sun in Scorpio	107
138.	Transit or aspect of Uranus to your Sun in Sagittarius	108
139.	Transit or aspect of Uranus to your Sun in Capricorn	108
140.	Transit or aspect of Uranus to your Sun in Aquarius	109
141.	Transit or aspect of Uranus to your Sun in Pisces	110
142.	Transit or aspect of Uranus on your Moon in Aries	110
143.	Transit or aspect of Uranus on your Moon in Taurus	111
144.	Transit or aspect of Uranus on your Moon in Gemini	111
145.	Transit or aspect of Uranus to your Moon in Cancer	112
146.	Transit or aspect of Uranus on your Moon in Leo	113
147.	Transit or aspect of Uranus to your Moon in Virgo	113
148.	Transit or aspect of Uranus to your Moon in Libra	114
149.	Transit or aspect of Uranus on your Moon in Scorpio	114
150.	Transit or aspect of Uranus on your Moon in Sagittarius	115
151.	Transit or aspect of Uranus on your Moon in Capricorn	115
152.	Transit or aspect of Uranus to your Moon in Aquarius	116
153.	Transit or aspect of Uranus to your Moon in Pisces	117
154.	Transit or aspect of Uranus over your Mercury in Aries	117
155.	Transit or aspect of Uranus over your Mercury in Taurus	118
156.	Transit or aspect of Uranus over your Mercury in Gemini	118
157.	Transit or aspect of Uranus to your Mercury in Cancer	119
158.	Transit or aspect of Uranus over your Mercury in Leo	120
159.	Transit or aspect of Uranus over your Mercury in Virgo	120
160.	Transit or aspect of Uranus to your Mercury in Libra	121
161.	Transit or aspect of Uranus over your Mercury in Scorpio	122
162.	Transit or aspect of Uranus over your Mercury in Sagittariu	s123
163.	Transit or aspect of Uranus over your Mercury in Capricorn	123
164.	Transit or aspect of Uranus to your Mercury in Aquarius	124
165.	Transit or aspect of Uranus over your Mercury in Pisces	125
166.	Transit or aspect of Uranus to your Venus in Aries	125
167.	Transit or aspect of Uranus to your Venus in Taurus	126
168.	Transit or aspect of Uranus over your Venus in Gemini	127
169.	Transit or aspect of Uranus to your Venus in Cancer	128
170.	Transit or aspect of Uranus to your Venus in Leo	129
171.	Transit or aspect of Uranus to your Venus in Virgo	129

172.	Transit or aspect of Uranus to your Venus in Libra	130
173.	Transit or aspect of Uranus to your Venus in Scorpio	131
174.	Transit or aspect of Uranus to your Venus in Sagittarius	132
175.	Transit or aspect of Uranus to your Venus in Capricorn	132
176.	Transit or aspect of Uranus to your Venus in Aquarius	133
177.	Transit or aspect of Uranus to your Venus in Pisces	134
178.	Transit or aspect of Uranus to your Mars in Aries	135
179.	Transit or aspect of Uranus to your Mars in Taurus	136
180.	Transit or aspect of Uranus on your Mars in Gemini	136
181.	Transit or aspect of Uranus to your Mars in Cancer	137
182.	Transit or aspect of Uranus on your Mars in Leo	137
183.	Transit or aspect of Uranus to your Mars in Virgo	138
184.	Transit or aspect of Uranus on your Mars in Libra	139
185.	Transit or aspect of Uranus to your Mars in Scorpio	140
186.	Transit or aspect of Uranus to your Mars in Sagittarius	140
187.	Transit or aspect of Uranus to your Mars in Capricorn	141
188.	Transit or aspect of Uranus to your Mars in Aquarius	142
189.	Transit or aspect of Uranus to your Mars in Pisces	142
190.	Transit or aspect of Uranus on your Jupiter	143
191.	Uranus transits your Saturn	144
192.	Transit of Uranus over your Uranus	144
193.	Transit or aspect of Uranus on your Neptune	145
194.	Transit or aspect of Uranus on your Pluto	145
195.	Transit or aspect of Saturn to your Sun in Aries	146
196.	Transit or aspect of Saturn to your Sun in Taurus	146
197.	Transit or aspect of Saturn on your Sun in Gemini	147
198.	Transit or aspect of Saturn to your Sun in Cancer	148
199.	Transit or aspect of Saturn to your Sun in Leo	149
200.	Transit or aspect of Saturn to your Sun in Virgo	150
201.	Transit or aspect of Saturn to your Sun in Libra	151
202.	Transit or aspect of Saturn to your Sun in Scorpio	151
203.	Transit or aspect of Saturn to your Sun in Sagittarius	152
204.	Transit or aspect of Saturn on your Sun in Capricorn	153
205.	Transit or aspect of Saturn to your Sun in Aquarius	153
206.	Transit or aspect of Saturn to your Sun in Pisces	154

207.	Transit or aspect of Saturn on your Moon in Aries	100
208.	Transit or aspect of Saturn on your Moon in Taurus	156
209.	Transit or aspect of Saturn on your Moon in Gemini	157
210.	Transit or aspect of Saturn on your Moon in Cancer	157
211.	Transit or aspect of Saturn on your Moon in Leo	158
212.	Transit or aspect of Saturn on your Moon in Virgo	159
213.	Transit or aspect of Saturn on your Moon in Libra	160
214.	Transit or aspect of Saturn on your Moon in Scorpio	161
215.	Transit or aspect of Saturn on your Moon in Sagittarius	162
216.	Transit or aspect of Saturn on your Moon in Capricorn	162
217.	Transit or aspect of Saturn on your Moon in Aquarius	163
218.	Transit or aspect of Saturn on your Moon in Pisces	164
219.	Transit or aspect of Saturn on your Mercury in Aries	165
220.	Transit or aspect of Saturn on your Mercury in Taurus	166
221.	Transit or aspect of Saturn on your Mercury in Gemini	166
222.	Transit or aspect of Saturn on your Mercury in Cancer	167
223.	Transit or aspect of Saturn on your Mercury in Leo	168
224.	Transit or aspect of Saturn on your Mercury in Virgo	168
225.	Transit or aspect of Saturn on your Mercury in Libra	169
226.	Transit or aspect of Saturn on your Mercury in Scorpio	170
227.	Transit or aspect of Saturn on your Mercury in Sagittarius	171
228.	Transit or aspect of Saturn on your Mercury in Capricorn	171
229.	Transit or aspect of Saturn on your Mercury in Aquarius	172
230.	Transit or aspect of Saturn on your Mercury in Pisces	173
231.	Transit or aspect of Saturn on your Venus in Aries	174
232.	Transit or aspect of Saturn on your Venus in Taurus	175
233.	Transit or aspect of Saturn on your Venus in Gemini	176
234.	Transit or aspect of Saturn on your Venus in Cancer	176
235.	Transit or aspect of Saturn on your Venus in Leo	177
236.	Transit or aspect of Saturn on your Venus in Virgo	178
237.	Transit or aspect of Saturn on your Venus in Libra	179
238.	Transit or aspect of Saturn on your Venus in Scorpio	180
239.	Transit or aspect of Saturn on your Venus in Sagittarius	181
240.	Transit or aspect of Saturn on your Venus in Capricorn	182
241.	Transit or aspect of Saturn on your Venus in Aquarius	182

242.	Transit or aspect of Saturn on your Venus in Pisces	183
243.	Transit or aspect of Saturn on your Mars in Aries	184
244.	Transit or aspect of Saturn on your Mars in Taurus	185
245.	Transit or aspect of Saturn on your Mars in Gemini	186
246.	Transit or aspect of Saturn on your Mars in Cancer	187
247.	Transit or aspect of Saturn on your Mars in Leo	188
248.	Transit or aspect of Saturn on your Mars in Virgo	189
249.	Transit or aspect of Saturn on your Mars in Libra	190
250.	Transit or aspect of Saturn on your Mars in Scorpio	191
251.	Transit or aspect of Saturn on your Mars in Sagittarius	192
252.	Transit or aspect of Saturn on your Mars in Capricorn	192
253.	Transit or aspect of Saturn on your Mars in Aquarius	193
254.	Transit or aspect of Saturn on your Mars in Pisces	194
255.	Transit or aspect of Saturn on your Jupiter	195
256.	Transit of Saturn over your Saturn	196
257.	Transit or aspect of Saturn on your Uranus	196
258.	Transit or aspect of Saturn on your Neptune	196
259.	Transit or aspect of Saturn on your Pluto	197
260.	Transit or aspect of Mars on your Sun in Aries	197
261.	Transit or aspect of Mars on your Sun in Taurus	198
262.	Transit or aspect of Mars on your Sun in Gemini	199
263.	Transit or aspect of Mars on your Sun in Cancer	200
264.	Transit or aspect of Mars on your Sun in Leo	200
265.	Transit or aspect of Mars on your Sun in Virgo	201
266.	Transit or aspect of Mars on your Sun in Libra	202
267.	Transit or aspect of Mars on your Sun in Scorpio	202
268.	Transit or aspect of Mars on your Sun in Sagittarius	203
269.	Transit or aspect of Mars on your Sun in Capricorn	204
270.	Transit or aspect of Mars on your Sun in Aquarius	204
271.	Transit or aspect of Mars on your Sun in Pisces	205
272.	Transit or aspect of Mars on your Moon in Aries	206
273.	Transit or aspect of Mars on your Moon in Taurus	206
274.	Transit or aspect of Mars on your Moon in Gemini	207
275.	Transit or aspect of Mars on your Moon in Cancer	208
276.	Transit or aspect of Mars on your Moon in Leo	208

277.	Transit or aspect of Mars on your Moon in Virgo	209
278.	Transit or aspect of Mars on your Moon in Libra	210
279.	Transit or aspect of Mars on your Moon in Scorpio	211
280.	Transit or aspect of Mars on your Moon in Sagittarius	212
281.	Transit or aspect of Mars on your Moon in Capricorn	212
282.	Transit or aspect of Mars on your Moon in Aquarius	213
283.	Transit or aspect of Mars on your Moon in Pisces	214
284.	Transit or aspect of Mars on your Mercury in Aries	214
285.	Transit or aspect of Mars on your Mercury in Taurus	215
286.	Transit or aspect of Mars on your Mercury in Gemini	216
287.	Transit or aspect of Mars on your Mercury in Cancer	216
288.	Transit or aspect of Mars on your Mercury in Leo	217
289.	Transit or aspect of Mars on your Mercury in Virgo	217
290.	Transit or aspect of Mars on your Mercury in Libra	218
291.	Transit or aspect of Mars on your Mercury in Scorpio	219
292.	Transit or aspect of Mars on your Mercury in Sagittarius	219
293.	Transit or aspect of Mars on your Mercury in Capricorn	220
294.	Transit or aspect of Mars on your Mercury in Aquarius	221
295.	Transit or aspect of Mars on your Mercury in Pisces	221
296.	Transit or aspect of Mars on your Venus in Aries	222
297.	Transit or aspect of Mars on your Venus in Taurus	222
298.	Transit or aspect of Mars on your Venus in Gemini	223
299.	Transit or aspect of Mars on your Venus in Cancer	224
300.	Transit or aspect of Mars on your Venus in Leo	224
301.	Transit or aspect of Mars on your Venus in Virgo	225
302.	Transit or aspect of Mars on your Venus in Libra	226
303.	Transit or aspect of Mars on your Venus in Scorpio	227
304.	Transit or aspect of Mars on your Venus in Sagittarius	227
305.	Transit or aspect of Mars on your Venus in Capricorn	228
306.	Transit or aspect of Mars on your Venus in Aquarius	229
307.	Transit or aspect of Mars on your Venus in Pisces	229
308.	Transit of Mars on your Mars in Aries	230
309.	Transit of Mars on your Mars in Taurus	231
310.	Transit of Mars over your Mars in Gemini	231
311.	Transit of Mars on your Mars in Cancer	231

312.	Transit of Mars on your Mars in Leo	232		
313.	Transit of Mars on your Mars in Virgo	232		
314.	Transit of Mars on your Mars in Libra	233		
315.	Transit of Mars on your Mars in Scorpio	233		
316.	Transit of Mars on your Mars in Sagittarius	234		
317.	Transit of Mars over your Mars in Capricorn	234		
318.	Transit of Mars on your Mars in Aquarius	235		
319.	Transit of Mars on your Mars in Pisces	235		
320.	Mars transiting your Jupiter	236		
321.	Mars transiting your Saturn	236		
322.	Mars transiting your Uranus	236		
323.	Mars transiting your Neptune	236		
324.	Mars transiting your Pluto	237		
325.	Transit or aspect of Pluto on your Ascendant	237		
326.	Transit or aspect of Neptune on your Ascendant	238		
327.	Transit or aspect of Uranus on your Ascendant	238		
328.	Transit or aspect of Saturn on your Ascendant	238		
329.	Transit or aspect of Mars on your Ascendant	239		
330.	Transit or aspect of Pluto on your Midheaven	239		
331.	Transit or aspect of Neptune on the Midheaven	240		
332.	Transit or aspect of Saturn on your Midheaven	240		
333.	Transit or aspect of Mars on your Midheaven	241		
334.	Appendix A: Astrology glossary	242		
335.	Appendix B: Where can I find flower essences and how to	use them?	247	
Biblio	Bibliography 249			

### Introduction

This book establishes a link between a person's astral chart and the flower essences best suited to their character. Flower essences are obtained by maceration or infusion of flowers and plants. These elixirs are impregnated with the plant's energy. Once absorbed, they interact with our own energies. They are powerful catalysts for evolution and transformation, helping to awaken our senses and bring to our consciousness an imperative inner need. Used with discernment, these flower essences are essential allies in bringing out the qualities within us and improving our relationship with the world.

This inner yearning for affirmation, sensations, protection, understanding, improvement, sublimation, affection, transformation, expansion, stability, emancipation and compassion is in synch with our birth chart and, more specifically, with the meanings of the interplanetary aspects and the transits of the planets (called "transits") on the birth chart.

Our psyche reflects our birth chart. However, at certain times, this psyche, while retaining its basic structure, manifests itself differently. These psychic variations correlate with planetary transits. Transits represent our temporal force fields. The events we encounter serve as barometers to tell us whether we are in harmony with our force fields, both original (those of the planets in aspect in an astral chart) and temporal (those of the planets in the sky in aspect to the planets in the astral chart). Transits signal the moments when we need to direct our attention more precisely in order to be aware of what is emerging within us.<sup>4</sup> . They help us to anticipate and interpret this succession of present moments. They are a precious aid to understanding the movements of our psyche immediately. Using flower essences helps us to understand the conflicting movements of our psyche.

I have deciphered these links between the aspects (or planetary transits) of the natal chart and the flower essences, with the aim of proposing the elixirs best suited to a specific problem (aspects of tension) or to an evolving problem over time (planetary transits). If, for example, your natal chart shows an aspect of tension between the planet Pluto and the Moon (a Moon in the sign of Taurus), you can refer to the chapter "Transit or aspect of Pluto on your Moon in Taurus". If you identify with the psychic problems linked to this aspect, this chapter will indicate the appropriate flower essences to help you resolve them<sup>5</sup>.

<sup>&</sup>lt;sup>1</sup> See the meaning of aspects in the astrology glossary in appendix A.

<sup>&</sup>lt;sup>2</sup> See the meaning of transits in the astrology glossary in appendix A.

<sup>&</sup>lt;sup>3</sup>A natal chart is a drawing of the sky as it was at the moment of birth. This drawing in the sky (the **zodiac**) is made up of twelve 'signs'. See Appendix A for the meaning of the zodiac, the planets and the signs.

<sup>&</sup>lt;sup>4</sup> When one of your behaviours poses a problem, observe it with passive vigilance, without judging or feeling guilty. Mindfulness is a natural corrective to stressful tendencies, allowing you to return to a state of benevolent presence.

<sup>&</sup>lt;sup>5</sup> See Appendix B for information on how to obtain flower essences and their instructions for use.

# Nota:

To make this book accessible to everyone, it has been printed in black and white. If you would like to see the flowers in colour corresponding to your flower essences, use the following QR code:



By scanning this QR code, you will be directed to the "Astrology and flower essences" folder. By clicking on "Coloured flowers from your flower essences", you will open the file showing the coloured flowers.

# 1. Transit or aspect of Pluto to your Sun in Aries

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Sun in Aries, you hide your anxieties and your worries under a mask of insouciance, you lack motivation and enthusiasm, you are badly in your skin, these elixirs will help you to accept you such as you are, to better understand the past errors which haunt you, to probe your deepest motivations in the moment and remain open, to reject what is no longer essential in your life, to identify and examine what undermines your spontaneity, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 2. Transit or aspect of Pluto to your Sun in Taurus

Flower essences for this planetary aspect or transit:



**CAYENNE-CAYENNE-CAPSICUM ANNUUM** 



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or this aspect of Pluto on your Sun in Taurus, you are in a state of immobilism or blocking, you miss motivation and enthusiasm, you are too serious or rigid, you miss humour, you feel crushed by work, these elixirs will help you to overcome your immobilism, to let go with any false richness or useless possession, to regularly and patiently sound out your deepest motivations, to repudiate what is no longer essential in your life, to free yourself through laughter, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 3. Transit or aspect of Pluto to your Sun in Gemini

Flower essences for this planetary aspect or transit:



JASMINE-JASMINE-JASMINUM OFFICINALIS



VICTORIA D'AMAZONIE-VICTORIA REGIA-VICTORIA AMAZONICA

If, under this transit or this aspect of Pluto on your Sun in Gemini, you have difficulty in letting go, you lack self-esteem, you tend to devalue yourself, you feel bad about yourself, you give in to gloom or pessimism, you are no longer interested in anything, these elixirs will help you to let go of any futile centre of interest, to probe your deepest motivations with discernment and curiosity, to reject what is no longer essential in your life, to rediscover peace of mind, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

### 4. Transit or aspect of Pluto to your Sun in Cancer

Flower essences for this planetary aspect or transit:



FIREWEED-EPILOBIUM ANGUSTIFOLIUM



JASMINE-JASMINUM OFFICINALIS

If, under this transit or this aspect of Pluto on your Sun in Cancer, you have difficulties in overcoming trials, you are attached to old habits, it is impossible for you to evolve, you lack self-esteem, you tend to devalue yourself, you feel bad about yourself, these elixirs will help you to let go of past behaviour that is no longer necessary, to probe your deepest motivations without fear and to remain open and available in order to get rid of what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 5. Transit or aspect of Pluto to your Sun in Leo

Flower essences for this planetary aspect or transit:



JASMINE-JASMINE-JASMINUM OFFICINALIS



SUNFLOWER-SUNFLOWER-HELIANTHUS ANNUUS

If, under this transit or this aspect of Pluto on your Sun in Leo, you lack self-esteem, you tend to devalue yourself, you feel bad about yourself, you are self-effacing, you don't value yourself or you put yourself forward in an excessive way, you are arrogant, these elixirs will help you to identify what undermines your natural self-assurance, to let go of any misplaced self-esteem and any haughty attitude, to lucidly probe your deepest motivations, to remain open and available in order to rid yourself of what is no longer essential in your life, to feel good about yourself and let your true personality shine through, to stay the course in crisis situations, to open yourself up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 6. Transit or aspect of Pluto to your Sun in Virgo

Flower essences for this planetary aspect or transit:



SCOTS PINE-PINE-PINUS SYLVESTRIS



ELDERAU NOIR-BLACK LACE-SAMBUCUS NIGRA

If, under this transit or this aspect of Pluto on your Sun in Virgo, you feel impure, discouraged, downcast, obsessed by the preoccupation with imperfection, you constantly reproach yourself, you think that you can always do better, you feel guilty, self-effacing, submissive, you lack vitality, you get bogged down in morbid or negative considerations, these elixirs will help you to free yourself from the need to control everything, to overcome feelings of shame,

defilement or imperfection, to detect the flaws in your way of controlling everything, to probe with precision and care your deepest motivations, to remain open and available in order to get rid of what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 7. Transit or aspect of Pluto to your Sun in Libra

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Sun in Libra, you are constantly hesitating about life choices, you are confused and you doubt, these elixirs will help you to discern your abilities well and to define your objectives firmly, to let go of any negative relationship, to live in harmony with the person you love and to remain open and available in order to get rid of what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 8. Transit or aspect of Pluto to your Sun in Scorpio

Flower essences for this planetary aspect or transit:



WILLOW-SALIX ALBA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or aspect of Pluto on your Sun in Scorpio, you are discouraged, despondent or desperate, you feel sorry for yourself, these elixirs will help you to control and direct

your life rather than suffer events, to reveal your mistakes, to probe your deepest motivations, to remain open and available in order to let go of what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 9. Transit or aspect of Pluto to your Sun in Sagittarius

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Sun in Sagittarius, you hide your anxieties and your worries behind a jovial mask, you lack motivation and enthusiasm, you feel bad about yourself, these elixirs will help you to accept yourself as you are and to allow yourself to express yourself fully and openly, to let go of what is excessive in your ideals, to probe your deepest motivations with optimism, to remain open and available in order to repudiate what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 10. Transit or aspect of Pluto to your Sun in Capricorn



SCOTS PINE-PINE-PINUS SYLVESTRIS



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or this aspect of Pluto on your Sun in Capricorn, you do not manage to formulate your ambitions without feeling a certain anguish or guilt, you feel discouraged, downcast, you tend to reproach yourself, you feel responsible for everything, you are too serious or too rigid, you lack humour, you are crushed by work, you realise that your objectives in life are over, These elixirs will help you to build your life on more essential foundations, to methodically and patiently probe your deepest motivations, to remain open and available in order to reject what is no longer essential in your life and to free yourself through laughter, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 11. Transit or aspect of Pluto to your Sun in Aquarius

Flower essences for this planetary aspect or transit:



JASMINE-JASMINE-JASMINUM OFFICINALIS



LOTUS-LOTUS-NELUMBO NUCIFERA

If, under this transit or this aspect of Pluto on your Sun in Aquarius, you lack self-esteem, you tend to devalue yourself, you feel bad about yourself, your idealism is excessive, you refuse the concrete and material dimension of life, you are too passionate, your ideals weigh you down, you are fatalistic, tormented, intransigent or demanding, These elixirs will help you to let go of outdated theories and ideals of freedom that are no longer adapted to the present, to let go of those that are no longer essential in your life, to face up to radical changes, to probe your deepest motivations with a certain detachment, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

### 12. Transit or aspect of Pluto to your Sun in Pisces



WILD OATS-BROMUS RAMOSUS



WHITE YARROW-ACHILLEA MILLEFOLIUM

If, under this transit or this aspect of Pluto on your Sun in Pisces, you do not know which direction to follow, you are prone to discouragement and uncertainty, you hesitate permanently on the choices of life, you are confused and you doubt, you are extremely vulnerable, you do not know how to protect you from the disturbing influences of the environment and the psychic aggressions, These elixirs will help you to help others without being contaminated by them, to surrender to more transcendental truths, to probe your deepest motivations and remain open and available in order to reject what is no longer essential in your life, to stay the course in crisis situations, to open up to a truer existence, to discover your true objectives, to return to the source of your true desires.

# 13. Transit or aspect of Pluto on your Moon in Aries

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



ASH-ASH-FRAXINUS EXCELSIOR

If, under this transit or this aspect of Pluto on your Moon in Aries, you live intense emotional experiences, marginal, without reassuring references, you hide your anguishes and your worries behind a solemn pretence, or you anguish at the idea that your harmonious and reassuring intimacy (to which you cling) can be, disintegrated by dark, threatening forces or disrupted by gloomy prospects, real or imagined, you are running away from painful events of the past, these elixirs will help you to explore your most intimate memories in depth, to face painful events of the past calmly, to understand their meaning instead of ignoring them, to purify your soul of its torments, to free yourself of your negative emotions, to let go of what is no longer essential in your daily way of life, to express fully and openly what you feel, to dig deep with-

in yourself to better understand your reactions and to find answers to your real needs, to carefully observe your states of mind and your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 14. Transit or aspect of Pluto on your Moon in Taurus

Flower essences for this planetary aspect or transit:



RUDBECKIA-BLACK EYED SUSAN-RUDBECKIA HIRTA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Moon in Taurus, you are afraid to look into the depths of yourself, you remain too attached to your negative experiences, you resist any process of transformation, you no longer enjoy anything, you have lost the flavour of things, these elixirs will help you to explore your most intimate memories, to better understand your hidden emotions, These elixirs will help you to explore your most intimate memories, to better understand your hidden emotions, to free yourself from your negative emotions and to let go of what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your real needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to auscultate the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

### 15. Transit or aspect of Pluto on your Moon in Gemini



RUDBECKIA-BLACK EYED SUSAN-RUDBECKIA HIRTA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Moon in Gemini, you live intense emotional experiences, marginal, without reassuring references, you remain too much hung up on your negative experiences, you resist any process of transformation, your hidden emotions are misunderstood or censored by the mental, you feel the need to release your soul, these elixirs will help you to explore in-depth your most intimate memories, to purify your soul of its torments, to free yourself from your negative emotions and let go of what is no longer essential to your daily way of life, to dig deep within yourself to better understand your reactions and find answers to your real needs, to carefully observe your states of mind and your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 16. Transit or aspect of Pluto on your Moon in Cancer

Flower essences for this planetary aspect or transit:



ROSEHIP-WILD ROSE-ROSA CANINA



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or this aspect of Pluto on your Moon in Cancer, you do not want anything in particular, you remain too much hung up on your negative experiences, you are persuaded that your situation results from a genetic inheritance, you are resigned or apathetic and passive, you feel unable to imagine that you could do something to improve your life, these elixirs will help you to overcome your resigned side and your pessimism, to explore your most intimate memories thoroughly, purify your soul of its torments, free you from your negative emotions and let go of what is no longer essential to your daily way of life, dig deep within yourself to better understand your reactions and find answers to your real needs, carefully observe your states of mind and your torments, be receptive to the tiniest signals from the unconscious, listen to the silences and the things left unsaid, free yourself from what has been obsessing you for a long time.

# 17. Transit or aspect of Pluto on your Moon in Leo

Flower essences for this planetary aspect or transit:



VINE-VINE-VITIS VINIFERA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or aspect of Pluto on your Moon in Leo, you are going through intense, marginal emotional experiences, without secure references, you tend to react with too much passion, you are inflexible or tyrannical, or you are anxious at the idea that your harmonious and secure intimacy (to which you cling) could be disintegrated by dark and threatening forces or disturbed by dark perspectives, real or imagined, you feel the need to free your soul, these elixirs will help you to explore your most intimate memories, to purify your soul of its torments, to free you from your negative emotions, to abandon what is no longer essential in your daily way of life and to be more understanding, to dig deep within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to auscultate the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 18. Transit or aspect of Pluto on your Moon in Virgo



RUDBECKIA-BLACK EYED SUSAN-RUDBECKIA HIRTA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Moon in Virgo, you live intense emotional experiences, marginal, without reassuring references, you remain too much hung up on your negative experiences, your concern of the detail is obsessive, you feel your body or your heart as impure, you have difficulties to overcome the tests, it is impossible for you to evolve, you feel the need to release your heart, these elixirs will help you to explore in-depth your most intimate memories, to purify your soul of its torments, to free you from your negative emotions and to abandon what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 19. Transit or aspect of Pluto on your Moon in Libra

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Moon in Libra, you live intense emotional experiences, marginal, without reassuring references, you remain too much hung up on your negative experiences, you worry unceasingly about the wellbeing of others, you suffer for those or those which you affectionate, you are too much dependent emotionally, you feel the need to release your heart, these elixirs will help you to explore in-depth your most intimate memories, to purify your soul of its torments, to free you from your negative emotions and to abandon what is no longer essential in your daily way of life, to dig deep within your-self to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to auscultate the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 20. Transit or aspect of Pluto on your Moon in Scorpio



FIREWEED-EPILOBIUM ANGUSTIFOLIUM



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or this aspect of Pluto on your Moon in Scorpio, you are going through intense, marginal emotional experiences, without reassuring references, you remain too attached to your negative experiences, you tend to react with too much passion, you have trouble sleeping, at night you have nightmares, you are terrorised, you have a poor lifestyle, you have developed bad habits and you neglect your body, these elixirs will help you to explore your most secret memories in depth, to purify your soul of its torments, to free you from your negative emotions, to abandon what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 21. Transit or aspect of Pluto on your Moon in Sagittarius

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



ASH-ASH-FRAXINUS EXCELSIOR

If, under this transit or aspect of Pluto on your Moon in Sagittarius, you're going through intense, marginal emotional experiences, without secure references, you tend to react with too

much passion, hiding your anxieties and worries behind a solemn pretense, you are in search of meaning and values, or you are anxious at the idea that your harmonious and secure intimacy (to which you cling) could be disintegrated by dark and threatening forces or disrupted by dark perspectives, real or imagined, These elixirs will help you to bring out the hidden aspects of your personality, to explore your most intimate memories in depth, to purify your soul of its torments, to free yourself of your negative emotions, to let go of what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your real needs, to carefully observe your states of mind and your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 22. Transit or aspect of Pluto on your Moon in Capricorn

Flower essences for this planetary aspect or transit:



RUDBECKIA-BLACK EYED SUSAN-RUDBECKIA HIRTA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Moon in Capricorn you live intense emotional experiences, marginal, without reassuring references, you remain too much hung to your negative experiences, you have difficulties to overcome the tests, you are attached to the old habits, it is impossible for you to evolve, you feel the need to release your heart, these elixirs will help you to explore in-depth your most intimate memories, to purify your soul of its repressed torments, to free you from your negative emotions, to abandon what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to auscultate the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 23. Transit or aspect of Pluto on your Moon in Aquarius



RED CHESTNUT-AESCULUS CARNEA



MANZANITA-ARCTOSTAPHYLOS VISCIDA

If, under this transit or this aspect of Pluto on your Moon in Aquarius you live intense emotional experiences, marginal, without reassuring references, you tend to react with too much passion, you worry unceasingly about the wellbeing of others, you are too far removed from the terrestrial world, the body and what is physical revolt you, you have disorders of the sleep and the food, these elixirs will help you to explore in-depth your most intimate memories, to purify your soul of its torments, to free you from your negative emotions, to abandon what is no longer essential in your daily way of life, to dig deep within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to listen to the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 24. Transit or aspect of Pluto on your Moon in Pisces

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or this aspect of Pluto on your Moon in Pisces, you are going through intense, marginal emotional experiences, without reassuring references, you remain too attached to your negative experiences, you fear misfortune for others, you have a poor lifestyle and you neglect your body, your biological rhythms are irregular, these elixirs will help you to rebalance your biological day/night rhythm, to explore your most intimate memories, to purify your soul of its torments, to free yourself from your negative emotions, to dig deep

within yourself to better understand your reactions and to find answers to your true needs, to carefully observe your states of mind, your torments, to be receptive to the tiniest signals from the unconscious, to auscultate the silences and the unsaid, to free yourself from what has been obsessing you for a long time.

# 25. Transit or aspect of Pluto over your Mercury in Aries

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



PETUNIA-PETUNIA X HYBRIDA

If, under this transit or aspect of Pluto on your Mercury in Aries, you fear the worst, you use the power of the mind to impose your ideas, you have difficulty expressing your convictions clearly and coherently, you annoy your interlocutors by speaking in a very irritating way, you hide your anxieties and worries behind a partisan discourse, you are exuberant, parasitised by the superfluous, or else, you have difficulty communicating because you are constantly immersed in your own questions, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined, you are afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time, you remain on the surface of things, you ask yourself a thousand questions which you know very well will not be answered, you resist any self-investigation and deep questioning which aims at a purification and a rebirth on the intellectual level, you have difficulties of concentration, you lack enthusiasm these elixirs will help you to express your convictions with more clarity and coherence and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to clean up your knowledge.

### 26. Transit or aspect of Pluto on your Mercury in Taurus



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



LEMON-LEMON-CITRUS LIMONUM

If, under this transit or aspect of Pluto on your Mercury in Taurus, you have difficulty expressing your convictions clearly, your thoughts are repetitive, you are preoccupied, you lack coherence in your reasoning, your curiosity is deficient, you communicate with difficulty because you are constantly immersed in your questions or else you fear the worst, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined; you're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time, so you stay on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist any self-investigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

# 27. Transit or aspect of Pluto on your Mercury in Gemini



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



INSPIRATION CACTUS-EASTER LILIY CACTUS-ECHINOPSIS OXYGONA

If, under this transit or aspect of Pluto on your Mercury in Gemini, you use the power of the mind to impose your ideas, you irritate your interlocutors by speaking in a very irritating way, your thoughts are obsessive or repetitive, or else, you communicate with difficulty because you are constantly immersed in your questions, you are anxious at the idea that your ideas and opinions (which you cling to) could be, You're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you stay on the surface of things, you ask yourself a thousand questions that you know very well won't be answered, you resist any self-investigation and deep questioning aimed at intellectual purification and rebirth, you are preoccupied and anxious, you are mentally disturbed and negatively influenced, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to clean up your knowledge.

# 28. Transit or aspect of Pluto on your Mercury in Cancer

Flower essences for this planetary aspect or transit:



RUDBECKIA-BLACK EYED SUSAN-RUDBECKIA HIRTA



INSPIRATION CACTUS-EASTER LILIY CACTUS-ECHINOPSIS OXYGONA

If, under this transit or aspect of Pluto on your Mercury in Cancer, you fear the worst, you have difficulty expressing your convictions clearly and coherently, you resist any process of transformation and your hidden emotions are misunderstood or censored by the mind, you have difficulty communicating because you are constantly immersed in your questions, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disturbed by dark perspectives, real or imagined; you are afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you remain on the surface of things, you ask yourself a thousand questions which you know very well will not be answered, you resist any selfinvestigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

# 29. Transit or aspect of Pluto on your Mercury in Leo

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



ARBOL DEL PERÚ-SCHINUS MOLLE

If, under this transit or aspect of Pluto on your Mercury in Leo, you use the power of your mind to impose your ideas, you annoy your interlocutors by speaking in a very irritating way, you hide your anxieties and worries behind a theatrical speech, it is impossible for you to give up your certainties, or else you communicate with difficulty because you are constantly immersed in your questions, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined; you are afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you remain on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist any self-investigation and deep questioning which aims at intellectual purification and rebirth, these elixirs will help you to express your convictions more clearly and coherently, to free yourself from ideas which are no longer of any use and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

### 30. Transit or aspect of Pluto over your Mercury in Virgo



WILD APPLE-CRAB APPLE-MALUS SYLVESTRIS



HOUND'TONGUE-CYNOGLOSSUM GRANDE

If, under this transit or aspect of Pluto on your Mercury in Virgo, you fear the worst, you annoy your interlocutors by speaking in a very irritating way, your intellect is obsessed by the concern for imperfection, your points of view are too analytical, you communicate with difficulty because you are constantly immersed in your questions, or else, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined; you are afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time, so you stay on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist any self-investigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

# 31. Transit or aspect of Pluto on your Mercury in Libra

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



INSPIRATION CACTUS-EASTER LILIY CACTUS-ECHINOPSIS OXYGONA

If, under this transit or aspect of Pluto on your Mercury in Libra, you use the power of the mind to impose your ideas, you have difficulty expressing your convictions clearly and coherently, you annoy your interlocutors by speaking in a very irritating way, your thoughts are obsessive, you are focused on your physical appearance and you feel rejected by others, you are mentally disturbed and negatively influenced, you have difficulty communicating because you are constantly immersed in your questions, or you are preoccupied, you fear the worst, you worry that your ideas and opinions (which you hold on to) could be overturned by dark and threatening forces or disturbed by dark perspectives, real or imaginary, you are afraid that

your curiosity will open you up to mysteries, to an unknown world or to truths which fascinate and frighten you at the same time, you remain on the surface of things, you ask yourself a thousand questions of which you know very well that they will not have answers, you resist any self-investigation and deep questioning which aims at a purification and a rebirth on the intellectual level, these elixirs will help you to express your convictions with more clarity and coherence and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

# 32. Transit or aspect of Pluto on your Mercury in Scorpio

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Pluto on your Mercury in Scorpio, you have difficulty expressing your convictions clearly and coherently, you irritate your interlocutors by speaking in a very irritating way, your thoughts are obsessive or repetitive, you have difficulty listening to a point of view other than your own, you communicate with difficulty because you are constantly immersed in your questions, or you fear the worst, you're worried, you're anxious about the idea that your ideas and opinions (which you hold on to) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined, you're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate you and frighten you at the same time, you stay on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist any selfinvestigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

# 33. Transit or aspect of Pluto over your Mercury in Sagittarius



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



PETUNIA-PETUNIA X HYBRIDA

If, under this transit or aspect of Pluto on your Mercury in Sagittarius, you use the power of your mind to impose your ideas, you have difficulty expressing your convictions clearly and coherently, you hide your anxieties and worries behind lyrical discourse, you are exuberant, parasitised by the superfluous, or else you fear the worst, you communicate with difficulty because you are constantly immersed in your questions, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined; you're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you stay on the surface of things, you ask yourself a thousand questions which you know very well will not be answered, you resist any self-investigation and deep questioning which aims at intellectual purification and rebirth, you have difficulty concentrating, you lack enthusiasm, these elixirs will help you to express your convictions with greater clarity and coherence and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to clean up your knowledge.

### 34. Transit or aspect of Pluto over your Mercury in Capricorn

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



INSPIRATION CACTUS-EASTER LILIY CACTUS-ECHINOPSIS OXYGONA

If, under this transit or aspect of Pluto on your Mercury in Capricorn, you use the power of the mind to impose your ideas, you annoy your interlocutors by speaking in a very irritating way, your thoughts are repetitive, or else, you dread the worst, you communicate with difficulty because you are constantly immersed in your questions, you are anxious at the idea that your ideas and opinions (which you cling to) could be upset by dark and threatening forces or disturbed by dark perspectives, real or imagined, You're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you stay on the surface of things, you ask yourself a thousand questions that you know very well won't be answered, you resist any self-investigation and deep questioning aimed at intellectual purification and rebirth, you are preoccupied and anxious, you are mentally disturbed and negatively influenced, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential reflections, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to clean up your knowledge.

# 35. Transit or aspect of Pluto on your Mercury in Aquarius

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



INSPIRATION CACTUS-EASTER LILIY CACTUS-ECHINOPSIS OXYGONA

If, under this transit or aspect of Pluto on your Mercury in Aquarius, you have difficulty expressing your convictions clearly and coherently, your thoughts are obsessive or repetitive, you are preoccupied and anxious, you are mentally disturbed and negatively influenced, you communicate with difficulty because you are constantly immersed in your questions, or else, you fear the worst, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined, you're afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time, you stay on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist any self-investigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to express your convictions more clearly and coherently and to return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts attentively, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go in depth in your reflections, to purify your knowledge.

### 36. Transit or aspect of Pluto on your Mercury in Pisces

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Pluto on your Mercury in Pisces, you have difficulty expressing your convictions clearly and coherently, your thoughts are obsessive or repetitive, or else you fear the worst, you are preoccupied, you communicate with difficulty because you are constantly immersed in your questions, you worry that your ideas and opinions (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined; you are afraid that your curiosity will open you up to mysteries, to an unknown world or to truths that fascinate and frighten you at the same time; you remain on the surface of things, you ask yourself a thousand questions which you know very well won't be answered, you resist all self-investigation and deep questioning aimed at purification and rebirth on an intellectual level, these elixirs will help you to assert yourself and return to more essential thinking, to explore your certainties in depth, to eliminate those which are counterproductive and no longer correspond to you, to observe your thoughts carefully, to free yourself from what torments or obsesses you, to examine your ideas with a critical eye, to question your theories, to deconstruct your reasoning, to go deep in your reflections, to purify your knowledge.

# 37. Transit or aspect of Pluto on your Venus in Aries

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



HOLLY-HOLLY-ILEX AQUIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Aries, you are too demanding on an emotional level, in your relationships you angrily relive your very first sufferings, you hide your worries behind excessive benevolence, you flee any relationship, any link, any attachment or you multiply your emotional relationships without ever investing yourself deeply in them, you show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be upset by dark and threatening forces or disrupted by dark prospects, real or imagined, you're afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time, you live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you resist any self-investigation and deep questioning aimed at purification and rebirth on a sentimental level, you have the impression that the chosen ones of your heart are hiding something from you, you have a problem with the feeling of love, you confuse love with drama, you feel jealous, these elixirs will help you to radically revise your attitudes to love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

#### 38. Transit or aspect of Pluto to your Venus in Taurus

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Taurus, you have a problem with the feeling of love, you feel hatred, jealousy, envy or a desire for revenge, you suffer at the sight of someone else's happiness, you flee from any relationship, any link, any attachment or you multiply your emotional relationships without ever investing yourself deeply in them, you

show yourself in your least attractive aspects and you destroy the charm of a relationship by your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you are anxious at the thought that your attachments, your values (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined, you are afraid that your feelings will open you up to an unknown world of relationships, fascinating and anguishing at the same time, you live in the obsessive fear to see your feelings annihilated by some dark and threatening fate, you resist any self-investigation and deep questioning which aims at a purification and a rebirth on the sentimental level, you have the impression that the elected ones of your heart hide something from you, these elixirs will help you to start new relations and to leave those which do not have any more reasons to be, to become aware of the love around you, and therefore to attract it to you, to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 39. Transit or aspect of Pluto over your Venus in Gemini

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Gemini, you feel hatred, bitterness, jealousy or envy, you have a problem with the feeling of love, you feel sentimentally misunderstood, you confuse love with drama, you flee from any relationship, any link, any attachment or you multiply your emotional relationships without ever investing yourself deeply in them, you show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be overturned by dark and threatening forces or disrupted by dark prospects, real or imagined, you are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time, you live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you resist any self-investigation and deep questioning aimed at purification and rebirth on a sentimental level, you have the impression that the chosen ones of your heart are hiding something from you, These elixirs will help you to start new relationships and to abandon those that no longer have any reason to exist, to become aware of the love around you,

and therefore to attract it to you, to radically revise your attitudes towards love, to question yourself about the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional ties in order to live harmoniously in real relationships.

# 40. Transit or aspect of Pluto to your Venus in Cancer

Flower essences for this planetary aspect or transit:



HONEYSUCKLE-LONICERA CAPRIFOLIUM



HOLLY-HOLLY-ILEX AQUIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Cancer, you are too demanding emotionally, in your relationships you angrily relive your earliest sufferings, you are nostalgic, you are unable to detach yourself from the past, you have a problem with the feeling of love, you confuse love with drama, you feel jealousy or envy, you flee all relationships, all ties, You show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences. Fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all about love, desire and compassion, or you worry at the idea that your attachments and values (to which you cling) could be overturned by obscure forces, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to capture all the potential of the present, to use the past in a positive way, to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so as to live harmoniously in true relationships.

# 41. Transit or aspect of Pluto on your Venus in Leo



HOLLY-HOLLY-ILEX AQUIFOLIUM



ROSEBUSH-FRÜHLINGGSGOLD-ROSASPINOSISSIMA

If, under this transit or aspect of Pluto on your Venus in Leo, you easily feel hurt and offended, you confuse love with drama, it's impossible for you to feel the warmth of the heart and to let go of a conflictual relationship, it's difficult for you to distance yourself, you flee from any relationship, any link, any attachment or you multiply your emotional relationships without ever investing yourself deeply in them, you show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 42. Transit or aspect of Pluto to your Venus in Virgo



WILD APPLE-CRAB APPLE-MALUS SYLVESTRIS



HOLLY-HOLLY-ILEX AQUIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Virgo, you have a problem with the feeling of love, you confuse love with drama, you feel jealousy or envy, you perceive your feelings as impure, you are obsessed by the concern for imperfection, you focus on unimportant details, you are too demanding on the emotional level, in your relationships you angrily relive your very first sufferings, you flee all relationships, all ties, all attachments, or you multiply your emotional relationships without ever investing yourself deeply in them; you show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences; fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or else you anguish at the thought of your attachments, your values (to which you cling) could be overturned by dark and threatening forces or disrupted by dark prospects, real or imagined; you are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time; you live in obsessive dread of seeing your feelings annihilated by some dark and threatening fate; you resist all self-investigation and deep questioning aimed at purification and rebirth on the sentimental level, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 43. Transit or aspect of Pluto to your Venus in Libra

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Pluto on your Venus in Libra, you are constantly preoccupied with the well-being of others, you are too emotionally dependent, you confuse love with drama, you feel rejected by others, you focus on your physical appearance, you want to please at all costs otherwise you feel devalued, unworthy of being loved, you flee all relationships, all ties, You are fascinated by the mysteries of the invisible, by the certainty of annihilation. You forget all love, desire and compassion, or you are anxious at the thought that your attachments and values (to which you cling) could be overturned by obscure forces, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hid-

ing something from you, these elixirs will help you to rediscover the balance and enjoyment of your own body, to radically revise your attitudes to love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 44. Transit or aspect of Pluto on your Venus in Scorpio

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



BASIL-BASIL-OCIMUM BASILICUM

If, under this transit or aspect of Pluto on your Venus in Scorpio, you have a problem with the feeling of love, you feel jealousy or envy, you confuse love with drama, you are sexually dependent, your sexuality is at the root of relationship problems, you feel hatred, jealousy or a desire for revenge, you don't know how to forgive, you flee from any relationship, any bond, You show yourself in your least attractive light and destroy the charm of a relationship with your heavy silences. Fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be overturned by obscure forces, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to harmonise love and sexuality, to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 45. Transit or aspect of Pluto over your Venus in Sagittarius



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



HOLLY-HOLLY-ILEX AQUIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Sagittarius, you hide your anxieties and worries behind a plethoric benevolence, you have a problem with the feeling of love, you are very demanding in love, you feel jealous, you confuse love with drama, in your relationships you relive with rage your very first sufferings, you flee any relationship, any bond, You show yourself in your least attractive guise and destroy the charm of a relationship with your heavy silences. Fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be overturned by obscure forces, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

#### 46. Transit or aspect of Pluto to your Venus in Capricorn



HOLLY-HOLLY-ILEX AQUIFOLIUM



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Pluto on your Venus in Capricorn you have a problem with the feeling of love, you confuse love with drama, you feel jealousy or envy, you are very demanding in love, you are imprisoned in a relationship based on possessiveness or need, your attachment is excessive, it suffocates the other person, you flee from any relationship, any link, You are fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea that your attachments, your values (to which you cling) could be overturned by obscure forces, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to radically revise your attitudes towards love, to question yourself about the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

# 47. Transit or aspect of Pluto on your Venus in Aquarius

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



HOLLY-HOLLY-ILEX AQUIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Aquarius, you have a problem with the feeling of love, you confuse love with drama, you are constantly preoccupied with the well-being of others, you are too emotionally dependent, you fear misfortune for others, you are constantly preoccupied with the well-being of others, you flee all relationships, all ties, all attachments or you multiply your emotional relationships without ever investing yourself deeply in them, you show yourself in your least attractive guise and destroy the charm of a relationship by your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you anguish at the idea

that your attachments, your values (to which you cling) could be, You are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time. You live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you have the impression that the chosen ones of your heart are hiding something from you, these elixirs will help you to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships and to deepen your emotional bonds so that you can live harmoniously in real relationships.

### 48. Transit or aspect of Pluto on your Venus in Pisces

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or aspect of Pluto on your Venus in Pisces, you are constantly preoccupied with the well-being of others, you are very demanding in love, you confuse love with drama, you are too emotionally dependent, you flee all relationships, all ties, all attachments or you multiply your emotional relationships without ever investing yourself deeply in them, you show yourself in your least attractive aspects and you destroy the charm of a relationship by your heavy silences, fascinated by the mysteries of the invisible, by the certainty of annihilation, you forget all love, all desire, all compassion, or you are anxious at the thought that your attachments, your values (to which you cling) could be overturned by dark and threatening forces or disrupted by dark perspectives, real or imagined, you are afraid that your feelings will open you up to an unknown world of relationships, fascinating and frightening at the same time, you live in obsessive fear of seeing your feelings destroyed by some dark and threatening fate, you resist any self-investigation and deep questioning aimed at purification and rebirth on a sentimental level, you have the impression that the chosen ones of your heart are hiding something from you, These elixirs will help you to become aware of the love around you, and therefore to attract it to you, to radically revise your attitudes towards love, to question the profound nature of your quest for love, to bear in mind that destructive passions have nothing to do with lasting love relationships, and to deepen your emotional bonds so that you can live harmoniously in real relationships.

#### 49. Transit or aspect of Pluto on your Mars in Aries



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



LARKSPUR-DELPHINIUM NUTTALLIANUM

If, under this transit or aspect of Pluto on your Mars in Aries, you want to achieve at all costs what you powerfully desire, you lack altruism, you force your partner to satisfy your desires, you hide your anxieties and worries behind **exacerbated impulsiveness**, you are inflexible or aggressive out of a thirst for power, or else, you dread the idea that your actions and struggles may be thwarted by dark, threatening forces or disrupted by dark prospects, real or imagined, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, a discordant marginality, a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, these elixirs will help you to face up to what really disturbs you, to strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways of channelling it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to renounce certain mistaken attitudes, to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

#### 50. Transit or aspect of Pluto on your Mars in Taurus



HOLLY-HOLLY-ILEX AQUIFOLIUM



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Pluto on your Mars in Taurus, you tend to exhaust yourself physically, you want to achieve what you powerfully desire at any cost, you are anxious at the thought of losing what you possess, you are envious, suspicious, angry or jealous, you are anxious at the thought that your actions, your struggles may be, thwarted by dark and threatening forces or disrupted by dark prospects, real or imagined, or else you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, These elixirs will help you to avoid power struggles, to face up to what really disturbs you, to strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways of channelling it, to redirect your healthy aggression towards more constructive outlets or forms of expression, give up certain erroneous attitudes in order to be reborn into something more essential, fight to defend your vital space while avoiding risky situations that are unnecessary, experience your impulses at a deeper level, discover more regenerative resources.

# 51. Transit or aspect of Pluto on your Mars in Gemini

Flower essences for this planetary aspect or transit:



FIREWEED-EPILOBIUM ANGUSTIFOLIUM



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Pluto on your Mars in Gemini, you have a tendency to exhaust yourself physically, you allow yourself to be dominated by irresistible forces, you feel that your surroundings are threatening, you are anxious at the thought that your actions and struggles may be thwarted by obscure and threatening forces or disrupted by dark perspectives, real or imagined, or else, you are discouraged, you have the impression that you will not be able to overcome the difficulties you are going through, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, These elixirs will help you to enter into new relationships and abandon those that no longer have any reason to exist, to avoid power struggles, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways of channelling it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to de-

fend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

# 52. Transit or aspect of Pluto on your Mars in Cancer

Flower essences for this planetary aspect or transit:



ASPEN-POPULUS TREMULA



SNOWDROP-GALANTHUS NIVALIS

If, under this transit or aspect of Pluto on your Mars in Cancer, you are very sensitive, superstitious and melancholic, you are afraid of everything, you are prone to nightmares, you talk in your sleep, you dread bad dreams, you tend to panic, you feel despondent, prey to past sufferings, you are anxious at the idea that your actions and struggles may be thwarted by dark and threatening forces or disrupted by dark perspectives, whether real or imagined, You feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival. These elixirs will help you to face the unknown, to overcome fears of occult, unknown, vague, unreasonable and inexplicable origins, to avoid power struggles, to question your true intentions, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

#### 53. Transit or aspect of Pluto on your Mars in Leo



VINE-VINE-VITIS VINIFERA



MARTAGON LILY LILY-LILIUM MARTAGON

If, under this transit or aspect of Pluto on your Mars in Leo, you want to achieve what you powerfully desire at all costs, you force your partner to satisfy your desires, your behaviour is tyrannical, you are inflexible, authoritarian and aggressive because of your thirst for power, you need to impose your authority at all costs, you believe yourself to be infallible, you have a keen sense of command but little compassion for the weak, Or you are anxious at the thought that your actions and your battles may be thwarted by dark, threatening forces or disrupted by dark prospects, real or imagined. You feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and battles necessary for survival, These elixirs will help you to acquire true leadership qualities, to encourage and guide while feeling sympathy and understanding, to avoid power struggles, to question your true intentions, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

# 54. Transit or aspect of Pluto on your Mars in Virgo

Flower essences for this planetary aspect or transit:



WILD APPLE-CRAB APPLE-MALUS SYLVESTRIS



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Pluto on your Mars in Virgo, you tend to exhaust yourself on a physical level, you feel discouraged, you have the impression that you won't be able to

overcome the difficulties you're going through, you feel impure, discouraged, downcast, obsessed by the preoccupation with imperfection, you're anxious at the idea that your actions, your struggles could be thwarted by dark and threatening forces or disrupted by dark perspectives, real or imagined, You feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival. These elixirs will help you to fight to live as well as possible, to resist and persevere to overcome obstacles, to avoid power struggles, to question your true intentions, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

# 55. Transit or aspect of Pluto on your Mars in Libra

Flower essences for this planetary aspect or transit:



ALMOND-PRUNUS AMYGDALUS



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Pluto on your Mars in Libra, you tend to exhaust yourself physically, you allow yourself to be dominated by irresistible forces, you feel discouraged, you have the impression that you won't be able to overcome the difficulties you're going through, you're anxious at the thought that your actions, your struggles, may be thwarted by dark and threatening forces or disrupted by dark perspectives, real or imagined, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, these elixirs will help you to fight to live as well as possible, to resist and persevere to overcome obstacles, to avoid power struggles, to question your true intentions, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

### 56. Transit or aspect of Pluto on your Mars in Scorpio

Flower essences for this planetary aspect or transit:



ASPEN-POPULUS TREMULA



BASIL-BASIL-OCIMUM BASILICUM

If, under this transit or aspect of Pluto on your Mars in Scorpio, you want to achieve what you powerfully desire at all costs, you are sensitive, superstitious, prone to premonitions, you see worrying omens, you feel persecuted, you are sexually dependent, you seek out forbidden situations, your sexuality is at the root of relationship problems, you are worried for no apparent reason, or you are anxious at the thought that your actions and struggles may be thwarted by dark, threatening forces or disrupted by dark prospects, real or imagined, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and battles necessary for survival, These elixirs will help you to face up to the unknown, to overcome fears of occult, unknown, vague, unreasonable and inexplicable origins, to avoid power struggles, to question your true intentions, to fight to defend your vital space, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, confronting any rage by finding ways of channelling it, redirecting your healthy aggression towards more constructive outlets or forms of expression, renouncing certain erroneous attitudes in order to be reborn to something more essential, fighting to defend your vital space while avoiding risky situations that are not necessary, experiencing your impulses at a deeper level, discovering more regenerative resources.

# 57. Transit or aspect of Pluto on your Mars in Sagittarius

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



LARKSPUR-DELPHINIUM NUTTALLIANUM

If, under this transit or aspect of Pluto on your Mars in Sagittarius, you want to achieve what you powerfully desire at any cost, you may become exalted and fall into manipulation, you force your partner to satisfy your desires, you hide your anxieties and worries behind an exalted impulsiveness, or you become anxious at the thought that your actions, your struggles may be, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, these elixirs will help you to achieve the role of a natural, warm and charismatic guide, who supports and encourages you, to reduce exaltation, to accept yourself as you are and allow yourself to express yourself fully and openly, to avoid power struggles, to question your true intentions, to fight to defend your vital space, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, confronting any rage by finding ways of channelling it, redirecting your healthy aggression towards more constructive outlets or forms of expression, renouncing certain erroneous attitudes in order to be reborn to something more essential, fighting to defend your vital space while avoiding risky situations that are not necessary, experiencing your impulses at a deeper level, discovering more regenerative resources.

# 58. Transit or aspect of Pluto on your Mars in Capricorn

Flower essences for this planetary aspect or transit:



FIREWEED-EPILOBIUM ANGUSTIFOLIUM



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Pluto on your Mars in Capricorn, you tend to exhaust yourself on a physical level, you want to achieve at all costs what you powerfully desire, or you become anxious at the thought that your actions, your struggles may be thwarted by obscure and threatening forces or disrupted by dark perspectives, real or imagined, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary to survival, you feel persecuted, you are discouraged, you have the impression that you will not be able to overcome the difficulties which you cross, These elixirs will help you to face up to situations where you feel you've reached your limits, to avoid power struggles, to question your true intentions, to fight to defend your vital space, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses at a deeper level, to discover more regenerative resources.

# 59. Transit or aspect of Pluto on your Mars in Aquarius

Flower essences for this planetary aspect or transit:



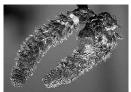
PERUVIAN CANDLE-RADIATION PROTECTION-CACTUS CEREUS PERUVIANUS



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Pluto on your Mars in Aquarius, you tend to exhaust yourself on a physical level, you allow yourself to be dominated by irresistible forces, you are on the defensive, expecting hostility from others, you feel attacked by negative rays, you feel anxious at the idea that your actions, your battles could be, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, these elixirs will help you to rediscover understanding, a taste for cooperation, to avoid power struggles, to question your true intentions, to fight to defend your vital space, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, to confront any rage by finding ways to channel it, to redirect your healthy aggression towards more constructive outlets or forms of expression, to give up certain erroneous attitudes in order to be reborn to something more essential, to fight to defend your vital space while avoiding risky situations that are not necessary, to experience your impulses on a deeper level, to discover more regenerative resources.

#### 60. Transit or aspect of Pluto on your Mars in Pisces



ASPEN-POPULUS TREMULA



WHITE YARROW-ACHILLEA MILLEFOLIUM

If, under this transit or aspect of Pluto on your Mars in Pisces, you are hypersensitive, you are prone to premonitions, you see worrying omens, you are afraid of everything, you imagine the worst for yourself and for others, you are anxious, you are extremely vulnerable, you do not know how to protect yourself from disturbing environmental influences and psychic aggressions, you are anxious at the idea that your actions, you feel unable to express your anger openly, you take refuge in a form of metaphysical despair, in a discordant marginality, in a pessimistic vision of life, in a refusal of the struggles and fights necessary for survival, these elixirs will help you to strengthen your personal defences, to face up to the unknown, to overcome fears of occult, unknown, vague, unreasonable and inexplicable origins, to avoid power struggles, to question your true intentions, to fight to defend your vital space, to face up to what really disturbs you and strengthen your confidence, to look at fear without looking away, to rethink and rework the way you impose yourself, confronting any rage by finding ways of channelling it, redirecting your healthy aggression towards more constructive outlets or forms of expression, renouncing certain erroneous attitudes in order to be reborn to something more essential, fighting to defend your vital space while avoiding risky situations that are not necessary, experiencing your impulses at a deeper level, discovering more regenerative resources.

# 61. Transit or aspect of Pluto on your Jupiter

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



RED CHESTNUT-AESCULUS CARNEA



ASH-ASH-FRAXINUS EXCELSIOR

If, under this transit or this aspect of Pluto on your Jupiter, you are torn between trusting and distrusting, you hide your anxieties and your worries behind a plethoric anticonformism, you are afraid of being marginalised, you force the line to integrate yourself into a group, your integration into a group prevents you from taking into account the need to free yourself from your past mistakes, psychological wounds, repressed secrets, or else, your thirst for inner quest is foreign to the laws and norms which regulate social life or life in a group, By favouring the quest for authenticity and non-conformity, you find yourself marginalised and rejected by any normally constituted group. These elixirs will help you to let go of beliefs that are no longer essential to your life, to explore your deepest motivations with optimism, to discover values that are in harmony with your nature, to let everyone live their own life experiences, to approach the mysteries of life with common sense and pragmatism, to make a sufficient effort to include others in your optimism, to understand the position and place of each person.

#### 62. Transit of Pluto over your Saturn

Flower essences for this planetary aspect or transit:



SWEET CHESTNUT-CASTANEA SATIVA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your Saturn, your experimental realism is opposed to the idea that there are questions which have and will never have an answer, your abstract reason comes up against the impermanence of existence, the unknown and metaphysical mysteries distress you, or else, you are convinced that no research, even the most thorough will lead to an existential revelation, These elixirs will help you to let go of the structures and foundations of the past that are no longer essential to your life, to break the deadlock, to grasp the way in which you use all forms of power, to go deep within yourself to examine your mistakes, to assume them and to purify them without fear of being destabilised.

# 63. Transit or aspect of Pluto on your Uranus

Flower essences for this planetary aspect or transit:



FIREWEED-EPILOBIUM ANGUSTIFOLIUM



CAYENNE-CAYENNE-CAPSICUM ANNUUM

If, under this transit or aspect of Pluto on your Uranus, you are fatalistic, tormented, intransigent or demanding, these elixirs will help you to let go of your ideals of freedom or beliefs that are no longer adapted to the present, to let go of those that are no longer essential in your life, and to face up to radical changes.

# 64. Pluto transiting your Neptune

Flower essences for this planetary aspect or transit:



PASSION FLOWER-PASSIFLORA INCARNATA



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

These elixirs will help you to let go of your illusions, to be receptive to the tiniest signals from the unconscious, to examine the silences and the unspoken, and to surrender to more transcendental truths.

# 65. Transit of Pluto over your Pluto

Floral elixir for this planetary transit:



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

This elixir will help you to overcome your difficulties, to let go of past behaviours that are no longer adapted to the present, to remain open and available in order to let go of what is no longer essential in your life. This elixir is a catalyst that will lead you into a new phase of evolution.

### 66. Transit or aspect of Neptune on your Sun in Aries

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



**BISTORT-POLYGONUM BISTORTA** 

If, under this transit or aspect of Neptune on your Sun in Aries, you're constantly hesitating about your life choices and you're in doubt, you find yourself in confusing situations, you're rushing madly in all directions, you're disoriented, overwhelmed by your state of mind, you lack reference points, you flee from reality and you get lost in utopian ideals, you have a tendency to delude yourself, or else you lack lucidity about yourself, anchored in your convictions, you repress your sensitivity, you fear manifestations of the unspeakable, you find it difficult to see yourself objectively, these elixirs will help you to overcome dispersion, to clearly discern your abilities and to firmly define your objectives, to remain faithful to your aspirations while recognising and respecting those of others, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being, not to cling to false hopes, to concentrate on what you can master, to let go of the areas that escape you, to participate fully in the currents of life, to define clearly what you want and where you're heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence.

# 67. Transit or aspect of Neptune on your Sun in Taurus

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



EUPHRASIA-EYEBRIGHT-EUPHRASIA OFFICINALIS

If, under this transit or aspect of Neptune on your Sun in Taurus, you are constantly hesitating about your life choices, you have doubts, you pay little attention to others, notably through lack of interest, you are overwhelmed by your state of mind, you lack reference points, you flee from reality and you get lost in utopian ideals, you have a tendency to delude yourself, or else you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to develop your sensitivity and to favour intuition, to discern your abilities and to define your objectives firmly, to keep a clear idea of your needs, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being, not to cling to false hopes, to concentrate on what you can master, to let go of the areas that elude you, to participate fully in the currents of life, to define clearly what you want and where you're heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence.

# 68. Transit or aspect of Neptune on your Sun in Gemini

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



WILD OATS-BROMUS RAMOSUS

If, under this transit or aspect of Neptune on your Sun in Gemini, you're indecisive and hesitant, you don't know which direction to follow, you're fickle, you're constantly changing opinions, you have trouble defining your objectives clearly and precisely, you're not aware of what

you want, you tend to delude yourself and lack objectivity, you're overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to refocus, to concentrate, to channel your curiosity so that you don't lose focus, to discern your abilities clearly and to define your objectives firmly, to remain clear-minded so that you don't wander from one thing to another, to give up that which prevents you from living at the highest level of your aspirations, to erase that which is no longer sincere in your way of being, not to cling to false hopes, to concentrate on what you can control and let go of the areas that are beyond your control, and to participate fully in the currents of life, to define clearly what you want and where you're heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence.

# 69. Transit or aspect of Neptune to your Sun in Cancer

Flower essences for this planetary aspect or transit:



CENTAURY-CENTAURIUM UMBELLATUM



BISTORT-POLYGONUM BISTORTA

If, under this transit or aspect of Neptune on your Sun in Cancer, you are vulnerable to the influences of others, you are timid, passive, you seek the strength of personality in others rather than in yourself, you are dependent on others and disoriented, you have difficulty remaining faithful to your own aspirations, you tend to escape into dreams and get lost in the meanders of your imagination, you are overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, these elixirs will help you to overcome disorientation and dispersion, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being, not to cling to false hopes, to concentrate on what you can master and to let go of the areas that escape you, and to participate fully in the currents of life, to define clearly what you want and where you're heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence.

# 70. Transit or aspect of Neptune to your Sun in Leo

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



SUNFLOWER-SUNFLOWER-HELIANTHUS ANNUUS

If, under this transit or aspect of Neptune on your Sun in Leo, you're constantly hesitating about life choices, you doubt, you're self-effacing, you put yourself forward in a disproportionate way, you underestimate yourself or you're arrogant, you get lost in dreams of grandeur, you lose your sense of proportion, you're overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear the manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to radiate your true personality, to clearly discern your abilities and to firmly define your objectives, to put your magnanimous spirit at the service of a great cause, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life, to define clearly what you want and where you're going in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to reality, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

# 71. Transit or aspect of Neptune to your Sun in Virgo

Flower essences for this planetary aspect or transit:



CENTAURY-CENTAURIUM UMBELLATUM



WILD OATS-BROMUS RAMOSUS

If, under this transit or aspect of Neptune on your Sun in Virgo, because of your shyness you refuse to get involved, you're constantly hesitating about life choices, you're humble to

the point of self-sacrifice, you get lost in rational considerations without reliable support, you're overwhelmed by your state of mind, you lack reference points, you flee from reality and get lost in utopian ideals, you tend to delude yourself, or you lack clarity about yourself, anchored in your convictions, you repress your sensitivity and fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to clearly discern your abilities and firmly define your objectives, to put your efficiency and helpfulness at the service of a great cause, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life, to define clearly what you want and where you're going in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to reality, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control, define clearly what you want and where you're heading in the long term, concentrate on what you can control, remain firm about your intentions, face up to realities, get out of the illusion, sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

# 72. Transit or aspect of Neptune to your Sun in Libra

Flower essences for this planetary aspect or transit:



CENTAURY-CENTAURIUM UMBELLATUM



BISTORT-POLYGONUM BISTORTA

If, under this transit or aspect of Neptune on your Sun in Libra, you are disoriented, you are very attached to conventions, concerned to please, you want to help others but, having little willpower, you don't know how to say no, you let yourself be absorbed by your relationships, you find it difficult to define your objectives clearly and precisely, you're not aware of what you want and where you're going, you tend to delude yourself and lack objectivity, you're overwhelmed by your state of mind, you lack reference points, you run away from reality and get lost in utopian ideals, you tend to delude yourself, or else you lack lucidity about yourself, anchored in your convictions, these elixirs will help you to overcome disorientation and dispersion, to put your human qualities at the service of a great cause, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life to define clearly what you want and where you are heading in the long term, to concentrate on what you can

control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that escape you.

### 73. Transit or aspect of Neptune to your Sun in Scorpio

Flower essences for this planetary aspect or transit:



**BISTORT-POLYGONUM BISTORTA** 



WILD CARROT-QUEEN ANNE'SLACE-DAUCUS CAROTA

If, under this transit or aspect of Neptune on your Sun in Scorpio, you are disoriented, you have difficulty in remaining faithful to your own aspirations, you lack objectivity and you have difficulty in properly defining your sexuality, you give in to morbid inclinations, you are overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, These elixirs will help you to awaken your parapsychic qualities, to remain faithful to your aspirations while recognising and respecting those of others, to overcome disorientation and dispersion, to resolve any crisis in the service of a great cause, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life to define clearly what you want and where you are heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

### 74. Transit or aspect of Neptune to your Sun in Sagittarius



WILD OATS-BROMUS RAMOSUS



**BISTORT-POLYGONUM BISTORTA** 

If, under this transit or aspect of Neptune on your Sun in Sagittarius, you're constantly hesitating about your life choices, you're disorientated, you have difficulty remaining faithful to your own aspirations, you give away your trust in an inconsiderate way, you lose yourself in utopian ideals, you are overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, these elixirs will help you to overcome disorientation and dispersion, to clearly discern your abilities and firmly define your objectives, to let go of what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life to clearly define what you want and where you are heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

# 75. Transit or aspect of Neptune to your Sun in Capricorn

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



**EUPHRASIA-EYEBRIGHT-EUPHRASIA OFFICINALIS** 

If, under this transit or aspect of Neptune on your Sun in Capricorn, you underestimate what you are really capable of doing, you constantly hesitate about life choices, you doubt,

you pay little attention to others, out of inattention or lack of interest, you are overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else you lack lucidity with regard to yourself, anchored in your convictions, These elixirs will help you to develop your sensitivity and to encourage intuition, to discern your abilities and to define your objectives firmly, to better identify what destabilises you, to put your ambitions at the service of a great cause, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life. Don't cling to false hopes about clearly defining what you want and where you're going in the long term, about concentrating on what you can control, about remaining firm about your intentions, about facing up to reality, about breaking free from illusion, about sacrificing certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

# 76. Transit or aspect of Neptune on your Sun in Aquarius

Flower essences for this planetary aspect or transit:



BISTORT-POLYGONUM BISTORTA



SWEET CORN-ZEA MAYS

If, under this transit or aspect of Neptune on your Sun in Aquarius, you are disoriented in an artificial environment, you have difficulty remaining faithful to your own aspirations, you are out of balance and in disharmony in your relationship with your friends, you have difficulty remaining faithful to your own aspirations, you are overwhelmed by your states of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity about yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to overcome disorientation and dispersion, to harmonise your relationship with other human beings, to better define your ideals, to integrate a knowledge that prefigures humanity to come, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in

your way of being and to participate fully in the currents of life to define clearly what you want and where you are heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

# 77. Transit or aspect of Neptune to your Sun in Pisces

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



CALIFORNIA POPPY-ESCHSCHOLZIA CALIFORNICA

If, under this transit or aspect of Neptune on your Sun in Pisces, you idealise others, you try to find externally what you should find within yourself, you look for easy solutions, without any personal effort, you're deluded and out of touch with reality, you're constantly hesitating about life choices, you're confused and doubtful, you tend to shirk your responsibilities, you are overwhelmed by your state of mind, you lack reference points, you run away from reality and you get lost in utopian ideals, you tend to delude yourself, or else, you lack lucidity with regard to yourself, anchored in your convictions, you repress your sensitivity and you fear manifestations of the unspeakable, you have difficulty seeing yourself objectively, these elixirs will help you to strengthen your sense of personal responsibility, to give you access to the recognition of your personal qualities and abilities, to discover what you are really looking for, to discern your abilities clearly and to define your objectives firmly, to meditate, to get out of illusion, to abandon what prevents you from living at the highest level of your aspirations, to erase what is no longer sincere in your way of being and to participate fully in the currents of life to clearly define what you want and where you are heading in the long term, to concentrate on what you can control, to remain firm about your intentions, to face up to realities, to move away from illusion, to sacrifice certain certainties in the name of luminous and divine providence. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that are beyond your control.

#### 78. Transit or aspect of Neptune on your Moon in Aries

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



CAMOMILE-CHAMOMILE-MATRICARIA RECUTITA

If, under this transit or aspect of Neptune on your Moon in Aries, you are restless internally, you are emotionally unstable, you disperse yourself in a multitude of daily activities, you are quickly drawn into all sorts of considerations to which you are sensitive, your mood swings are frequent and you are hesitant to make a choice, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the intoxication of senseless experiences, you deny yourself any well-being, any peace, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it difficult to follow a regular rhythm of life, these elixirs will help you to regain calm, to concentrate on your daily tasks, to follow a more regular rhythm of life, not to let yourself be carried away by all sorts of considerations to which you are sensitive, stay true to yourself, discern your real needs for comfort and security, free yourself from the grip of negative emotional reactions, bring out positive memories and soften negative ones, immerse yourself in the world of the imagination without disrupting your daily life. identify your emotions accurately, and live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

# 79. Transit or aspect of Neptune on your Moon in Taurus

Flower essences for this planetary aspect or transit:



HONEYSUCKLE-LONICERA CAPRIFOLIUM

If, under this transit or aspect of Neptune on your Moon in Taurus, you're nostalgic, you're unable to detach yourself from the past, you're dissatisfied and discontented, you feel disorganised on a daily basis, you delude yourself about your real needs for comfort, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any wellbeing, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it hard to follow a regular rhythm, this elixir will help you to capture all the potential of the present, to use the past in a positive way, to follow a more regular rhythm of life, not to let yourself be carried away by all sorts of considerations to which you are sensitive, to remain sincere towards yourself, to discern what are your real needs for comfort and security, to free yourself from the grip of negative emo-

tional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

### 80. Transit or aspect of Neptune on your Moon in Gemini

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Moon in Gemini, you are suggestible, fickle, you constantly change your opinions, you are restless inside, you get carried away, you disperse yourself in multiple daily activities, you are very sensitive to the pressure of your environment, you only follow fashionable ideas, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any sense of well-being, any peace of mind, any trusting abandonment, your day-to-day life is uncertain, tumultuous and elusive, these elixirs will help you to follow a more regular rhythm of life, to no longer let yourself be influenced, to no longer systematically turn to your close circle of friends and family to make you feel safe, to remain sincere with yourself, to discern what your real needs for comfort and security are, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

#### 81. Transit or aspect of Neptune on your Moon in Cancer



CLEMATIS-CLEMATIS VITALBA



DILL-ANETHUM GRAVEOLENS

If, under this transit or aspect of Neptune on your Moon in Cancer, you lack interest in the present, lost in your dreams of a marvellous world, you are out of touch with reality, you are hypersensitive to your family environment, your daily rhythm of life is irregular, you quickly get caught up in all sorts of considerations to which you are sensitive, your mood swings are frequent, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any sense of well-being, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, these elixirs will help you to follow a more regular rhythm of life, to be more responsible and more present in the gestures of daily life, to find a concrete application with your dreams, to anchor you in the reality of the daily newspaper, not to let you involve by all kinds of considerations to which you are sensitized, to remain sincere towards yourself, to discern your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without upsetting your daily life, to identify your emotions accurately, to live in symbiosis with the subtle forces that manifest themselves in the background of the concrete realities of daily life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

# 82. Transit or aspect of Neptune on your Moon in Leo



**CLEMATIS-CLEMATIS VITALBA** 



CHICORY-CHICORY-CICHORIUM INTYBUS

If, under this transit or aspect of Neptune on your Moon in Leo, you are out of touch with reality, you feel disorganised on a daily basis, you delude yourself completely about your real needs for comfort, you display exuberance, you need to impress, to draw attention to yourself by putting yourself at the centre, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of foolish experiences, you deny yourself any sense of well-being, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, these elixirs will help you to develop the ability to shine, to be the centre without expecting anything in return, to follow a more regular rhythm of life, not to let yourself be dragged down by all sorts of considerations to which you are sensitive, to remain sincere with yourself, to discern what your real needs for comfort and security are, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

#### 83. Transit or aspect of Neptune on your Moon in Virgo

Flower essences for this planetary aspect or transit:



RUE OFFICINALE-RUE-RUTA GRAVEOLENS



YELLOW YARROW-GOLDEN YARROW-ACHILLEA FILIPENDULINA

If, under this transit or aspect of Neptune on your Moon in Virgo, you are prone to stage fright, you lack interest in the present, you feel disorganised on a daily basis, you tend to isolate yourself from the outside world to protect yourself, you are fussy, a perfectionist, you constantly seek to be useful, efficient, indispensable, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emo-

tional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any wellbeing, any peace of mind, any trusting abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it difficult to follow a regular rhythm of life. These elixirs will help you to follow a more regular rhythm of life, to rediscover your independence, your taste for personal fulfilment, to remain true to yourself, to discern your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

# 84. Transit or aspect of Neptune on your Moon in Libra

Flower essences for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Moon in Libra, lost in your dreams of a world without conflict, you are out of touch with reality, you feel disorganised on a daily basis, you are completely deluded about your real needs for comfort, your pace of life is irregular, you are susceptible to influence, you let yourself be led, you are very sensitive to social pressure, you constantly seek the approval of others, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the intoxication of senseless experiences, you deny yourself any well-being, any peace, any trusting abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it hard to follow a regular rhythm of life, these elixirs will help you to follow a more regular rhythm of life, to stop letting yourself be influenced, to stop systematically turning to your group to make you feel safe, to remain true to yourself, to discern your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

# 85. Transit or aspect of Neptune on your Moon in Scorpio

Flower essences for this planetary aspect or transit:



DILL-ANETHUM GRAVEOLENS



PASSION FLOWER-PASSIFLORA INCARNATA

If, under this transit or aspect of Neptune on your Moon in Scorpio, you have vague fears of unknown origin, you're afraid of the dark, you're subject to incomprehensible mood swings, dark forebodings, you have to deal with an excess of sensory stimuli (tensions of city life), you're confronted with complex or strange situations, your daily rhythm is irregular, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any sense of well-being, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, These elixirs will help you to follow a more regular rhythm of life, to overcome your fear of hidden forces, to integrate the subtle, mysterious and strange aspects of life, to open up to higher levels of consciousness, to remain sincere with yourself, to discern your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

### 86. Transit or aspect of Neptune on your Moon in Sagittarius



CLEMATIS-CLEMATIS VITALBA



ASH-ASH-FRAXINUS EXCELSIOR

If, under this transit or aspect of Neptune on your Moon in Sagittarius, you lack interest in the present, lost in your dreams, you are out of touch with reality, you flee from painful events of the past, you are in search of meaning and values, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, You protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the intoxication of senseless experiences, you deny yourself any wellbeing, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it hard to follow a regular rhythm, These elixirs will help you to understand the meaning of your private life, to follow a life ethic that corresponds to you, to give meaning to what you do every day, to follow a more regular rhythm of life, not to let yourself be carried away by all sorts of considerations to which you are sensitive, to remain sincere towards yourself, to discern what your real needs for comfort and security are, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

## 87. Transit or aspect of Neptune on your Moon in Capricorn

Flower essences for this planetary aspect or transit:



YELLOW YARROW-GOLDEN YARROW-ACHILLEA FILIPENDULINA

If, under this transit or aspect of Neptune on your Moon in Capricorn, you tend to isolate yourself from the outside world to protect yourself, you are unable to detach yourself from the past, you are dissatisfied and discontent, you feel disorganised on a daily basis, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any sense of well-being, any peace of mind, any confident abandonment, your day-to-day life is uncertain, tumultuous and elusive, these elixirs will help you to follow a more regular rhythm

of life, to capture all the potentialities of the present, to use the past in a positive way, to remain sincere towards yourself, to discern what are your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

#### 88. Transit or aspect of Neptune on your Moon in Aquarius

Flower essences for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Moon in Aquarius, you are lost in your dreams of a better and more united world, you are out of touch with reality. Faced with difficulties, you take refuge in utopias, you feel disorganised on a daily basis, you delude yourself completely about your real needs for comfort, your pace of life is irregular, you are influenced by all kinds of ideology, you let yourself be led along, you are very sensitive to pressure from your friends, you constantly seek the approval of your friends, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of foolish experiences, you deny yourself any well-being, any peace, any trusting abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it difficult to follow a regular rhythm of life. These elixirs will help you to be more present in your daily life, to anchor yourself in the reality of everyday life, to follow a more regular rhythm of life, to stop letting yourself be influenced by the lifestyles of others, to stop systematically turning to your friends to make you feel safe, to remain true to yourself, to discern your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to identify your emotions accurately, to live in symbiosis with the subtle forces that manifest themselves in the background of the concrete realities of daily life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

# 89. Transit or aspect of Neptune on your Moon in Pisces

Flower essences for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA



WHITE YARROW-ACHILLEA MILLEFOLIUM

If, under this transit or aspect of Neptune on your Moon in Pisces, you lack interest in the present, lost in your dreams of a communal life, of a world without frontiers, you are out of touch with reality, you are extremely vulnerable, you don't know how to protect yourself from disturbing environmental influences and psychic aggressions, you turn away from situations that reveal a truth, you protect yourself for fear of being overwhelmed by an inner wave, for fear of emotional outbursts that would undermine your reassuring habits and customs, or else you prefer the exhilaration of senseless experiences, you deny yourself any sense of wellbeing, any peace of mind, any trusting abandonment, your day-to-day life is uncertain, tumultuous and elusive, you feel disorganised on a daily basis and you find it hard to follow a regular rhythm of life, These elixirs will help you to follow a more regular rhythm of life, to be more responsible and more present in the gestures of daily life, to find a concrete application to your dreams, to anchor you in the reality of everyday life, not to let yourself be carried away by all sorts of considerations to which you are sensitive, to remain sincere towards yourself, to discern what are your real needs for comfort and security, to free yourself from the grip of negative emotional reactions, to bring out positive memories and soften negative ones, to immerse yourself in the world of the imagination without disrupting your daily life, to accurately identify your emotions, to live in symbiosis with the subtle forces that manifest themselves behind the concrete realities of everyday life. By going back to your past and understanding what your unconscious is trying to protect you against, you will be better able to release these emotions.

#### 90. Transit or aspect of Neptune on your Mercury in Aries



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



CALENDULA-GARDEN MARIGOLD-CALENDULA OFFICINALIS

If, under this transit or aspect of Neptune on your Mercury in Aries, you lack attention or communication, your listening is superficial, your mode of expression is innocently hurtful, your speech is disorganised, you are overwhelmed with ideas, there is a gap between what you think and what you say, you are scattered and ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee the rational interpretations of this world, you get lost in your chaotic thoughts, these elixirs will give you warmth, sensitivity and gentleness in all communication, helping you to understand beyond words, to organise your thoughts better or to concentrate, to translate what you feel into words, to think in terms of a more global vision, to sensitise your intellect towards a more universal approach, to access more complete knowledge, to be clear in what you are communicating, to make sure that the other person has understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 91. Transit or aspect of Neptune on your Mercury in Taurus

Flower essences for this planetary aspect or transit:



EUPHRASIA-EYEBRIGHT-EUPHRASIA OFFICINALIS



MADIA-MADIA ELEGANS

If, under this transit or aspect of Neptune on your Mercury in Taurus, you lack attention or interest in others, you lack concentration, you are not productive, you disperse yourself and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlpools of the inexpressible and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you shun rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to

take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 92. Transit or aspect of Neptune on your Mercury in Gemini

Flower essences for this planetary aspect or transit:



PLUMBAGO-CERATO-CERATOSTIGMA WILLMOTTIANA



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Mercury in Gemini, you want to believe what suits you without taking into account the facts or opinions expressed by others, you have difficulty organising your thoughts and concentrating, you have difficulty putting what you feel into words, you doubt your opinions, you are influenced by what those around you think, you only follow fashionable ideas, you are scattered and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, You flee from rational interpretations of this world, you get lost in your chaotic thoughts, you believe only in what suits you without taking the facts into account. These elixirs will help you to stop letting yourself be influenced, to organise your thoughts better or to concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect towards a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that the other person has understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 93. Transit or aspect of Neptune on your Mercury in Cancer



PLUMBAGO-CERATO-CERATOSTIGMA WILLMOTTIANA



LEMON-LEMON-CITRUS LIMONUM

If, under this transit or aspect of Neptune on your Mercury in Cancer, you want to believe what suits you without taking the facts into account, you're attached to your parents' advice, you're influenced by what those around you think, you're not thinking clearly, especially when emotions interfere with reasoning, you are scattered and ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee the rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to clear your mind by coordinating your thoughts, stimulating the intellect and encouraging analytical reasoning, organising your thoughts better or concentrating, putting what you feel into words, thinking in terms of a more global vision, to sensitise your intellect towards a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that the other person has understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 94. Transit or aspect of Neptune on your Mercury in Leo

Floral elixir for this planetary aspect or transit:



**MADIA-MADIA ELEGANS** 

If, under this transit or aspect of Neptune on your Mercury in Leo, you lack concentration, you're not productive, you're easily distracted, you want to believe what suits you without taking the facts into account, you scatter and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee from rational interpretations of this world, you get lost in your chaotic thoughts, This elixir will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

#### 95. Transit or aspect of Neptune on your Mercury in Virgo



DAISY-DAISY-BELLIS PERENNIS



STINKING BIGELWEED-RABBITBRUSCH-ERICAMERIA NAUSEOSA

If, under this transit or this aspect of Neptune on your Mercury in Virgo, you have difficulty synthesising information, you are easily overwhelmed by details, you disperse yourself and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication procured by senseless experiences, you flee the rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

### 96. Transit or aspect of Neptune on your Mercury in Libra

Flower essences for this planetary aspect or transit:



PLUMBAGO-CERATO-CERATOSTIGMA WILLMOTTIANA



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Mercury in Libra, you doubt yourself, you are influenced by what people think or what your partner thinks, you disperse yourself

and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee from rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

#### 97. Transit or aspect of Neptune on your Mercury in Scorpio

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Neptune on your Mercury in Scorpio, your thoughts are obsessive or repetitive, you are preoccupied, anxious, confused, you feel polluted by the negative thoughts of others or under influence, you disperse yourself and ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee from rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

#### 98. Transit or aspect of Neptune on your Mercury in Sagittarius

Floral elixir for this planetary aspect or transit:



VERVAIN-VERBENA OFFICINALIS

If, under this transit or aspect of Neptune on your Mercury in Sagittarius, your enthusiasm is exaggerated, your idealism is excessive, you want to believe what suits you without taking the facts into account, you disperse yourself and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you shun rational interpretations of this world, you get lost in your chaotic thoughts, This elixir will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 99. Transit or aspect of Neptune on your Mercury in Capricorn

Flower essences for this planetary aspect or transit:



EUPHRASIA-EYEBRIGHT-EUPHRASIA OFFICINALIS



MADIA-MADIA ELEGANS

If, under this transit or aspect of Neptune on your Mercury in Capricorn, you lack attention or interest in others, you lack concentration, you are not productive, you disperse yourself and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the inexpressible and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you shun rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 100. Transit or aspect of Neptune on your Mercury in Aquarius

Flower essences for this planetary aspect or transit:



PLUMBAGO-CERATO-CERATOSTIGMA WILLMOTTIANA



MADIA-MADIA ELEGANS

If, under this transit or aspect of Neptune on your Mercury in Aquarius, you doubt your-self, you are influenced by what your friends think, you lack concentration, you are easily distracted, you disperse yourself and you ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the inexpressible and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you shun rational interpretations of this world, you get lost in your chaotic thoughts, These elixirs will help you to better organise your thoughts and concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect to a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

# 101. Transit or aspect of Neptune on your Mercury in Pisces

Flower essences for this planetary aspect or transit:



PLUMBAGO-CERATO-CERATOSTIGMA WILLMOTTIANA



LEMON-LEMON-CITRUS LIMONUM

If, under this transit or aspect of Neptune on your Mercury in Pisces, you want to believe what suits you without taking the facts into account, you doubt yourself, you are influenced

by what your community thinks, you lack coherence or clarity in your reasoning, your curiosity is deficient, you are scattered and ignore the signals of the collective unconscious, you let yourself be carried away by the whirlwinds of the unspeakable and its dizziness, you lose all ability to listen, you prefer the intoxication of senseless experiences, you flee the rational interpretations of this world, you get lost in your chaotic thoughts, you only believe in what suits you without taking the facts into account, these elixirs will help you to organise your thoughts better or to concentrate, to put what you feel into words, to think in terms of a more global vision, to sensitise your intellect towards a more universal approach, to access more complete knowledge, to be clear in what you communicate, to make sure that others have understood what you mean, to take their opinions into account, to let your certainties and illusory mental constructs wash up on the shores of Full Consciousness.

## 102. Transit or aspect of Neptune to your Venus in Aries

Flower essences for this planetary aspect or transit:



**CLEMATIS-CLEMATIS VITALBA** 



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Aries, you are out of touch with reality, you have difficulty conceiving of love as a whole, you dream of experiencing love in a world of perfect romance, you have difficulty discerning what is fantasy and what is a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, believing in what you want to believe without taking the facts into account, your uncritical attractions lead you into confusing and ambiguous emotional situations, your desires for love and your thirst for an ideal love are never satisfied, there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere inaccessible, without warning, your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 103. Transit or aspect of Neptune to your Venus in Taurus

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Taurus, you are indecisive and hesitant to make a choice, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

#### 104. Transit or aspect of Neptune on your Venus in Gemini



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA



DEERBRUSH-DEERBRUSH-CEANOTHUS INTEGERRIMUS

If, under this transit or aspect of Neptune on your Venus in Gemini, you lack authenticity, you find it difficult to be clear, you conceal your feelings, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account, your uncritical attractions lead you into confused and ambiguous emotional situations, your desires for love and your thirst for an ideal love are never satisfied, there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else inaccessible, without warning, your emotions overwhelm you and agitate you in such a way that you can't manage to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with complete sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 105. Transit or aspect of Neptune on your Venus in Cancer

Flower essences for this planetary aspect or transit:



**CLEMATIS-CLEMATIS VITALBA** 



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Cancer, you lack interest in the present, lost in your dreams, you are out of touch with reality, you wish to live a romantic love without taking into account facts and realities, you have difficulty conceiving of love as a whole, you dream of experiencing love in a world of perfect romance, you have difficulty discerning what is fantasy and what is a real perception of people and situations, you tend to feed yourself illusions about your relationships, to believe in what you want to believe without taking the facts into account, your uncritical attractions lead you into confused and ambiguous emotional situations, your amorous desires and your thirst for an ideal love are never satisfied, there is always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning, your emotions overwhelm you and agitate you in such a way that you are unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice what prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with complete sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

#### 106. Transit or aspect of Neptune on your Venus in Leo



CLEMATIS-CLEMATIS VITALBA



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Leo, you are out of touch with reality, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy and what is a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, believing in what you want to believe without taking the facts into account, your uncritical attractions lead you into confusing and ambiguous emotional situations, your desires for love and your thirst for an ideal love are never satisfied, there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere inaccessible, without warning, your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and selfsacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 107. Transit or aspect of Neptune to your Venus in Virgo

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Virgo, you are indecisive and hesitant to make a choice, you have difficulty conceiving of love as a whole, you dream of

living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 108. Transit or aspect of Neptune to your Venus in Libra

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA



DEERBRUSH-DEERBRUSH-CEANOTHUS INTEGERRIMUS

If, under this transit or aspect of Neptune on your Venus in Libra, you are indecisive and hesitant to make a choice, you wish to live a romantic love without taking into account the facts and realities, you have difficulty conceiving of love as a whole, you dream of living love in a universe of perfect romance, you have difficulty discerning what is fantasy or a real per-

ception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 109. Transit or aspect of Neptune on your Venus in Scorpio

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Scorpio, you are indecisive and hesitant to make a choice, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hos-

tage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

## 110. Transit or aspect of Neptune on your Venus in Sagittarius

Flower essences for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Sagittarius, you are out of touch with reality, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, believing in what you want to believe without taking the facts into account, your uncritical attractions lead you into confusing and ambiguous emotional situations, your desires for love and your thirst for an ideal love are never satisfied, there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere inaccessible, without warning, your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and selfsacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 111. Transit or aspect of Neptune to your Venus in Capricorn

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



ROSA RUGOSA SOUVENIR OF PHILÉMON COCHET-ROSA RUGOSA

If, under this transit or aspect of Neptune on your Venus in Capricorn, you are indecisive and hesitant to make a choice, you have difficulty conceiving of love as a whole, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 112. Transit or aspect of Neptune to your Venus in Aquarius



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



SHOOTING STAR-DODECATHEON HENDERSONII

If, under this transit or aspect of Neptune on your Venus in Aquarius, you are indecisive and hesitant to make a choice, you have difficulty finding your place on earth, you dream of living love in a world of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, to believe in what you want to believe without taking the facts into account, your uncritical attractions lead you into confusing and ambiguous emotional situations, your desires for love and your thirst for an ideal love are never satisfied, there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere inaccessible, without warning, your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, These elixirs will help you to face up lucidly to the concrete realities of your relationships, to sacrifice that which prevents you from experiencing love on a subtler, more transcendent level, to appreciate people with sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to dispel your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

# 113. Transit or aspect of Neptune on your Venus in Pisces

Floral elixir for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA

If, under this transit or aspect of Neptune on your Venus in Pisces, you lack interest in the present, lost in your dreams, you are out of touch with reality, you wish to live a romantic love without taking into account the facts and realities, you dream of living love in a universe of perfect romance, you have difficulty discerning what is fantasy or a real perception of people and situations, you tend to feed yourself illusions with regard to your love relationships, you tend to believe in what you want to believe without taking the facts into account; your uncritical attractions lead you into confused and ambiguous emotional situations; your desires for love and your thirst for an ideal love are never satisfied; there's always a troubling whiff of unfinished business in the background, as if true love resided somewhere else, inaccessible, without warning; your emotions overwhelm and agitate you in such a way that you're unable to live your feelings simply and without clouds, you frequently find yourself in situations that

you have not consciously desired, or else you live in a strange elsewhere that uproots you from the present, you are invaded by feelings of an almost mystical dimension but your heart is incapable of containing such aspirations and you sublimate them in a confused universal love, or else, preferring the song of the sirens, you are the hostage of an irrepressible sensuality that clouds your perceptions, This elixir will help you to face up lucidly to the concrete realities of your relationships, to sacrifice what prevents you from experiencing love on a subtler, more transcendent level, to appreciate people in all sympathy and self-sacrifice, to distinguish clearly between what is true and what is not, to chase away your deceptive illusions, to identify your feelings precisely, to experience love in a profoundly mystical way, to let all illusory attachments dissolve in the name of spiritual evolution.

#### 114. Transit or aspect of Neptune on your Mars in Aries

Floral elixir for this planetary aspect or transit:



YELLOW STAR TULIP-CALOCHORTUS MONOPHYLLUS

If, under this transit or aspect of Neptune on your Mars in Aries, on the sexual level you tend to live in relationships that you don't really want, you have difficulty measuring the consequences of your actions, you act, "with your head in the handlebars" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you evade the necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, this elixir will help you to specify your intentions clearly, to make the good decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are inoperative and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

#### 115. Transit or aspect of Neptune on your Mars in Taurus



WILD OATS-BROMUS RAMOSUS



DAISY-DAISY-DAISY-BELLIS PERENNIS

If, under this transit or aspect of Neptune on your Mars in Taurus, you're indecisive when it comes to making a choice, you're in doubt, you're having difficulty planning or organising an activity, you're acting "with your head in the sand" and without a compass, in a sort of nebula, you're not taking the time to listen to the movements of your senses, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

#### 116. Transit or aspect of Neptune on your Mars in Gemini

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Mars in Gemini, you're uncertain, indecisive and your speech is disorganised, you're overwhelmed with ideas, there's a gap between what you think and what you say, you act, "with your head in the sand" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the pre-

sent, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

## 117. Transit or aspect of Neptune on your Mars in Cancer

Flower essences for this planetary aspect or transit:



CENTAURY-CENTAURIUM UMBELLATUM



TANSY-TANSY-TANACETUM VULGARE

If, under this transit or aspect of Neptune on your Mars in Cancer, you are indecisive and afraid of constraints, submissive and unable to impose yourself, you act, "with your head in the steering wheel" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your sensitivity, you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else you live in an obscure or strange elsewhere that uproots you from the present, These elixirs will help you to make your intentions clear, to take the right decisions and not get drawn into all sorts of situations, to use your strength to defend a great cause to analyse this belief that you are ineffective and naive, to explore your childhood to understand the origin of this idea and replace it with another, to build your confidence step by step, to undertake something easily achievable, to progress and give more and more scope to your actions, to defend your vital space without creating waves.

#### 118. Transit or aspect of Neptune on your Mars in Leo

Floral elixir for this planetary aspect or transit:



**VERVAIN-VERBENA OFFICINALIS** 

If, under this transit or aspect of Neptune on your Mars in Leo, you tend to find yourself in situations you haven't consciously wished for, your enthusiasm is exaggerated, your idealism

is excessive, you act, "with your head in the steering wheel" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel is a threat to your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you evade the necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, this elixir will help you to specify your intentions clearly, to make the good decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are inoperative and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

### 119. Transit or aspect of Neptune on your Mars in Virgo

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



DAISY-DAISY-BELLIS PERENNIS

If, under this transit or aspect of Neptune on your Mars in Virgo, you're indecisive when it comes to making a choice, you're in doubt, you have difficulty planning or organising an activity, you're acting "with your head in the sand" and without a compass, in a sort of nebula, you're not taking the time to listen to the movements of your senses, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

# 120. Transit or aspect of Neptune on your Mars in Libra

Flower essences for this planetary aspect or transit:



PEAR-WILD PEAR-PYRUS COMMUNIS



MOUNTAIN PRIDE-PENSTEMON NEWBERRYL

If, under this transit or aspect of Neptune on your Mars in Libra, you feel yourself to be in an unstable equilibrium, you find yourself in a confused situation after having been destabilised or off-centre, you are indecisive, you tend to withdraw in the face of contestation, you act, "with your head in the handlebars" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your senses, the subtle warnings suggested to you by your intuition, all linked to a universal principle, you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act, you fight pointlessly against ghostly windmills, you keep making unrealistic plans, These elixirs will help you to clarify your intentions, to make the right decisions and to avoid being drawn into all kinds of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

# 121. Transit or aspect of Neptune on your Mars in Scorpio

Floral elixir for this planetary aspect or transit:



ASPEN-POPULUS TREMULA

If, under this transit or aspect of Neptune on your Mars in Scorpio, you're anxious and worried for no apparent reason, on the sexual level you're experiencing relationships that you don't really want, you're acting "with your head in the sand" and without a compass, in a sort of nebula, you're not taking the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against

the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you evade the necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, this elixir will help you to specify your intentions clearly, to make the good decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are inoperative and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

#### 122. Transit or aspect of Neptune on your Mars in Sagittarius

Floral elixir for this planetary aspect or transit:



CLEMATIS-CLEMATIS VITALBA

If, under this transit or aspect of Neptune on your Mars in Sagittarius, you tend to find yourself in situations you haven't consciously wished for, you're out of touch with reality, you're acting, "with your head in the sand" and without a compass, in a sort of nebula, you're not taking the time to listen to the movements of your senses, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight point-lessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you evade the necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, this elixir will help you to specify your intentions clearly, to make the good decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are inoperative and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

# 123. Transit or aspect of Neptune on your Mars in Capricorn



WILD OATS-BROMUS RAMOSUS



DAISY-DAISY-DAISY-BELLIS PERENNIS

If, under this transit or aspect of Neptune on your Mars in Capricorn, you're indecisive when it comes to making a choice, you're in doubt, you have difficulty planning or organising an activity, you're acting with your "head in the sand" and without a compass, in a sort of nebula, you're not taking the time to listen to the movements of your senses, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

#### 124. Transit or aspect of Neptune on your Mars in Aquarius

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



LOTUS-LOTUS-NELUMBO NUCIFERA

If, under this transit or aspect of Neptune on your Mars in Aquarius, your idealism is excessive, you are confused, uncertain and you tend to lose touch with reality, you are too passionate, you act "with your head in the sand" and without a compass, in a sort of nebula, you don't take the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let your-

self be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

### 125. Transit or aspect of Neptune on your Mars in Pisces

Flower essences for this planetary aspect or transit:



YELLOW MIMULUS-MIMULUS GUTTATUS



GOLDENROD-GOLDENROD-SOLIDAGO

If, under this transit or aspect of Neptune on your Mars in Pisces, you tend to find yourself in situations you didn't consciously desire, out of fear or vulnerability you refuse to get involved, you act, "with your head in the steering wheel" and without a compass, in a kind of nebula, you don't take the time to listen to the movements of your sensitivity, the subtle warnings that your intuition suggests to you, all linked to a universal principle; you act against the grain of any form of collective solidarity, which you feel threatens your freedom to act; you fight pointlessly against ghostly windmills; you keep making unrealistic plans, or else, you live in an obscure or strange elsewhere which uproots you from the present, you shrink from necessary conflicts and confrontations, you let yourself be drawn into all sorts of situations, these elixirs will help you to clarify your intentions, to make the right decisions and not to let yourself be drawn into all sorts of situations, to analyse this belief that you are useless and naive, to explore your childhood to understand the origin of this idea and to replace it by another, to build your confidence step by step, to undertake something easily achievable, to progress and to give more and more scale to your actions, to defend your vital space without creating waves. Use your strength to defend a great cause.

## 126. Transit or aspect of Neptune on your Jupiter



BISTORT-POLYGONUM BISTORTA

If, under this transit or aspect of Neptune on your Jupiter, you are torn between your moral principles and the need to agree with more universal principles of life, between religiosity and spirituality, you want to save the whole world but not be confronted with its problems, you get lost in utopian ideals, you reject any manifestation that seems strange, uncertain or too subtle, you conform so well to the laws, rules and standards that regulate life in a group, that you forget to listen to your intuitions, to the messages of collective currents, or else, your utopias, your need to immerse yourself in full consciousness prevents you from immersing yourself in a smaller group, from integrating the norms and laws that regulate social life, these elixirs will help you to overcome dispersion, to clearly define your ideals while respecting those of others, to trust in providence, to find a good compromise between..., the need to conform to the conventions of your social environment with its moral principles and the need to blend into a collective with its more universal principles of life, to defend in the public arena the great causes that are close to your heart, to reconcile your common sense with your generous vision of the general interest.

### 127. Transit of Neptune over your Saturn

Flower essences for this planetary transit:



**EUPHRASIA-EYEBRIGHT-EUPHRASIA OFFICINALIS** 



**BROOM-BROOM-CYTISUS SCOPARIUS** 

If, under this transit or this aspect of Neptune on your Saturn, you prefer to melt into an irrational world, populated by subtle aspirations and emotional confusions, without putting them to the test of facts and without subjecting them to experimental criticism, or else, you feel coldness, a lack of compassion and little solidarity, you have an irrational trust in providence with a loss of all sense of reality, you flee to an elsewhere to escape the difficulties of life, these elixirs will favour intuition, help you to concentrate on what you can master and you will let go of the sectors that escape you, to better identify what destabilises you.

# 128. Transit of Neptune on your Neptune

Floral elixir for this planetary transit:



BISTORT-POLYGONUM BISTORTA

This elixir will help you to overcome disorientation and dispersion, to meditate, to escape from illusion and to participate fully in the currents of life.

# 129. Transit or aspect of Neptune on your Pluto

Flower essences for this planetary aspect or transit:



BISTORT-POLYGONUM BISTORTA



PASSION FLOWER-PASSIFLORA INCARNATA

If, under this transit or this aspect of Neptune on your Pluto, you are torn between the desire to let yourself go and the obsessive need for control, you are disorientated, you give in to morbid tendencies, these elixirs will help you to awaken your parapsychic qualities, to overcome disorientation and dispersion, to develop compassion and forgiveness in the midst of letting go.

# 130. Transit or aspect of Uranus to your Sun in Aries



BEECH-FAGUS SYLVATICA



**OUAKING GRASS-BRIZA MAXIMA** 

If, under this transit or aspect of Uranus on your Sun in Aries, you are intolerant and too demanding of others, you find it difficult to compromise, you do not allow anyone to come between you and your goals, you have a sharp attitude with which you clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli and your horror of routine, or you put off making the major changes you need to make; you live in a climate of high tension, these elixirs will help you to avoid extreme situations or paroxysmal acts, to change something in your life to live something else, to have other centres of interest, to take more and more independence with more flexibility, to determine your goals carefully, to become aware that certain things absolutely must change, to accept that a page of your life is turning and that you have all the capacities required to bring about the desired change.

#### 131. Transit or aspect of Uranus to your Sun in Taurus

Floral elixir for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA

If, under this transit or this aspect of Uranus on your Sun in Taurus, you hesitate in period of transition, you have difficulties in taking the step, you obstinate yourself in spite of all the obvious ones, you do not allow anybody to interpose between you and your goals, you have a sharp behaviour with which you clash with the others, or then, you are afraid to follow a more audacious way, while putting back to later the important changes which are necessary, you resist the changes, you live in a climate of high tension, this elixir will help you to transform your resistance into resources, to change something in your life to live something else, to have other centres of interest, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware

that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

# 132. Transit or aspect of Uranus to your Sun in Gemini

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Sun in Gemini, you're hesitating in a period of transition, you find it difficult to take the plunge, you tend to over-intellectualise reality, you don't allow anyone to come between you and your goals, you have an over-excited behaviour with which you clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli and your horror of routine, or you are afraid to follow a bolder path, while putting off the major changes you need to make, you resist changes, you live in a climate of high tension, you do not support any constraint or any form of authority, these elixirs will help you to break with a bygone know-how, to change something in your life to live something else, to have other centres of interests, to take more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

# 133. Transit or aspect of Uranus to your Sun in Cancer



WALNUT-WALNUT-JUGLANS REGIA



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Uranus on your Sun in Cancer, you are hesitating in a period of transition, you find it difficult to take the plunge, you are on the defensive, waiting for the hostility of others, you don't allow anyone to come between you and your goals, you have difficulty sticking to a set path because of your constant need for new stimuli, or you are afraid to follow a bolder path, while postponing the major changes that are needed, you resist change, you live in a climate of high tension, these elixirs will help you to break with your negative emotions and the traditions that enslave you, to change something in your life to live something else, to have other centres of interest, to become increasingly independent, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

### 134. Transit or aspect of Uranus to your Sun in Leo

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



SUNFLOWER-SUNFLOWER-HELIANTHUS ANNUUS

If, under this transit or aspect of Uranus on your Sun in Leo, you are hesitating in a period of transition, you find it difficult to take the plunge, you are self-effacing, you put yourself forward in an inordinate way, you underestimate yourself, you are arrogant, you don't allow anyone to come between you and your goals, you have a sharp attitude with which you clash with others, you find it difficult to stay on a set course because of your constant need for new stimuli and your horror of routine, or you put off making the major changes that are needed, you resist change, you live in a climate of high tension, you do not support any constraint or any form of authority, these elixirs will help you to break with all that does not allow a noble expression of yourself any more, to change something in your life to live something else, to have other centres of interests, to take more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

### 135. Transit or aspect of Uranus to your Sun in Virgo

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



EAU DE ROCHE-ROCK WATER-AQUA PETRA

If, under this transit or aspect of Uranus on your Sun in Virgo, you are strict with yourself, you reject all pleasures, you find it difficult to take the plunge, you don't allow anyone to come between you and your goals, you find it difficult to stay on a set course because of your constant need for new stimuli, or else, you're afraid to follow a bolder path, while putting off making the major changes you need to make, you resist change, you live in a climate of high tension, you can't stand constraint or any form of authority, These elixirs will help you to think in a more modern way, to free yourself from all conservative influences in order to aim for innovative effectiveness, to change something in your life in order to live something else, to have other centres of interest, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

#### 136. Transit or aspect of Uranus to your Sun in Libra



WALNUT-WALNUT-JUGLANS REGIA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Sun in Libra, you're hesitating during a period of transition, you find it difficult to take the plunge, you tend to over-intellectualise reality, you don't allow anyone to come between you and your goals, you have difficulty sticking to a set path because of your constant need for new stimuli and your horror of routine, or you're afraid of taking a bolder path, while putting off making the major changes you need to make; you resist change and live in a climate of high tension, These elixirs will help you to remain autonomous in your choices while respecting those of others, to change something in your life to live something else, to have other centres of interest, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

# 137. Transit or aspect of Uranus to your Sun in Scorpio

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



PEACH-PEACH-PRUNUS PERSICA

If, under this transit or aspect of Uranus on your Sun in Scorpio, you are hesitating during a period of transition, you find it difficult to take the plunge, you are too focused on your problems, you find it difficult to tolerate any form of authority, you take your tendency to expose others too far, you don't allow anyone to stand between you and your goals, you have an irritating behaviour with which you clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli, or you are afraid to follow a bolder path, while putting off making the major changes that are needed, you resist change, you live in a climate of high tension, you can't stand constraint or any form of authority, these elixirs will help you to release tension, to break with omnipotence, to change something in your life to live something else, to have other centres of interest, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear

and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

## 138. Transit or aspect of Uranus to your Sun in Sagittarius

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



QUAKING GRASS-BRIZA MAXIMA

If, under this transit or aspect of Uranus on your Sun in Sagittarius, you are hesitating in a period of transition, you have difficulty in taking the plunge, you have difficulty in making compromises, in integrating yourself into a group, you have difficulty with any form of authority, you don't allow anyone to stand between you and your goals, you behave in an exalted way that causes you to clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli and your horror of routine, or you put off making the major changes that are needed, you live in a climate of high tension, These elixirs will help you to reject old beliefs, limited truths and cumbersome morals, to seek out truths better suited to your thirst for freedom, to change something in your life to live something else, to have other interests, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

#### 139. Transit or aspect of Uranus to your Sun in Capricorn



WALNUT-WALNUT-JUGLANS REGIA



EAU DE ROCHE-ROCK WATER-AQUA PETRA

If, under this transit or aspect of Uranus on your Sun in Capricorn, you reject all pleasures, you are hard on yourself, you shock with coldness, you find it difficult to take the plunge, you don't allow anyone to come between you and your goals, you have a brusque behaviour with which you clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli, or you are afraid to follow a more daring path, while putting off the major changes that are needed; you resist change, you live in a climate of high tension, you do not support any constraint or any form of authority, these elixirs will help you to renovate the bases of your ambitions, to change something in your life to live something else, to have other centres of interests, to take more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

# 140. Transit or aspect of Uranus to your Sun in Aquarius

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Sun in Aquarius, you're hesitating in a period of transition, you find it difficult to take the plunge, you tend to over-intellectualise reality, you don't allow anyone to come between you and your goals, you have a sharp attitude with which you clash with others, you have difficulty sticking to a set path because of your constant need for new stimuli and your horror of routine, or else you're afraid of taking a bolder path, while putting off making the major changes that are needed; you resist change, these elixirs will help you to integrate new knowledge that prefigures humanity to come, to change something in your life to live something else, to have other centres of interest, to take on more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely

must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

# 141. Transit or aspect of Uranus to your Sun in Pisces

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



LOTUS-LOTUS-NELUMBO NUCIFERA

If, under this transit or aspect of Uranus on your Sun in Pisces, your idealism is excessive, you tend to lose touch with reality, you hesitate in times of transition, you find it difficult to take the plunge or to stay on a clear-cut path, you don't allow anyone to come between you and your goals, you have a sharp attitude with which you clash with others, you find it difficult to stay on a set path because of your constant need for new stimuli, or you are afraid to follow a bolder path, while putting off making the major changes that are needed, you resist changes, you live in a climate of high tension, you do not support any constraint or any form of authority, these elixirs will help you to give up the objectives which are not any more carrying, to change something in your life to live something else, to have other centres of interests, to take more and more independence, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to become aware that certain things absolutely must change, to accept that a page in your life is turning and that you have all the capacities required to bring about the desired change.

## 142. Transit or aspect of Uranus on your Moon in Aries

Floral elixir for this planetary aspect or transit:



CAMOMILE-CHAMOMILE-MATRICARIA RECUTITA

If, under this transit or aspect of Uranus on your Moon in Aries, you feel upset, in a bad mood, hyperactive, angry and emotionally tense, you have insomnia, you have difficulty calming down, you refuse any change, any autonomy capable of freeing you from your dependencies, you have difficulty adapting to change in your daily life, or you repress emotions

that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, this elixir will help you in your need to change something in your everyday life, to open yourself up to a more autonomous and freer lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 143. Transit or aspect of Uranus on your Moon in Taurus

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



HONEYSUCKLE-LONICERA CAPRIFOLIUM

If, under this transit or aspect of Uranus on your Moon in Taurus, you're nostalgic, you can't let go of the past, you're hesitant in a period of transition, you refuse any change, any autonomy capable of freeing you from your dependencies, your offbeat solitary reveries and a routine daily life, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine that you find so unbearable, these elixirs will help you to capture all the potential of the present, to use the past in a positive way, to change something in your everyday life, to open yourself up to a more autonomous and freer lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

## 144. Transit or aspect of Uranus on your Moon in Gemini



ALPINE LILY-LILIUM PARVUM



POISON OAK-TOXICODENDRON DIVERSILOBUM

If, under this transit or aspect of Uranus on your Moon in Gemini, you tend to reject or block your emotions or your sensitivity, to integrate or release the sensitive part of your personality, you are afraid of intimate contact, you feel rejected, you refuse any change, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine which insuppresses you at the highest point, these elixirs will help you to change something in your everyday life, to open you to a style of life more autonomous and freer, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 145. Transit or aspect of Uranus to your Moon in Cancer

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



DILL-ANETHUM GRAVEOLENS

If, under this transit or aspect of Uranus on your Moon in Cancer, you're hesitating during a period of transition, you're finding it difficult to take the plunge, you're tense and you live in the city, you're finding it difficult to keep up with everyday life, you're refusing any change, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine which insuppresses you at the highest point, these elixirs will help you to change something in your everyday life, to open you to a style of life more autonomous and freer, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 146. Transit or aspect of Uranus on your Moon in Leo

Floral elixir for this planetary aspect or transit:



CAMOMILE-CHAMOMILE-MATRICARIA RECUTITA

If, under this transit or aspect of Uranus on your Moon in Leo, you feel upset, in a bad mood, emotionally tense, you have insomnia, you refuse any change, any autonomy capable of freeing you from your dependencies, from your offbeat solitary reveries and from a routine daily life, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, this elixir will help you to change something in your everyday life, to open yourself up to a freer, more autonomous lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 147. Transit or aspect of Uranus to your Moon in Virgo

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



VALERIAN-VALERIANA OFFICINALIS

If, under this transit or aspect of Uranus on your Moon in Virgo, you are hesitating during a period of transition, you find it difficult to relax or unwind at the end of the day, crushed by work and responsibilities, you refuse any change, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine which insuppresses you at the highest point, these elixirs will help you to change something in your everyday life, to open you to a style of life more autonomous and freer, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to

reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 148. Transit or aspect of Uranus to your Moon in Libra

Floral elixir for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS

If, under this transit or aspect of Uranus on your Moon in Libra, your mood swings are frequent and you are hesitant to make a choice, you refuse any change, any autonomy capable of freeing you from your dependencies, from your offbeat solitary reveries and from a routine daily life, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, this elixir will help you to change something in your everyday life, to open yourself up to a freer, more autonomous lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 149. Transit or aspect of Uranus on your Moon in Scorpio

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



DILL-ANETHUM GRAVEOLENS

If, under this transit or aspect of Uranus on your Moon in Scorpio, you are tense and live in the city, you find it difficult to keep up with everyday life, you hesitate during a period of transition, you find it difficult to take the plunge, you refuse any change, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine which insuppresses you at the highest point, these elixirs will help you to change something in your everyday life, to open you to a style of life more autonomous and freer, to break the chain of your attachments so that you can awaken to a more en-

riching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone life-style, to accept that change is inevitable.

## 150. Transit or aspect of Uranus on your Moon in Sagittarius

Flower essences for this planetary aspect or transit:



MAYÚ-NEW ZEALAND FOREST-SOPHORA MACROCARPA



CAMOMILE-CHAMOMILE-MATRICARIA RECUTITA

If, under this transit or aspect of Uranus on your Moon in Sagittarius, you feel upset, in a bad mood, emotionally tense, you have insomnia, you are exalted, you refuse any change, any autonomy capable of freeing you from your dependencies, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, these elixirs will help you to change something in your everyday life, to open yourself up to a freer, more autonomous lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

## 151. Transit or aspect of Uranus on your Moon in Capricorn



WALNUT-WALNUT-JUGLANS REGIA



HONEYSUCKLE-LONICERA CAPRIFOLIUM

If, under this transit or aspect of Uranus on your Moon in Capricorn, you're nostalgic, you're unable to detach yourself from the past, you're hesitant in a period of transition, you lack interest in the present, you refuse any change, any autonomy capable of freeing you from your dependencies, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, these elixirs will help you to capture all the potential of the present, to use the past in a positive way, to change something in your everyday life, to open yourself up to a more independent and freer lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

## 152. Transit or aspect of Uranus to your Moon in Aquarius

Flower essences for this planetary aspect or transit:



ALPINE LILY-LILIUM PARVUM



POISON OAK-TOXICODENDRON DIVERSILOBUM

If, under this transit or aspect of Uranus on your Moon in Aquarius, you tend to reject or block your emotions or sensitivity, to integrate or release the sensitive part of your personality, you are afraid of intimate contact, you feel rejected, you refuse any change, you have difficulty adapting to change in your everyday life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, you refuse the daily routine which insuppresses you at the highest point, these elixirs will help you to change something in your everyday life, to open you to a style of life more autonomous and freer, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

# 153. Transit or aspect of Uranus to your Moon in Pisces

Flower essences for this planetary aspect or transit:



DILL-ANETHUM GRAVEOLENS

If, under this transit or aspect of Uranus on your Moon in Pisces, you are tense and you live in the city, you find it difficult to keep up with everyday life, you refuse any change, any autonomy capable of freeing you from your dependencies, your offbeat solitary reveries and a routine daily routine, you have difficulty adapting to change in your daily life, or you repress emotions that you consider to be inconceivable weaknesses, you feel a powerful and constant desire for novelty and excitement, this elixir will help you to change something in your everyday life, to open yourself up to a freer, more autonomous lifestyle, to break the chain of your attachments so that you can awaken to a more enriching life, to carefully determine your goals, to put aside the negative thoughts that anchor you in fear and doubt, to reject routine in your daily life, to draw a line under a bygone lifestyle, to accept that change is inevitable.

## 154. Transit or aspect of Uranus over your Mercury in Aries

Floral elixir for this planetary aspect or transit:



CALENDULA-GARDEN MARIGOLD-CALENDULA OFFICINALIS

If, under this transit or aspect of Uranus on your Mercury in Aries, you lack communication, your listening is superficial, your way of expressing yourself is hurtful, you are quickly irritated by the slowness of others' thinking, your mind is constantly under tension and you find it difficult to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, your undifferentiated curiosity prevents you from concentrating on specific subjects, resistant to any system or discipline, you don't see that the unconstrained freedom you claim denies you any form of autonomy, this elixir will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

## 155. Transit or aspect of Uranus over your Mercury in Taurus

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Taurus, you're hesitating in a period of transition, you tend to over-intellectualise reality while being confined to knowledge that is inoperative and unsuited to today's life, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you seem incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to awaken to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen in order to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 156. Transit or aspect of Uranus over your Mercury in Gemini



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Gemini, you tend to overintellectualise reality, you are quickly irritated by the slowness of others' thinking, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else, your mind works so fast that you are irritated by the slowness of other people's thinking, you can't channel your ideas into an ordered, hierarchical intellectual structure, your undifferentiated curiosity prevents you from concentrating on specific subjects, and you resist all systems and all discipline, These elixirs will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication. These elixirs will bring you peace of mind and relax your mental tensions, awakening you to a more transcendent knowledge, to a broader, more detached vision, freeing you from any intellectual authority, helping you to listen so you can participate more fully in any discussion, preventing you from being in reaction mode to the opinions of others, taking stock of your opinions, going beyond received ideas and, if necessary, changing your way of thinking, analysing and arguing.

# 157. Transit or aspect of Uranus to your Mercury in Cancer

Floral elixir for this planetary aspect or transit:



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Cancer, you have a tendency to over-intellectualise reality while being confined to inoperative knowledge unsuited to to-day's life, your mind is constantly under tension and you find it difficult to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, your undifferentiated curiosity prevents you from concentrating on specific subjects, resistant to any system or discipline, you don't see that the unconstrained freedom you claim denies you any form of autonomy, this elixir will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more

detached vision, to free you from any intellectual authority, to listen to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 158. Transit or aspect of Uranus over your Mercury in Leo

Flower essences for this planetary aspect or transit:



**HEATHER-CALLUNA VULGARIS** 



VERVAIN-VERBENA OFFICINALIS

If, under this transit or aspect of Uranus on your Mercury in Leo, you are intolerant, you are confined to a knowledge that is inoperative and unsuited to today's life, you constantly need the attention of others, to be the centre of interest, your mind is constantly under tension and you find it difficult to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to develop the ability to listen to and take an interest in others, to awaken you to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free yourself from any intellectual authority, to listen so as to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 159. Transit or aspect of Uranus over your Mercury in Virgo

Floral elixir for this planetary aspect or transit:



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Virgo, you have a tendency to over-intellectualise reality while being confined to inoperative knowledge unsuited to today's life, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, your undifferentiated curiosity prevents you from concentrating on specific subjects, resistant to any system or discipline, you don't see that the unconstrained freedom you claim denies you any form of autonomy, this elixir will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

## 160. Transit or aspect of Uranus to your Mercury in Libra

Floral elixir for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



CAYENNE-CAYENNE-CAPSICUM ANNUUM

If, under this transit or aspect of Uranus on your Mercury in Libra, you are constantly changing opinions while being confined to knowledge that is inoperative and unsuited to life today, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you seem incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, You refuse to open yourself up to points of view other than your own, you deny yourself any curiosi-

ty that does not fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to awaken to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen so as to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 161. Transit or aspect of Uranus over your Mercury in Scorpio

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Uranus on your Mercury in Scorpio, your thoughts are obsessive or repetitive, you are preoccupied and anxious, you find it difficult to hear any point of view other than your own, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to awaken to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen in order to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 162. Transit or aspect of Uranus over your Mercury in Sagittarius

Floral elixir for this planetary aspect or transit:



VERVAIN-VERBENA OFFICINALIS

If, under this transit or aspect of Uranus on your Mercury in Sagittarius, your zeal is excessive, you are fanatical, you are confined to a philosophical knowledge that is inoperative and unsuited to today's life, your mind is constantly under tension and you find it difficult to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, your undifferentiated curiosity prevents you from concentrating on specific subjects, resistant to any system or discipline, you don't see that the unconstrained freedom you claim denies you any form of autonomy, this elixir will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 163. Transit or aspect of Uranus over your Mercury in Capricorn



WALNUT-WALNUT-JUGLANS REGIA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Capricorn, you tend to overintellectualise reality while being confined to a scientific knowledge that is inoperative and unsuited to today's life, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to awaken to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen in order to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

# 164. Transit or aspect of Uranus to your Mercury in Aquarius

Flower essences for this planetary aspect or transit:



IMPATIENS-IMPATIENS GLANDULIFERA



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Aquarius, you tend to over-intellectualise reality, you are quickly irritated by the slowness of others' thinking, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else, your mind works so quickly that you are irritated by the slowness of other people's thinking, you can't manage to channel your ideas into an ordered and hierarchical intellectual structure, your undifferentiated curiosity prevents you from concentrating on specific subjects, resistant to any system or discipline, These elixirs will help you to awaken to a freer, more emancipated world of ideas, to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication. These elixirs will bring you greater peace of mind and relax your mental tensions, awakening you to a more transcendent knowledge, a broader, more de-

tached vision, freeing you from any intellectual authority, helping you to listen so that you can participate more fully in any discussion, preventing you from being in reaction mode to the opinions of others, taking stock of your opinions, going beyond received ideas and, if necessary, changing your way of thinking, analysing and arguing.

# 165. Transit or aspect of Uranus over your Mercury in Pisces

Flower essences for this planetary aspect or transit:



BLACKBERRY-RUBUS ARMENIACUS



GREAT DAISY-SHASTA DAISY-LEUCANTHEMUM MAXIMUM

If, under this transit or aspect of Uranus on your Mercury in Pisces, you have a tendency to over-intellectualise reality while being confined to knowledge that is inoperative and unsuited to today's life or you can't put your ideas into practice, your mind is constantly under tension and you find it hard to relax nervously, your mind is overwhelmed by flashes of insight to such an extent that you appear incoherent in your ideas, you impose your convictions and certainties which seem to forbid any reply, any questioning, you refuse to open yourself up to points of view other than your own, you forbid yourself any curiosity that doesn't fall within a precise and highly systematised field, or else your mind works so quickly that you are irritated by the slowness of other people's thinking, you don't manage to channel your ideas into an ordered and hierarchical intellectual construction, Your undifferentiated curiosity prevents you from concentrating on specific subjects, you're resistant to any system or discipline, and you can't see that the unconstrained freedom you claim denies you any form of autonomy. These elixirs will help you to awaken to a freer, more emancipated world of ideas, and to formulate innovative and original ideas, to think in a more autonomous way and to move to another level of communication to awaken you to a more transcendent knowledge, to a broader, more detached vision, to free you from any intellectual authority, to listen in order to better participate in any discussion, to avoid being in reaction mode to the opinions of others, to take stock of your opinions, to go beyond received ideas and if necessary to change your way of thinking, analysing and arguing.

#### 166. Transit or aspect of Uranus to your Venus in Aries



PEACH-PEACH-PRUNUS PERSICA



QUAKING GRASS-BRIZA MAXIMA

If, under this transit or aspect of Uranus on your Venus in Aries, you are too focused on your own problems and you are unable to open up to others and to the world, inflexible, you find it hard to compromise, you live under the domination of an uncontrollable affections and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you feel that any attachment is a waste of time, for fear of being rejected or suffering in love, out of selfdefence you behave with coldness and cynicism, tense, brittle and haughty, you live love at cross-purposes, when you should be seducing, charming and surrendering to your emotions, these elixirs will help you to release tension, to break away from relationships that no longer satisfy you or that have become too routine and will make you more flexible and receptive, opening you up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship you feel alienates you, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 167. Transit or aspect of Uranus to your Venus in Taurus



WALNUT-WALNUT-JUGLANS REGIA



HONEYSUCKLE-LONICERA CAPRIFOLIUM

If, under this transit or aspect of Uranus on your Venus in Taurus, you're nostalgic, you're unable to detach yourself from the past, you're hesitant during a period of transition, you live under the domination of an uncontrollable affections and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like halfheartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you preach your independence but you cannot stand the slightest manifestation of independence in the other person, you are submissive to your overactive desires, you depend too much on someone, or else you forbid yourself any feelings or emotions that you consider to be weaknesses, You refuse and resent any close relationship, you believe that any attachment is a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty you live love at the wrong time, when you should be seducing, charming, abandoning yourself to your emotions, these elixirs will help you to capture all the potential of the present, to use the past in a positive way, to break with relationships which no longer satisfy you or which have become too routine, to get rid of the links from the past which are holding back your evolution or "the step forward", to open yourself up to a freer and more enriching life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship you feel alienates you, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 168. Transit or aspect of Uranus over your Venus in Gemini

Floral elixir for this planetary aspect or transit:



TABACUM-TOBACCO-NICOTIANA TABACUM

If, under this transit or aspect of Uranus on your Venus in Gemini, you feel insensitive, you've lost your heart's connection with those around you or with your environment, you feel nervous, tense, you breathe superficially, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relation-

ships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, This elixir will help you to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship felt to be alienating, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 169. Transit or aspect of Uranus to your Venus in Cancer

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Uranus on your Venus in Cancer, the weight of your emotions is too intense, you risk a break-up in your relationships, attached to the past you cannot envisage change, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses from the heart, you lose all self-control, demanding, you do not like lukewarmness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you preach your independence but you cannot stand the slightest manifestation of independence in the other person, you are submissive to your overactive desires, you depend too much on someone, or else you forbid yourself any feelings or emotions that you consider to be weaknesses, You refuse and resent any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty you live love at the wrong time, when you should be seducing, These elixirs will help you to break away from relationships that no longer satisfy you or that have become too routine, to get rid of the ties of the past that are holding you back, to open yourself up to a freer and more enriching life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship you feel alienates you, to shake up the attachments that prevent your relationships from

evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

# 170. Transit or aspect of Uranus to your Venus in Leo

Flower essences for this planetary aspect or transit:



ROSE CINNAMON-ZIMTROSE-ROSA MAJIS



PEACH-PEACH-PRUNUS PERSICA

If, under this transit or aspect of Uranus on your Venus in Leo, you are too focused on your problems and you are unable to open up to others and to the world, you risk a rupture in your relationships, the sentimental path you are following is a dead end, you live under the domination of an uncontrollable affections and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and halfmeasures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty, you live love at cross-purposes, when you should be seducing, charming and surrendering to your emotions, these elixirs will help you to open yourself up to new, more rewarding encounters, to release tension, to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer, more rewarding life in relationships, draw a line under relationships that no longer bring you satisfaction, question any relationship that you feel alienates you, shake up the attachments that prevent your relationships from evolving, gain your independence by taking the risk of being yourself in open contact with others, learn detachment, autonomy and freedom through love.

## 171. Transit or aspect of Uranus to your Venus in Virgo



WALNUT-WALNUT-JUGLANS REGIA



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Uranus on your Venus in Virgo, you are hesitating in a period of transition, you risk a break-up in your relationships, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses from the heart, you lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, These elixirs will help you to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship felt to be alienating, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 172. Transit or aspect of Uranus to your Venus in Libra

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



CAYENNE-CAYENNE-CAPSICUM ANNUUM

If, under this transit or aspect of Uranus on your Venus in Libra, your relationships are not harmonious, you risk a rupture in your relationships or you are torn between two extremes, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like halfheartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, These elixirs will help you to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship felt to be alienating, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 173. Transit or aspect of Uranus to your Venus in Scorpio

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



ROSE CINNAMON-ZIMTROSE-ROSA MAJIS

If, under this transit or aspect of Uranus on your Venus in Scorpio, the weight of your emotions is too intense, you're possessive, you risk a break-up in your relationships and the sentimental path you're following is a dead end, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you

lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you feel that any attachment is a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty, you live love at cross-purposes, these elixirs will help you to open up to new, more authentic encounters, to break with relationships that no longer satisfy you or that have become too routine, to open up to a freer and more enriching life in relationships, draw a line under relationships that are no longer satisfying, question any relationship that feels alienating, shake up the attachments that are preventing your relationships from evolving, gain your independence by taking the risk of being yourself in open contact with others, learn detachment, autonomy and freedom through love.

# 174. Transit or aspect of Uranus to your Venus in Sagittarius

Floral elixir for this planetary aspect or transit:



PEACH-PEACH-PRUNUS PERSICA

If, under this transit or aspect of Uranus on your Venus in Sagittarius, you are too focused on your problems and you are unable to open up to others and to the world, you risk a rupture in your relationships, the sentimental path you are following is a dead end, you live under the domination of an uncontrollable affections and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and halfmeasures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you feel that any attachment is a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty, you live love at cross-purposes, these elixirs will help you to open up to new, more positive encounters, to release tension, to break away from relationships that no longer satisfy you or that have become too routine, to open up to a freer, more rewarding life in relationships, draw a line under relationships that no longer bring you satisfaction, question any relationship that you feel alienates you, shake up the attachments that prevent your relationships from evolving, gain your independence by taking the risk of being yourself in open contact with others, learn detachment, autonomy and freedom through love.

## 175. Transit or aspect of Uranus to your Venus in Capricorn



WALNUT-WALNUT-JUGLANS REGIA



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Uranus on your Venus in Capricorn, you are hesitating in a period of transition, you risk a break-up in your relationships, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, These elixirs will help you to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship felt to be alienating, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

## 176. Transit or aspect of Uranus to your Venus in Aquarius

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



ROSE CINNAMON-ZIMTROSE-ROSA MAJIS

If, under this transit or aspect of Uranus on your Venus in Aquarius, you risk a break-up in your relationships and the sentimental path you're following is a dead end, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and halfmeasures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you feel that any attachment is a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, brittle and haughty, you live love at cross-purposes, these elixirs will help you to open up to new, more positive encounters, to break with relationships that no longer satisfy you or that have become too routine, to open up to a freer and more enriching life in relationships, draw a line under relationships that no longer bring you satisfaction, question any relationship that feels alienating, shake up the attachments that prevent your relationships from evolving, gain your independence by taking the risk of being yourself in open contact with others, learn detachment, autonomy and freedom through love.

## 177. Transit or aspect of Uranus to your Venus in Pisces

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



SHOOTING STAR-DODECATHEON HENDERSONII

If, under this transit or aspect of Uranus on your Venus in Pisces, the weight of your emotions is too intense, you feel rejected, excluded, you risk a rupture in your relationships, you live under the domination of an uncontrollable affectivity and you love without moderation, carried away by your impulses, you lose all self-control, demanding, you don't like half-heartedness and half-measures in your love relationships: you need the unexpected, the exceptional, adventure, a climate of tension, to be able to really love, you advocate your independ-

ence but you cannot stand the slightest manifestation of independence in another person, you are submissive to your overactive desires, you depend too much on someone, or else, you forbid yourself any feelings or emotions that you consider to be weaknesses, you refuse and resent to the utmost any close relationship, you consider any attachment to be a waste of time, for fear of being rejected or suffering in love, out of self-defence you behave with coldness and cynicism, tense, These elixirs will help you to break away from relationships that no longer satisfy you or that have become too routine, to open yourself up to a freer and more rewarding life in relationships, to draw a line under relationships that no longer bring you satisfaction, to question any relationship felt to be alienating, to shake up the attachments that prevent your relationships from evolving, to gain your independence by taking the risk of being yourself in open contact with others, to learn detachment, autonomy and freedom through love.

# 178. Transit or aspect of Uranus to your Mars in Aries

Flower essences for this planetary aspect or transit:



**BEECH-FAGUS SYLVATICA** 



DANDELION-TARAXACUM OFFICINALIS

If, under this transit or aspect of Uranus on your Mars in Aries, you are rigid, physically tense, impatient, intolerant and overly demanding or critical of others, you act and fight without first working out a clear and precise strategy, your aggressiveness manifests itself like an electric shock that doesn't know where to go, you are extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed by your stereotyped actions you do not answer the call of bottom needing a radical change, or then, your need for excitations always renewed is predominant, you always undertake something new without really feeling satisfaction for what you do, these elixirs will help you to act in all freedom, to affirm you in an autonomous way, to carry out changes of warlike strategies. These elixirs will help you to find satisfaction in what you do, to break with routine activities that no longer allow you to progress, not to wait until you reach the breaking point before taking the necessary decisions, to put aside your fears and doubts, and to be less tense when change is inevitable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more au-

tonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 179. Transit or aspect of Uranus to your Mars in Taurus

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



WILD BLACKBERRY-BLACKBERRY-RUBUS FRUTICOSUS

If, under this transit or aspect of Uranus on your Mars in Taurus, you have a tendency to inaction or if you lack the initial impetus and find it difficult to take the plunge, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You're extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotypical actions, you don't respond to the call from deep within for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 180. Transit or aspect of Uranus on your Mars in Gemini

Floral elixir for this planetary aspect or transit:



CALENDULA-GARDEN MARIGOLD-CALENDULA OFFICINALIS

If, under this transit or aspect of Uranus on your Mars in Gemini, you lack communication, your listening is superficial, your way of expressing yourself is hurtful, you act and fight with-

out first working out a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You are extremely tense when you have no outlet to channel it; you excel in the art of setting yourself impossible challenges; absorbed in your stereotypical actions, you don't respond to the fundamental call for radical change, or else, your need for ever-renewed excitement is predominant, you're always undertaking something new without really feeling the satisfaction of what you're doing, this elixir will help you to act in complete freedom, to assert yourself autonomously, to change your warrior strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 181. Transit or aspect of Uranus to your Mars in Cancer

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Uranus on your Mars in Cancer, you are on the defensive, waiting for the other person's hostility, you find it difficult to take the plunge, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You're extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotypical actions you don't respond to the call from deep within for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 182. Transit or aspect of Uranus on your Mars in Leo

Floral elixir for this planetary aspect or transit:



BEECH-FAGUS SYLVATICA



**OUAKING GRASS-BRIZA MAXIMA** 

If, under this transit or aspect of Uranus on your Mars in Leo, you are intolerant and too demanding or critical of others, your attachment to your personal will is excessive, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You're extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotyped actions you don't respond to the call from deep within for radical change, or else, your need for ever-renewed excitement is predominant, you're always undertaking something new without really feeling the satisfaction of what you're doing, these elixirs will help you to act with complete freedom, to assert yourself autonomously but with greater flexibility, to change your warrior strategies, to break with routine activities that no longer allow you to progress, not to wait until you reach the breaking point before taking the necessary decisions, to put aside your fears and doubts, to be less tense when change is inevitable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 183. Transit or aspect of Uranus to your Mars in Virgo



WALNUT-WALNUT-JUGLANS REGIA



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Uranus on your Mars in Virgo, you find it difficult to take the plunge, you're on the defensive, waiting for the other person's hostility, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You are extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotyped actions, you don't respond to the fundamental call for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 184. Transit or aspect of Uranus on your Mars in Libra

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Uranus on your Mars in Libra, you find it difficult to take the plunge, you are focused on your physical appearance and feel rejected by others, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You are extremely tense when you have no outlet to channel it; you excel in the art of setting yourself impossible challenges; absorbed in your stereotypical actions, you fail to respond to the deep-rooted call for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 185. Transit or aspect of Uranus to your Mars in Scorpio

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



EASTER LILY-LILIUM LONGIFLORUM

If, under this transit or aspect of Uranus on your Mars in Scorpio, you are hesitating during this period of transition, you find it difficult to take the plunge, you are tense because of your sexuality, you experience conflicts on a sexual level, you act and fight without first drawing up a clear and precise strategy, your aggression manifests itself like an electric shock that doesn't know where to go, you're extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotypical actions you don't respond to the call from deep within for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 186. Transit or aspect of Uranus to your Mars in Sagittarius



**BEECH-FAGUS SYLVATICA** 



**QUAKING GRASS-BRIZA MAXIMA** 

If, under this transit or aspect of Uranus on your Mars in Sagittarius, you are intolerant and too demanding or critical of others, you find it difficult to make compromises, to fit into a group, you act and fight without first working out a clear and precise strategy, your aggression manifests itself like an electric shock that doesn't know where to go, you're extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotypical actions you don't respond to the call from deep within for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 187. Transit or aspect of Uranus to your Mars in Capricorn

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Uranus on your Mars in Capricorn, you find it difficult to take the plunge, you're on the defensive, waiting for the other person's hostility, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You are extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotyped actions, you don't respond to the fundamental call for radical change, or else, your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to act in complete freedom, to assert yourself in an

autonomous way, to proceed to changes of warlike strategies, to break with the routine activities which do not enable you any more to progress, not to wait to arrive at the stage of the rupture to take the decisions which are necessary, to put aside your fears and your doubts, to be less tended when the change is inescapable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

# 188. Transit or aspect of Uranus to your Mars in Aquarius

Flower essences for this planetary aspect or transit:



DANDELION-TARAXACUM OFFICINALIS



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Uranus on your Mars in Aquarius, you are rigid, tense, you are on the defensive, waiting for the other person's hostility, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric discharge, You are extremely tense when you have no outlet to channel it; you excel in the art of setting yourself impossible challenges; absorbed in your stereotyped actions, you don't respond to the basic call for radical change, or else, your need for ever-renewed excitement is predominant, you're always undertaking something new without really feeling the satisfaction of what you're doing, these elixirs will help you to act in complete freedom, to assert yourself autonomously, to change your warrior strategies, to break with routine activities that no longer allow you to progress, not to wait until you reach the breaking point before taking the necessary decisions, to put aside your fears and doubts, to be less tense when change is inevitable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 189. Transit or aspect of Uranus to your Mars in Pisces



RED CLOVER-TRIFOLIUM PRATENSE



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Uranus on your Mars in Pisces, you are anxious, prone to panic, you are on the defensive, waiting for the other person's hostility, you act and fight without first drawing up a clear and precise strategy, your aggressiveness manifests itself like an electric shock that doesn't know where to go, you are extremely tense when you have no outlet to channel it, you excel in the art of setting yourself impossible challenges, absorbed in your stereotyped actions you don't respond to the basic call for radical change, or your need for constantly renewed excitement is predominant, you are always undertaking something new without really feeling the satisfaction of what you are doing, these elixirs will help you to remain calm and centred in the face of destabilising collective states of consciousness, to act in complete freedom and to assert yourself autonomously, to change your warrior strategies, to break away from routine activities that no longer allow you to progress, not to wait until you reach the breaking point before taking the necessary decisions, to put aside your fears and doubts, to be less tense when change is inevitable. Any change must respond to your desire to emancipate yourself, to feel freer, more independent and more autonomous. If your new strategies don't work, analyse the reasons and adopt different strategies.

## 190. Transit or aspect of Uranus on your Jupiter

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



SAGE-SAGE-SALVIA OFFICINALIS

If, under this transit or this aspect of Uranus on your Jupiter, you are torn between the need to conform to established morality and the need to free yourself from that which prevents you from feeling free, between a liberal spirit and a progressive spirit, between integration and independence, you have difficulty in making compromises, in integrating yourself into a group, these elixirs will help you to reject the beliefs and truths that no longer correspond to you, to set out in search of truths more suited to your expectations and your thirst for freedom, to remain confident despite the changes.

## 191. Uranus transits your Saturn

Flower essences for this planetary transit:



WALNUT-WALNUT-JUGLANS REGIA



EAU DE ROCHE-ROCK WATER-AQUA PETRA

If, under this transit of Uranus on your Saturn, you are hard on yourself, you tend to obstinately refuse everything that could emancipate you and make you freer, more independent, more autonomous, your concern for permanence prevails over the need to break with what no longer allows you to progress, you feel doubts, scepticism, an excess of foresight and the fear of impermanence, of all change and all chance, These elixirs will help you to feel stable, to emancipate yourself with a view to greater freedom, to find the right balance between indepth experimentation and the inner construction of lasting stability, to open yourself up to daring novelty, with all that this entails in terms of breaking with what is becoming too heavy to bear, too sclerotic.

#### 192. Transit of Uranus over your Uranus

Flower essences for this planetary transit:



WALNUT-WALNUT-JUGLANS REGIA

If, under this transit of Uranus on your Uranus, you hesitate in period of transition, you have difficulties to cross the step, these elixirs will help you to change something in your life to live something else, to take more and more independence.

## 193. Transit or aspect of Uranus on your Neptune

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



PEAR-WILD PEAR-PYRUS COMMUNIS

If, under this transit or this aspect of Uranus on your Neptune, your idealism is excessive, you tend to lose the sense of reality, you cross a period of great change, these elixirs will support a harmonious relation with your community, will help you to change something in your life to live something else.

## 194. Transit or aspect of Uranus on your Pluto

Flower essences for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA



VICTORIA D'AMAZONIE-VICTORIA REGIA-VICTORIA AMAZONICA

If, under this transit or this aspect of Uranus on your Pluto, you are torn between the desire for freedom and the need to control everything, you are subjected to great tensions, you have difficulties in taking the step to transform yourself, these elixirs will help you to break with all forms of resistance.

## 195. Transit or aspect of Saturn to your Sun in Aries

Flower essences for this planetary aspect or transit:



OAK-OAK-QUERCUS ROBUR



SCARLET MIMULUS-SCARLET MONKEYFLOWER-MIMULUS CARDINALIS

If, under this transit or aspect of Saturn on your Sun in Aries, your will is unbridled but tested by its limits, inflexible, you continue to fight in spite of everything, you tend to repress your anger or aggressiveness, the end justifying the means, you avoid any direct confrontation, with the inner certainty of losing in advance, you are afraid of being dominated by fear of the unknown, you tend to throw yourself blindly into life without considering the consequences of your actions, you simply doubt yourself, you have difficulty relaxing, feeling fully happy without feeling guilty, your sense of responsibility is more developed than in the average person and more than necessary, or else, you have an acute awareness of your limits and your defects to the point of underestimating you and feeling unworthy of interest, your creativity is then blocked and your ambition absent, these elixirs will help you to release your vitality paralysed by anger or to become aware of what you are really capable of doing, to maintain your body and to discipline it while taking account of its limits, assess your real possibilities before embarking on an adventure and build your life on more solid foundations; maintain your goals and your course with confidence, while ensuring your stability; analyse your failings in terms of willpower; acquire greater personal mastery; find the right balance between the times when you're busy and the times when you have free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an indepth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

## 196. Transit or aspect of Saturn to your Sun in Taurus



EAU DE ROCHE-ROCK WATER-AQUA PETRA



CAYENNE-CAYENNE-CAPSICUM ANNUUM

If, under this transit or aspect of Saturn on your Sun in Taurus, you repress all pleasures, you are cold and dogmatic, you are in a state of immobility or blockage and you lack motivation and enthusiasm, you are afraid of losing your acquired advantages or your well-being, you see well-being as pernicious to the extent that you have little tolerance for the jealousy and greed of others, you feel the need to fill a gap, a void, you tend to devalue yourself, to lose interest in the pleasant things in life, to compare yourself to others on the basis of what they have and not on the basis of what they are, you think that the end justifies the means, you remain closed on yourself rather than owing anything to anyone, these elixirs will help you to examine in depth your real capacities, to redefine concretely what in your life can give you real pleasure, to build your life on sure values, to stabilise your financial situation, to develop a wise strategy for sustaining what you've already achieved and to make every effort over the long term to build your life on more solid and realistic foundations, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you're busy and the times when you have free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an indepth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

## 197. Transit or aspect of Saturn on your Sun in Gemini



NASTURTIUM-NASTURTIUM-TROPAEOLUM MAJUS



**ROSEMARY-ROSMARINUS OFFICINALIS** 

If, under this transit or aspect of Saturn on your Sun in Gemini, you are overworked or mentally tired, you find it difficult to be present in your body, you are sullen, you feel uncomfortable in your environment and are very afraid of being humiliated in the eyes of others for your lack of skill and know-how, you lack curiosity, your need to have fun or to play is addictive, you tend to take refuge in solitary games with very limited prospects and making little use of your imagination, you overestimate your know-how and your ability to adapt, you feel ill at ease in your environment, these elixirs will help you to make the necessary efforts to build your life on solid foundations, to concretely evaluate your failures, your blunders and your mistakes, to examine in depth your power to adapt. To avoid spreading yourself too thin, limit your fields of interest, maintain your objectives and your course with confidence, while ensuring your stability, analyse your failings in terms of willpower, acquire greater personal mastery, find the right balance between the times when you're busy and the times when you have free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

### 198. Transit or aspect of Saturn to your Sun in Cancer



OLIVE-OLIVE-OLEA EUROPEA



MALLOW-MALVA SYLVESTRIS

If, under this transit or this aspect of Saturn on your Sun in Cancer, you lack vitality, you meet difficulties and you feel exhausted, you are withdrawn on yourself in a feeling of insecurity, you lack confidence, it is difficult for you to reach a feeling of durable safety in time, you are too attached and too dependent on those who give you a feeling of security or affection, you reject with coldness everything that could bring you comfort, these elixirs will help you to achieve the feeling of being fully satisfied with life, to make the effort and take the time to estimate your real needs of safety, to build your life on more solid and realistic bases and to manage the situations in a more pragmatic way while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failures on the level of the will, to acquire a greater personal control, to find a just balance between the moments when you are occupied and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

# 199. Transit or aspect of Saturn to your Sun in Leo

Flower essences for this planetary aspect or transit:



OAK-OAK-OUERCUS ROBUR



ORTIGABRAVA-LOASA TRICOLOR

If, under this transit or aspect of Saturn on your Sun in Leo, your will is unbridled but tested by its limits, you work too hard out of a sense of duty, inflexible, you continue to fight in spite of everything, you feel a desperate need to be recognised, you dream of becoming someone important, you seek popularity too obstinately, you overestimate yourself by placing too much importance on a sense of honour and loyalty, you fear being made to feel that you are not exceptional, you feel devitalised having lost all enthusiasm for life, these elixirs will help you to analyse your lack of self-confidence, your failings in terms of willpower, to build your individuality and acquire greater personal mastery, to build your life on solid founda-

tions while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you are busy and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

### 200. Transit or aspect of Saturn to your Sun in Virgo

Flower essences for this planetary aspect or transit:



SCOTS PINE-PINE-PINUS SYLVESTRIS



VALERIAN-VALERIANA OFFICINALIS

If, under this transit or aspect of Saturn on your Sun in Virgo, you are too self-critical, you feel responsible for everything, you feel guilty, you are crushed by work and responsibilities, you tend to systematise everything, you feel the lack of order as a feeling of imperfection or fear, you endlessly repeat the same gestures and perform servile tasks for others, you are obsessed by the need to be in good health, to lead a rhythmic, ordered and ritualised life, to receive attentive care, you live monotonous situations, these elixirs will help you to take an indepth look at your real ability to create order, to examine concretely your faults, shortcomings or imperfections which disorganise your life, to build your life on more solid foundations while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you are busy and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

## 201. Transit or aspect of Saturn to your Sun in Libra

Floral elixir for this planetary aspect or transit:



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Saturn on your Sun in Libra, you lack a maternal bond, you are incapable of expressing tenderness towards those close to you, your need for love is permanent, you are focused on your physical appearance or you are afraid of ageing, you complain about giving a lot to others and receiving little in return, you sacrifice harmony, your feelings, your values in the name of duty, you feel rejected and you unconsciously choose relationships that will hurt and disappoint you, this elixir will help you to modulate your expectations to avoid frustration, to make the efforts necessary to find harmony as well in yourself as through a relation, to evaluate your capacity to receive, to define serenely your share of the social responsibilities, to build your social life on more solid bases while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failures on the level of the will, to acquire a greater personal control, to find a just balance between the moments when you are occupied and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

## 202. Transit or aspect of Saturn to your Sun in Scorpio

Floral elixir for this planetary aspect or transit:



WILLOW-SALIX ALBA

If, under this transit or aspect of Saturn on your Sun in Scorpio, you are discouraged or despondent, you feel fearful on the sexual level, you feel incapable of achieving full and total satisfaction, you feel guilty about going ahead with the act, you are afraid of punishment, you have the impression of always being at fault in relation to the demands and expectations of others, you shout loud and clear your moral or religious convictions, imagining evil everywhere, declaring as sin everything that frightens you, you fear being manipulated during emotional exchanges, this elixir will help you to adopt a patient attitude towards sexuality while

taking into account your real possibilities, to draw excellent lessons from your sexual frustrations, to grasp the profound implications of your desires and the way in which you use all forms of power, whether financial, sexual, emotional, occult or spiritual, to go deep within yourself to examine your emotional burdens, your debts to others, your mistakes, your shortcomings, your resentments, your guilt, then to recognise them, assume them or purify them, develop an appropriate strategy for getting out of each crisis, defining concretely what is essential in your life and building it on realistic and solid foundations; maintain your objectives and your course with confidence, while ensuring your stability; analyse your failings in terms of willpower; acquire greater personal mastery; find the right balance between the times when you are busy and the times when you have free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

# 203. Transit or aspect of Saturn to your Sun in Sagittarius

Flower essences for this planetary aspect or transit:



ORTIGABRAVA-LOASA TRICOLOR



BIRCH-SILVER BIRCH-BETULA PENDULA

If, under this transit or aspect of Saturn on your Sun in Sagittarius, you feel tired, you lack dynamism, you have difficulty in understanding the meaning of life, you lack religious assurance, you believe in nothing because your upbringing was based on dogmatic and severe principles of life, you have difficulty accepting any authority other than your own, whether temporal or spiritual, you live by very strict rules, your search for the truth is hindered by excessive conservatism, you feel devitalised and have lost all enthusiasm for life, These elixirs will help you to formulate your ideals clearly, to stop repressing your enthusiasm and optimism, to make an effort to see what is too dogmatic in your attitudes, to build your life on more solid and realistic foundations while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you are busy and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an indepth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what

you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

## 204. Transit or aspect of Saturn on your Sun in Capricorn

Flower essences for this planetary aspect or transit:



OAK-OAK-QUERCUS ROBUR



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or aspect of Saturn on your Sun in Capricorn, your willpower is unbridled but tested by its limits, you work too hard out of a sense of duty, you are discouraged, despondent, desperate, inflexible, you continue to struggle in spite of everything, you are too serious and lack a sense of humour, or too rigid you are crushed by work, you are driven by a constant need to be recognised through your praiseworthy efforts, you are very sensitive to what others think about your own achievement, you are afraid of never achieving the goals you have set yourself, you have created your own obstacles to better endure, you are afraid of not measuring up, These elixirs will help you to free yourself through laughter, to make a constant effort to prove your worth, to take on major responsibilities, to build your life on more solid and realistic foundations while taking account of your real possibilities, and to achieve lasting stability, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you are busy and the times when you have free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

#### 205. Transit or aspect of Saturn to your Sun in Aquarius



NASTURTIUM-NASTURTIUM-TROPAEOLUM MAJUS



**ROSEMARY-ROSMARINUS OFFICINALIS** 

If, under this transit or this aspect of Saturn on your Sun in Aquarius, you are overworked or tired mentally you tend to privilege the intellect to the detriment of the physical one, you have evil to be present in your body you feel disincarnated, you are sullen, you have difficulties in fraternizing, you proclaim loud and clear that to feel different is a virtue and not a defect, you fill your life by many altruistic activities in such a way that you do not have time to confront you with yourself, These elixirs will help you to accurately assess the quality of your participation in the group to which you belong, to build your social and community life on more solid foundations while taking account of your real possibilities and material contingencies, and to accurately assess your real needs, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings in terms of willpower, to acquire greater personal mastery, to find the right balance between the times when you are busy and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

### 206. Transit or aspect of Saturn to your Sun in Pisces

Flower essences for this planetary aspect or transit:



CENTAURY-CENTAURIUM UMBELLATUM



RED CLOVER-TRIFOLIUM PRATENSE

If, under this transit or this aspect of Saturn on your Sun in Pisces, you are vulnerable to the influences of the others, you hesitate on the choices of life, you doubt, you are under influence, you have the vague fear that something irrational directs and controls your life, you are afraid to confront you with the realities of the external life, you realise that without a relationship with the rest of the world, you are nothing, you help people in difficulty out of guilt or pure compassion, these elixirs will help you to remain calm and centred in the face of destabilising collective states of consciousness, to feel more stable, to empty your mind of guilt, to face up to your obligations, to define concretely what you are capable of sacrificing and of giving to others, to abandon your unattainable ambitions, to build your life on more solid and realistic foundations while taking account of your real possibilities, to maintain your objectives and your course with confidence, while ensuring your stability, to analyse your failings on the level of the will, to acquire a greater personal control, to find a just balance between the moments when you are occupied and the periods of free time. Pay attention to what you've achieved and rejoice in your successes and the projects you've completed. Take an in-depth look at what you're really capable of achieving and make a concrete assessment of how far you still have to go to achieve lasting stability. Think about what you're missing or what you have too much of in your life. Any feeling of discomfort is a signal that you need to do something while remaining focused on your goal. If your confidence falters, remind yourself of all those successes to stay positive.

### 207. Transit or aspect of Saturn on your Moon in Aries

Floral elixir for this planetary aspect or transit:



LILY OF THE VALLEY-CONVALLARIA MAJALIS

If, under this transit or aspect of Saturn on your Moon in Aries, you have difficulty finding your place in the adult world, you refuse to conform and you rebel, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism encouraging you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw

yourself into the unknown of existence, without help or support, not tolerating any form of dependence, this elixir will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 208. Transit or aspect of Saturn on your Moon in Taurus

Flower essences for this planetary aspect or transit:



HORNBEAM-CARPINUS BETULUS



YERBA SANTA-ERIODICTYON CALOFORNICUM

If, under this transit or aspect of Saturn on your Moon in Taurus, you have the impression of being cut off from the outside world, you quickly become discouraged or tired when faced with routine, you repress your emotions, you feel sad, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism encouraging you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 209. Transit or aspect of Saturn on your Moon in Gemini

Floral elixir for this planetary aspect or transit:



EUCALYPTUS-EUCALYPTUS GLOBULUS

If, under this transit or aspect of Saturn on your Moon in Gemini, you are sad and your relational conflicts are blocked in the respiratory sphere, you fear being left to yourself, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, The slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and ungrateful experiences. Your realism leads you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, this elixir will help you to overcome melancholy, sadness and grief caused by relationship conflicts, to cut ties with a past that prevents you from growing internally, to free yourself from your uncomfortable past attachments, taking stock of what works for you and what doesn't, freeing yourself from negative emotions finding the right balance between candour (Moon) and reason (Saturn), protecting your inner child while accepting the need to grow up, keeping your distance from anything that might disrupt your daily life, developing your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

# 210. Transit or aspect of Saturn on your Moon in Cancer



ROSEHIP-WILD ROSE-ROSA CANINA



MARIPOSA LILY-MARIPOSA LILY-CALOCHORTUS LEICHTLINII

If, under this transit or aspect of Saturn on your Moon in Cancer, you have the impression of being cut off from the outside world, you feel abandoned, your relationship with childhood is painful, you are resigned or apathetic and passive, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism encouraging you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 211. Transit or aspect of Saturn on your Moon in Leo



VINE-VINE-VITIS VINIFERA



CAMOMILE-CHAMOMILE-MATRICARIA RECUTITA

If, under this transit or aspect of Saturn on your Moon in Leo, you are domineering or inflexible, upset or in a bad mood, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, The slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or you allow yourself to be swept up by difficulties, trials and thankless experiences. Your realism leads you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disturb your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 212. Transit or aspect of Saturn on your Moon in Virgo

Floral elixir for this planetary aspect or transit:



WOOD VIOLET-VIOLA HIRTA

If, under this transit or aspect of Saturn on your Moon in Virgo, you have the impression of being cut off from the outside world, you are shy and self-effacing and you feel isolated, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, Your emotional dependence leads you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism leading you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose

your self in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, this elixir will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

# 213. Transit or aspect of Saturn on your Moon in Libra

Flower essences for this planetary aspect or transit:



LIME-TILIA PLATYPHYLLOS



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Saturn on your Moon in Libra, you feel cut off from the outside world, you feel lonely and sad, you focus on your physical appearance or you're afraid of ageing, you're afraid of being left to your own devices, without support or backing, you tend to flee into solitary, nostalgic daydreams, on the defensive, imagining loss and separation, Your emotional dependence leads you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in the difficulties, trials and thankless experiences, your realism leading you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 214. Transit or aspect of Saturn on your Moon in Scorpio

Flower essences for this planetary aspect or transit:



SWEET CHESTNUT-CASTANEA SATIVA



WILD CHERRY-PRUNUS AVIUM

If, under this transit or aspect of Saturn on your Moon in Scorpio, you feel cut off from the outside world, you have a feeling of loneliness and abandonment, pessimistic and moody, you retain only the negative side of things, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, Your emotional dependence leads you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in the difficulties, trials and thankless experiences, your realism leading you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 215. Transit or aspect of Saturn on your Moon in Sagittarius

Flower essences for this planetary aspect or transit:



AIGREMOINE-AGRIMONY EUPATOIRE-AGRIMONIA EUPATORIA



ASH-ASH-FRAXINUS EXCELSIOR

If, under this transit or aspect of Saturn on your Moon in Sagittarius, you hide your worries behind a solemn pretense, you lack serenity, you are in search of meaning and values, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism encouraging you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

### 216. Transit or aspect of Saturn on your Moon in Capricorn



HONEYSUCKLE-LONICERA CAPRIFOLIUM



MARIPOSA LILY-MARIPOSA LILY-CALOCHORTUS LEICHTLINII

If, under this transit or aspect of Saturn on your Moon in Capricorn, you have the impression of being cut off from the outside world, you feel nostalgic and are unable to detach yourself from the past, you feel abandoned, your relationship with childhood is painful, you fear being left to your own devices, without support or backing, you tend to flee into solitary, nostalgic reveries, on the defensive, imagining loss, separation, lack, Your emotional dependence leads you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism leading you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not supporting any form of dependence, these elixirs will help you to capture all the potential of the present, to use the past in a positive way, to cut the bridges with a past which prevents you from growing internally, to free yourself from your uncomfortable past attachments, taking stock of what works for you and what doesn't, freeing yourself from negative emotions finding the right balance between candour (Moon) and reason (Saturn), protecting your inner child while accepting the need to grow up, keeping your distance from anything that might disrupt your daily life, developing your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

## 217. Transit or aspect of Saturn on your Moon in Aquarius

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit or aspect of Saturn on your Moon in Aquarius, you are constantly preoccupied with the well-being of others, you are on the defensive, waiting for the hostility of others, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, Your emotional dependence leads you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism leading you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

#### 218. Transit or aspect of Saturn on your Moon in Pisces

Flower essences for this planetary aspect or transit:



GENTIAN-GENTIAN-GENTIANA AMARELLA



AVOCADO-AVOCADO-PERSEA AMERICANA

If, under this transit or aspect of Saturn on your Moon in Pisces, you have the impression of being cut off from the outside world, hesitant and pessimistic, you are easily discouraged,

your memory is less efficient, you fear being left to your own devices, without support or backing, you tend to flee into nostalgic solitary reveries, on the defensive, you imagine loss, separation, lack, your emotional dependence encourages you to take refuge in the role of the vulnerable and misunderstood person, the slightest event that disturbs the bubble in which you take refuge is perceived as destabilising, or else you let yourself get caught up in difficulties, trials and thankless experiences, your realism encouraging you to think that happiness is just a fleeting illusion, dominated by your moral rigour, you remain entrenched behind conservative habits, withdrawn into yourself, you lose yourself in the complexity of your reasoning, which excludes any reassuring daily routine, you throw yourself into the unknown of existence, without help or support, not tolerating any form of dependence, these elixirs will help you to cut the bridges with a past which prevents you from growing internally, to free you from your uncomfortable past attachments, to take stock of what suits you and what doesn't, to free yourself from negative emotions to find the right balance between candour (Moon) and reason (Saturn), to protect your inner child while accepting to grow up, to keep your distance from anything that might disrupt your daily life, to develop your inner strength through the ordeal of isolation. To cut ties with a past that is preventing you from growing inwardly, to free yourself from past attachments so that you can be reborn to a more secure inner comfort. If you feel cut off from your roots, develop your own sense of security. You can't expect others to build you a cosy nest in which you can curl up to avoid growing up. Stay away from anything that disrupts the harmony of your daily life. Organise your daily life so that it is sheltered from chance and the vicissitudes of life.

# 219. Transit or aspect of Saturn on your Mercury in Aries

Floral elixir for this planetary aspect or transit:



HEATHER-CALLUNA VULGARIS

If, under this transit or aspect of Saturn on your Mercury in Aries, you talk too much, you systematically put your own problems forward, you are sarcastic towards those who are more brilliant, you flee distractions, you restrict your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone who is more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you become scattered due to a lack of rootedness in experimentation, your demonstrations lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and examine calmly the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, this elixir will help you to test your ideas and to accept the effort to examine meticulously your way of seeing the things, to draw from your experiments a teaching able to give more depth and seriousness to your reflexions, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

# 220. Transit or aspect of Saturn on your Mercury in Taurus

Flower essences for this planetary aspect or transit:



CHELIDOIN-CHELIDONIUM MAJUS



PEPPERMINT-PEPPERMINT-MENTHA X PIPERITA

If, under this transit or aspect of Saturn on your Mercury in Taurus, you're obstinate, you have difficulty communicating, exchanging, being receptive, you're displaying "mental heaviness" following an excess of intellectual activity, you remain fixed in your usual way of thinking, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of caution and mistrust, you deny yourself the pleasure of conversation and making contacts, you are suspicious of someone who is more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or you don't take the time you need and distance yourself sufficiently before thinking, you become scattered because of a lack of roots in experimentation, your demonstrations lack analytical rigour, when you talk to someone, you don't make the effort needed to stand back and calmly examine the depth of your opinions and ideas, you throw out a thousand hypotheses without thinking about exploring them in depth, you fear the lack of time to learn and you get depressed at the idea that your intellectual life could be disrupted by the weight of responsibilities, these elixirs will help you to overcome mental laziness, to develop clarity and alertness, to test your ideas and to accept the effort to examine meticulously your way of seeing the things, to draw from your experiments a teaching able to give more depth and seriousness to your, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

## 221. Transit or aspect of Saturn on your Mercury in Gemini

Floral elixir for this planetary aspect or transit:



HORNBEAM-CARPINUS BETULUS

If, under this transit or aspect of Saturn on your Mercury in Gemini, you are mentally tired, you have difficulty being present in your body, you flee distractions, restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversing, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you become scattered due to a lack of rootedness in experimentation, your demonstrations lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, this elixir will help you to test your ideas and to accept the effort to examine your way of seeing things minutely, to draw from your experiments a teaching able to give more depth, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

## 222. Transit or aspect of Saturn on your Mercury in Cancer

Flower essences for this planetary aspect or transit:



CHESTNUT BUD-AESCULUS HYPPOCASTANUM



PEPPERMINT-PEPPERMINT-MENTHA X PIPERITA

If, under this transit or aspect of Saturn on your Mercury in Cancer, you lack reflection and concentration or interest in the present, you show "mental heaviness" following an excess of intellectual activity, you fear appearing stupid when you speak, you are taciturn, silent due to a lack of confidence in your intellectual abilities, you flee distractions, you restrain your intellectual

lect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unsuitable for spontaneous communication; by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you disperse yourself due to a lack of rootedness in experimentation, your demonstrations, lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, these elixirs will help you to overcome the mental laziness, to develop the clearness and the liveliness of spirit, to test your ideas and to accept the effort to examine meticulously your way of seeing the things, to draw from your experiments a lesson able to give more depth and seriousness to your reflexions, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

### 223. Transit or aspect of Saturn on your Mercury in Leo

Floral elixir for this planetary aspect or transit:



CHELIDOIN-CHELIDONIUM MAJUS

If, under this transit or aspect of Saturn on your Mercury in Leo, you're obstinate, you have difficulty communicating, exchanging, being receptive, you're sarcastic towards those who are more brilliant, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, You have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you lose focus due to a lack of rootedness in experimentation, and your demonstrations lack analytical rigour, lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, this elixir will help you to test your ideas and to accept the effort to examine your way of seeing things minutely, to draw from your experiments a teaching able to give more depth, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

## 224. Transit or aspect of Saturn on your Mercury in Virgo



CHELIDOIN-CHELIDONIUM MAJUS



HOUND'TONGUE-CYNOGLOSSUM GRANDE

If, under this transit or aspect of Saturn on your Mercury in Virgo, you are too withdrawn into yourself, you have difficulty communicating, exchanging, being receptive, you fear appearing stupid when you speak, your point of view is too analytical, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or you don't take the time you need and the distance you need before thinking, you are scattered because of a lack of roots in experimentation, your demonstrations, when you speak with somebody, you do not make the effort necessary to take distance and examine calmly the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, these elixirs will help you to experiment with your ideas and to accept the effort of examining your way of seeing things in detail, to draw from your experiences a lesson capable of giving more depth and seriousness to your reflections, to abandon your outdated opinions, to work intellectually with more determination, to follow a rigorous approach, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiences what can found your opinions.

## 225. Transit or aspect of Saturn on your Mercury in Libra

Floral elixir for this planetary aspect or transit:



HORNBEAM-CARPINUS BETULUS

If, under this transit or aspect of Saturn on your Mercury in Libra, you are mentally tired, you have difficulty being present in your body, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversing, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you become scattered due to a lack of rootedness in experimentation, your demonstrations lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, this elixir will help you to test your ideas and to accept the effort to examine your way of seeing things minutely, to draw from your experiments a teaching able to give more depth, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

# 226. Transit or aspect of Saturn on your Mercury in Scorpio

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Saturn on your Mercury in Scorpio, your thoughts are obscure, obsessive or repetitive you have dark thoughts, you are preoccupied and anxious, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone who is more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you become scattered due to a lack of rootedness in experimentation, your demonstrations lack analytical rigour, when you talk to someone, you don't make the effort needed to stand back and calmly examine the depth of your opinions and ideas, you throw out a thousand hypotheses without thinking about exploring them in depth, you fear the lack of time to learn and you get depressed at the idea that your intellectual life could be disrupted by the weight of responsibili-

ties, these elixirs will help you to experiment with your ideas and to accept the effort needed to examine your way of seeing things in detail, to draw from your experiments a teaching able to give more depth and seriousness to your reflexions, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

## 227. Transit or aspect of Saturn on your Mercury in Sagittarius

Floral elixir for this planetary aspect or transit:



SAGE-SAGE-SALVIA OFFICINALIS

If, under this transit or aspect of Saturn on your Mercury in Sagittarius, you find it difficult to make sense of life's events, you lack the ability to reflect, you tend to repeat the same mistakes, you favour reflection on the meaning of life's events, you shun distractions, you bind your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unfit for any spontaneous communication, by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or you don't take the time you need and the distance you need before thinking, you are scattered because of a lack of roots in experimentation, your demonstrations, miss analytical rigour, when you speak with somebody, you do not make the effort necessary to take distance and examine calmly the depth of your opinions, of your ideas, you launch thousand assumptions without thinking of deepening them, you fear the lack of time to learn and you depress with the idea that your intellectual life can be disturbed by the weight of the responsibilities, this elixir will help you to take distance on the experiments of the life, to test your ideas and to accept the effort to examine meticulously your way of seeing the things, to draw from your experiments a teaching able to give more depth, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

### 228. Transit or aspect of Saturn on your Mercury in Capricorn



CHELIDOIN-CHELIDONIUM MAJUS



PEPPERMINT-PEPPERMINT-MENTHA X PIPERITA

If, under this transit or aspect of Saturn on your Mercury in Capricorn, you're obstinate, you have difficulty communicating, exchanging and being receptive, you're displaying "mental heaviness" as a result of excessive intellectual activity, you're stuck in your usual way of thinking, you shun distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, Your complicated reasoning makes you unfit for any spontaneous communication; by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone who is more intellectual or more competent, you have difficulty expressing yourself freely without the fear of appearing stupid, or else, you don't take the time you need and distance yourself sufficiently before thinking, you disperse yourself due to a lack of rootedness in experimentation, your demonstrations lack analytical rigour, when you speak with someone, you don't make the necessary effort to stand back and calmly examine the depth of your opinions, of your ideas, you launch a thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress with the idea that your intellectual life could be disturbed by the weight of the responsibilities, these elixirs will help you to overcome mental laziness, to develop clearness and liveliness of spirit? to test your ideas and to accept the effort to examine your way of seeing things meticulously, to draw from your experiments a teaching able to give more depth and seriousness to your reflections, to give up your old opinions, to work intellectually with more determination, to follow a rigorous step, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiments what can found your opinions.

## 229. Transit or aspect of Saturn on your Mercury in Aquarius



HORNBEAM-CARPINUS BETULUS



ROSEMARY-ROSMARINUS OFFICINALIS

If, under this transit or aspect of Saturn on your Mercury in Aquarius, you are quickly tired of routine, you find it difficult to be present in your body, you feel disembodied, you lack vitality on the intellectual level, you feel cerebral fatigue, you are sarcastic and cynical towards those who show themselves to be more brilliant, you flee distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unsuitable for spontaneous communication; by dint of prudence and mistrust, you deny yourself the pleasure of conversation and of making contacts; you are suspicious of someone who is more intellectual or more competent; you have difficulty expressing yourself freely without fear of appearing stupid; or you don't take the time you need and don't take enough distance before thinking; you disperse yourself because you are not rooted in experimentation, your demonstrations, lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, these elixirs will help you to experiment with your ideas and to accept the effort of examining your way of seeing things in detail, to draw from your experiences a lesson capable of giving more depth and seriousness to your reflections, to abandon your outdated opinions, to work intellectually with more determination, to follow a rigorous approach, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiences what can form the basis of your opinions.

# 230. Transit or aspect of Saturn on your Mercury in Pisces



CHESTNUT BUD-AESCULUS HYPPOCASTANUM



LEMON-LEMON-CITRUS LIMONUM

If, under this transit or aspect of Saturn on your Mercury in Pisces, you lack reflection and concentration or coherence and clarity in your reasoning, your curiosity is deficient, you have difficulty expressing yourself verbally, you are taciturn, silent due to a lack of confidence in your intellectual abilities, you shun distractions, you restrain your intellect in a hyper-rational straitjacket in which you suffocate, your complicated reasoning makes you unsuitable for spontaneous communication; by dint of prudence and mistrust, you deny yourself the pleasure of conversation, of making contacts, you are suspicious of someone more intellectual or more competent, you have difficulty expressing yourself freely without fear of appearing stupid, or else you don't take the time you need and distance yourself sufficiently before thinking, you disperse yourself due to a lack of rootedness in experimentation, your demonstrations, lack analytical rigour, when you speak with someone, you do not make the effort necessary to take a step back and calmly examine the depth of your opinions, of your ideas, you launch thousand hypotheses without thinking of deepening them, you fear the lack of time to learn and you depress at the idea that your intellectual life can be disturbed by the weight of the responsibilities, these elixirs will help you to experiment with your ideas and to accept the effort of examining your way of seeing things in detail, to draw from your experiences a lesson capable of giving more depth and seriousness to your reflections, to abandon your outdated opinions, to work intellectually with more determination, to follow a rigorous approach, to test your ideas and your knowledge in order to acquire a good intellectual level, to draw from your experiences what can found your opinions.

### 231. Transit or aspect of Saturn on your Venus in Aries

Floral elixir for this planetary aspect or transit:



CHICORY-CHICORY-CICHORIUM INTYBUS

If, under this transit or aspect of Saturn on your Venus in Aries, you lack love or you are incapable of accepting recognition, your generosity is excessive, you attract attention through egocentric behaviour, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life can be disturbed by the weight of the responsibilities, this elixir will help you to find the right balance between reason and feeling, to build a deep and durable relation based on the respect and the comprehension of the other, to draw from your disappointments and your failures a lesson in order to build relations more solid and more in conformity with your waitings, to assume completely your feelings, by defining what you want or do not want and by keeping realistic waitings, you will build a durable love relation, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions

of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

## 232. Transit or aspect of Saturn on your Venus in Taurus

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



CENTAURÉE DU SOLSTICE-STAR THISTLE-CENTAUREA SOLSTITIALIS

If, under this transit or aspect of Saturn on your Venus in Taurus, you are emotionally dependent, imprisoned in a relationship based on possessiveness or need, you are afraid of lacking and you find it difficult to give freely, you are afraid of finding yourself in a situation of dependence if you give your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, make the most of each relationship to give yourself every chance of being happy in the next one, regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, become aware of the positive and negative contributions of your emotional life and start afresh on the right footing, feel good about yourself so you can attract the right partner, take full responsibility for your feelings and build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

## 233. Transit or aspect of Saturn on your Venus in Gemini

Flower essences for this planetary aspect or transit:



WOLF'S MOUTH-ANTIRRHINUM MAJUS



ROSE CENT-FEUILLES-PROVENCE ROSE-ROSA X CENTIFOLIA

If, under this transit or aspect of Saturn on your Venus in Gemini, you lack love, you have difficulty talking about your feelings, you have too intellectual a vision of love, you are in the grip of repressed emotions, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence within yourself any emotion that you consider destabilising, you adopt cold, insensitive behaviour, fearing to find yourself in a situation of dependence, by dint of caution and mistrust, you deny yourself the joy of loving, or you don't take the time you need and keep enough distance before loving, when you're attracted to someone, you don't make the necessary effort to step back and calmly examine the depth of your feelings, you fear the lack of love and you get depressed at the thought that your love life may be disrupted by the weight of responsibilities, these elixirs will help you to release your repressed feelings, to facilitate the expression of the "true" word, to find the right balance between reason and feeling, to build a deep and durable relation based on the respect and the comprehension of the other, to draw from your disappointments and your failures a lesson in order to build relations more solid and more in conformity with your waitings, to assume your feelings completely, by defining what you want or do not want and by keeping realistic waitings, you will build a durable love relation, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 234. Transit or aspect of Saturn on your Venus in Cancer



SILVER ALCHEMILLA-ALCHEMILLA ALPINA



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Saturn on your Venus in Cancer, you lack love, you are emotionally dependent, imprisoned in a relationship based on fear, possessiveness or need, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence within yourself any emotion that you consider destabilising, you adopt cold, insensitive behaviour, afraid of finding yourself in a situation of dependence, by dint of caution and mistrust, you deny yourself the joy of loving, or you don't take the time you need and keep enough distance before loving, when you're attracted to someone, you don't make the necessary effort to stand back and calmly examine the depth of your feelings, you fear the lack of love and you get depressed at the thought that your love life could be disrupted by the weight of responsibilities, these elixirs will help you to let go of your repressed emotions, to rediscover your capacity to love, to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding of the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, make the most of each relationship to give yourself every chance of being happy in the next one, regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, become aware of the positive and negative contributions of your emotional life and start afresh on the right footing, feel good about yourself so that you can attract the right partner, take full responsibility for your feelings and build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

## 235. Transit or aspect of Saturn on your Venus in Leo

Floral elixir for this planetary aspect or transit:



CHICORY-CHICORY-CICHORIUM INTYBUS

If, under this transit or aspect of Saturn on your Venus in Leo, you lack love, you are incapable of accepting recognition, your generosity is excessive, you attract attention through egocentric behaviour, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life can be disturbed by the weight of the responsibilities, this elixir will help you to find the right balance between reason and feeling, to build a deep and durable relation based on the respect and the comprehension of the other, to draw from your disappointments and your failures a lesson in order to build relations more solid and more in conformity with your waitings, to assume completely your feelings, by defining what you want or do not want and by keeping realistic waitings, you will build a durable love relation, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 236. Transit or aspect of Saturn on your Venus in Virgo

Flower essences for this planetary aspect or transit:



IRIS-IRIS LUTESCENS



CENTAURÉE DU SOLSTICE-STAR THISTLE-CENTAUREA SOLSTITIALIS

If, under this transit or aspect of Saturn on your Venus in Virgo, you lack love, your current reserve isolates you from others, you are sentimentally obsessed by the concern for imperfection, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence within yourself any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find yourself in a situation of dependence, by dint of caution and mistrust, you deny yourself the joy of loving, or you don't take the time you need and keep enough distance before loving, when you're attracted to someone, you don't make the necessary effort to stand back and calmly examine the depth of your feelings, you fear the lack of love and you get depressed at the thought that your love life could be disrupted by the weight of responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 237. Transit or aspect of Saturn on your Venus in Libra

Flower essences for this planetary aspect or transit:



HAWTHORN-CRATAEGUS OXYACANTHA



TRITELEIA-PRETTY FACE-TRITELEIA IXIOIDES

If, under this transit or aspect of Saturn on your Venus in Libra, you lack love, you feel heartache, you grieve, you are focused on your physical appearance, you are afraid of ageing, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and

enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 238. Transit or aspect of Saturn on your Venus in Scorpio

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS

If, under this transit or aspect of Saturn on your Venus in Scorpio, you lack love, you have a problem with the feeling of love, you feel jealous, you are suspicious, emotionally dependent, imprisoned in a relationship based on possessiveness or need, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more

in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 239. Transit or aspect of Saturn on your Venus in Sagittarius

Floral elixir for this planetary aspect or transit:



CHICORY-CHICORY-CICHORIUM INTYBUS

If, under this transit or aspect of Saturn on your Venus in Sagittarius, you lack love, you seek to attract attention by behaving in a way that is often too centred on yourself, you are excessively preoccupied with the well-being of others, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion that you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life can be disturbed by the weight of the responsibilities, this elixir will help you to find the right balance between reason and feeling, to build a deep and durable relation based on the respect and the comprehension of the other, to draw from your disappointments and your failures a lesson in order to build relations more solid and more in conformity with your waitings, to assume completely your feelings, by defining what you want or do not want and by keeping realistic waitings, you will build a durable love relation, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

## 240. Transit or aspect of Saturn on your Venus in Capricorn

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



CENTAURÉE DU SOLSTICE-STAR THISTLE-CENTAUREA SOLSTITIALIS

If, under this transit or aspect of Saturn on your Venus in Capricorn, you lack love, you are emotionally dependent, imprisoned in a relationship based on possessiveness or need, you are afraid of lacking and you find it difficult to give freely, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, make the most of each relationship to give yourself every chance of being happy in the next one, regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, become aware of the positive and negative contributions of your emotional life and start afresh on the right footing, feel good about yourself so that you can attract the right partner, take full responsibility for your feelings and build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

### 241. Transit or aspect of Saturn on your Venus in Aquarius



ROSE CENT-FEUILLES-PROVENCE ROSE-ROSA X CENTIFOLIA



SHOOTING STAR-DODECATHEON HENDERSONII

If, under this transit or aspect of Saturn on your Venus in Aquarius, you lack love, you are afraid of being vulnerable if you grant your affection too freely, you have difficulty finding your place on earth, you have an overly intellectual vision of love, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, to make the most of each relationship to give yourself every chance of being happy in the next, to regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, to become aware of the positive and negative contributions of your emotional life and to start afresh on the right footing, to feel good about yourself so you can attract the partner you need, to take full responsibility for your feelings, to build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

#### 242. Transit or aspect of Saturn on your Venus in Pisces

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



SWEET PEA-LATHYRUS LATIFOLIUS

If, under this transit or aspect of Saturn on your Venus in Pisces, you lack love, you are emotionally dependent, imprisoned in a relationship based on fear or need, you are incapable of establishing links with your community, you are afraid of finding yourself in a situation of dependence if you grant your affection too freely, you silence within yourself any emotion you consider destabilising, you adopt cold, insensitive behaviour, fearing to find you in situation of dependence, with force of prudence and distrust, you prohibit you the happiness to like, or then, you do not take time that it is necessary and enough distance before liking, when you are attracted by somebody, you do not make the effort necessary to take distance and examine calmly the depth of your feelings, you fear the lack of love and you depress with the idea that your sentimental life could be disturbed by the weight of the responsibilities, these elixirs will help you to find the right balance between reason and feeling, to build a deep and lasting relationship based on respect and understanding for the other, to learn from your disappointments and failures in order to build stronger relationships that are more in line with your expectations, to fully assume your feelings, by defining what you want or don't want and by keeping your expectations realistic, you will build a lasting love relationship, make the most of each relationship to give yourself every chance of being happy in the next one, regain your confidence and re-establish the ingredients for a fulfilling emotional life, because one of the most important ingredients is to feel loved by the other person, become aware of the positive and negative contributions of your emotional life and start afresh on the right footing, feel good about yourself so that you can attract the right partner, take full responsibility for your feelings and build a lasting relationship. Every time you meet someone, think about what you really want and what you don't want. If you are unable to express your affection, revisit your childhood and try to see if you had this feeling of not having been loved.

#### 243. Transit or aspect of Saturn on your Mars in Aries

Flower essences for this planetary aspect or transit:



MUSTARD-MUSTARD-SINAPIS ARVENSIS



SCARLET MIMULUS-SCARLET MONKEYFLOWER-MIMULUS CARDINALIS

If, under this transit or aspect of Saturn on your Mars in Aries, you tend to repress your aggressiveness, your activities slow down, you hesitate to take risks for fear of failure, you feel depressed for no apparent reason, you get caught up in difficulties, trials, ungrateful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best way to defend yourself, you don't take the time you need and you don't distance yourself enough before acting, you're impatient, you forget all strategy, all caution which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour. These elixirs will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

#### 244. Transit or aspect of Saturn on your Mars in Taurus

Flower essences for this planetary aspect or transit:



HORNBEAM-CARPINUS BETULUS



WHITE WATER LILY-NYMPHAEA ALBA

If, under this transit or aspect of Saturn on your Mars in Taurus, your activities slow down, you're afraid of being sexually rejected, you lack strength and courage, stuck or immobilised in a stagnant situation, you lack productivity, you're afraid of losing what's yours, you let

yourself get caught up in difficulties, trials, ungrateful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

# 245. Transit or aspect of Saturn on your Mars in Gemini

Flower essences for this planetary aspect or transit:



ROSEMARY-ROSMARINUS OFFICINALIS



MOLENE-MULLEIN-VERBASCUM THAPSUS

If, under this transit or aspect of Saturn on your Mars in Gemini, you are afraid of being rejected sexually, you hesitate to take risks for fear of failure, you feel mentally tired, you lack confidence in sexuality or you lie to yourself, you get caught up in difficulties, trials, ungrate-

ful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

### 246. Transit or aspect of Saturn on your Mars in Cancer

Flower essences for this planetary aspect or transit:



BROOM-BROOM-CYTISUS SCOPARIUS



MIMULUS ORANGÉ-STICKY MONKEYFLOWER-MIMULUS AURANTIACUS

If, under this transit or aspect of Saturn on your Mars in Cancer, your activities slow down, you are afraid of being sexually rejected, you have a deep fear of sexuality and intimacy, out of fear, discouragement or despair you lack tenacity and perseverance, you get caught up in difficulties, trials, thankless experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of power-lessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks

because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

## 247. Transit or aspect of Saturn on your Mars in Leo

Flower essences for this planetary aspect or transit:



VINE-VINE-VITIS VINIFERA



LARKSPUR-DELPHINIUM NUTTALLIANUM

If, under this transit or aspect of Saturn on your Mars in Leo, your activities slow down, you hesitate to take risks for fear of failure, you feel depressed for no apparent reason, your behaviour is tyrannical, you are inflexible or domineering or authoritarian, you get caught up in difficulties, trials, thankless experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of power-lessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the

time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Draw up an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

## 248. Transit or aspect of Saturn on your Mars in Virgo

Flower essences for this planetary aspect or transit:



VALERIAN-VALERIANA OFFICINALIS



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or aspect of Saturn on your Mars in Virgo, your activities slow down, you are afraid of being sexually rejected, you are too serious, overwhelmed by work and responsibilities you find it difficult to relax and unwind at the end of the day, you get caught up in difficulties, trials, thankless experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

### 249. Transit or aspect of Saturn on your Mars in Libra

Flower essences for this planetary aspect or transit:



ROSEMARY-ROSMARINUS OFFICINALIS



HIBISCUS-CHINA ROSE-HIBISCUS ROSA SINENSIS

If, under this transit or aspect of Saturn on your Mars in Libra, your activities slow down, you are afraid of being sexually rejected, you feel nervously tired, your relationships with your partner or with others deteriorate, you allow yourself to be caught up in difficulties, trials, thankless experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best way to defend yourself, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deeprooted causes of your behaviour, these elixirs will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to

be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

### 250. Transit or aspect of Saturn on your Mars in Scorpio

Flower essences for this planetary aspect or transit:



YELLOW MIMULUS-MIMULUS-MIMULUS GUTTATUS



PENSTEMON-PENSTEMON DAVIDSONII

If, under this transit or aspect of Saturn on your Mars in Scorpio, your activities slow down, you are afraid of being sexually rejected, you hesitate to take risks for fear of failure, you refuse to get involved, you feel persecuted, you let yourself get caught up in difficulties, trials and thankless experiences, you withdraw into yourself, you get lost in the complexity of your reasoning, which prevents you from acting on your natural impulses and anger, you are subjected to insistent pressure from others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best way to defend yourself, you don't take the time you need and you don't distance yourself enough before acting, you're impatient, you forget all strategy, all caution which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour. These elixirs will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

### 251. Transit or aspect of Saturn on your Mars in Sagittarius

Floral elixir for this planetary aspect or transit:



MUSTARD-MUSTARD-SINAPIS ARVENSIS

If, under this transit or aspect of Saturn on your Mars in Sagittarius, your activities slow down, you are afraid of being rejected sexually, you hesitate to take risks for fear of failure, you feel depressed for no apparent reason, you let yourself get caught up in difficulties, trials, ungrateful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution, which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, this elixir will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more any satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

#### 252. Transit or aspect of Saturn on your Mars in Capricorn



MUSTARD-MUSTARD-SINAPIS ARVENSIS



#### HIBISCUS-CHINA ROSE-HIBISCUS ROSA SINENSIS

If, under this transit or aspect of Saturn on your Mars in Capricorn, your activities slow down, you are afraid of being sexually rejected, you are depressed for no apparent reason, your sexuality is cold or disappointing, you lack physical strength, you let yourself get caught up in difficulties, hardships and thankless experiences, you withdraw into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you are subjected to insistent pressure from others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best way to defend yourself, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deeper causes of your behaviour, these elixirs will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

## 253. Transit or aspect of Saturn on your Mars in Aquarius

Floral elixir for this planetary aspect or transit:



ROSEMARY-ROSMARINUS OFFICINALIS

If, under this transit or aspect of Saturn on your Mars in Aquarius, your activities slow down, you are afraid of being sexually rejected, you feel disembodied or mentally tired, your relationships with your friends deteriorate, you get caught up in difficulties, trials, ungrateful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, which prohibits your natural impulses and your anger, you suffer the insistent pressure of others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questioning, you find it hard to act in a timely manner; instead of moving forward, you procrastinate, hesitate and ask yourself whether this is the right thing to do, or you find good reasons to do nothing and refuse to confront certain situations, Or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution, which you see as useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, this elixir will help you to assert yourself while facing up to what is really troubling you, to draw lessons from your decision-making failures, to give up the activities which do not bring any more any satisfaction and to reconsider certain of your decisions, to interiorise you in order to better evaluate the range of your acts and the way in which you use as well your physical force as your sexual energy, to determine the activities likely to be constructive and valid for the future, to know the quantity of energy which it is necessary to put to achieve your ends. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

#### 254. Transit or aspect of Saturn on your Mars in Pisces



YELLOW MIMULUS-MIMULUS-MIMULUS GUTTATUS



RED CLOVER-TRIFOLIUM PRATENSE

If, under this transit or aspect of Saturn on your Mars in Pisces, your activities slow down, you are afraid of being sexually rejected, out of fear you refuse to get involved, you are anxious, prone to panic, you have difficulty recognising your own qualities, you tend to shirk your responsibilities, you get caught up in difficulties, trials, ungrateful experiences, withdrawn into yourself, you get lost in the complexity of your reasoning, you are subject to insistent pressure from others, you remain stuck in your passivity, in your feeling of powerlessness and intense frustration and you refuse to fight to defend your rights, you lack confidence and you are afraid of being rejected when you assert yourself, you hesitate to take risks because you fear failure, blocked or slowed down by your questions, you find it hard to act in good time, instead of moving forward, you start to procrastinate, instead of moving forward, you start to procrastinate, to hesitate and to ask yourself if this is really what you should be doing, or you find good reasons to do nothing and refuse to confront certain situations, or you feel the need to impose yourself, thinking that attacking is the best defence, you don't take the time you need and distance yourself sufficiently before acting, you're impatient, you forget all strategy, all caution which you consider to be useless wastes of time, you exhaust yourself in various struggles and conflicts without questioning the deep-rooted causes of your behaviour, These elixirs will help you to assert yourself while facing up to what is really troubling you, to learn from your decision-making failures, to give up activities which no longer bring you satisfaction and to reconsider some of your decisions, to internalise yourself in order to better assess the scope of your actions and the way in which you use both your physical strength and your sexual energy, to determine which activities are likely to be constructive and worthwhile for the future, to know how much energy you need to achieve your goals. Examine the obstacles you have encountered and indicate how they have been beneficial. Devise an action plan, take the necessary steps, take action and observe what really happens. Take note of the results and adapt your next actions according to the results obtained. To combat frustration, ask yourself the following question: What can I do differently to get better results? Devote yourself, for example, to something more specialised, more structured or more planned.

## 255. Transit or aspect of Saturn on your Jupiter

Floral elixir for this planetary aspect or transit:



BIRCH-SILVER BIRCH-BETULA PENDULA

If, under this transit or this aspect of Saturn on your Jupiter, torn between liberalism and conservatism, between abundance and asceticism, your search for truth is hampered by excessive conservatism, you prefer solitude to integration into a group that you consider a threat to your stability, or else, you have doubts about the meaning you give to your life, you refuse to confront your faith, your moral and ethical concepts with the realities of life. This elixir will

help you to formulate your ideals clearly, to find the right balance between austerity and optimism, between rationality and belief.

# 256. Transit of Saturn over your Saturn

Flower essences for this planetary transit:



OAK-OAK-QUERCUS ROBUR



**EPICEA-NORWAY SPRUCE-PICEA ABIES** 

If, under this transit of Saturn on your Saturn, you are too serious or too rigid, these elixirs will help you to take on greater responsibilities, to build your life on foundations with more flexibility.

#### 257. Transit or aspect of Saturn on your Uranus

Floral elixir for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA

If, under this transit or this aspect of Saturn on your Uranus, you feel deprived of freedom when you accept obligations and responsibilities, if you are afraid of change, if you are torn between tradition and innovation, between progress and conservation, between established system and revolutionary tendencies, this elixir will help you to get rid of the old patterns which slow down your evolution, to remain stable internally regardless of changes, to find your freedom within your personal limits.

## 258. Transit or aspect of Saturn on your Neptune



ASPEN-POPULUS TREMULA



BROOM-BROOM-CYTISUS SCOPARIUS

If, under this transit or this aspect of Saturn on your Neptune, you have the vague fear that something irrational directs and controls your life and you seek compulsively reassuring and sure bases, you realize that without relation with the remainder of the world you are little of thing, You are torn between the need to preserve your old structures and the need to bring yourself into line with more universal principles of life. These elixirs will help you to consolidate your foundations while coping with destabilising collective states of consciousness, and to feel more stable.

# 259. Transit or aspect of Saturn on your Pluto

Floral elixir for this planetary aspect or transit:



WILLOW-SALIX ALBA



VICTORIA D'AMAZONIE-VICTORIA REGIA-VICTORIA AMAZONICA

If, under this transit or this aspect of Saturn on your Pluto, you are torn between the need to preserve your old structures and the need to transform yourself, you fear being manipulated, this elixir will help you to grasp the way in which you use all forms of power, to descend deeply into yourself to examine your errors, then to acknowledge them, to assume them or to purify them without fear of being destabilised.

## 260. Transit or aspect of Mars on your Sun in Aries



HOLLY-HOLLY-ILEX AQUIFOLIUM



BEECH-FAGUS SYLVATICA

If, under this transit or aspect of Mars on your Sun in Aries, you are intolerant, hottempered, angry, too demanding of others, you are on the defensive and react strongly to any form of provocation, you claim a freedom of action that does not suffer from any authority, a way of acting that does not take into account the laws, norms and models in use, out of a lack of self-confidence, fear of being reprimanded or even fear of suffering a humiliating failure, you react with anger when you overestimate your skills, you venture into undertakings beyond your strength and you suffer the failure of domination, or you fear unavoidable confrontations and underestimate your real abilities, you admit defeat in advance and give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for fame and reputation prevents you from expressing your natural impulses and your anger, these elixirs will help you to fight your way to the goal you have set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your objectives, without fearing rivalries and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when it is really necessary and when you feel you have the courage, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

#### 261. Transit or aspect of Mars on your Sun in Taurus

Floral elixir for this planetary aspect or transit:



OAK-OAK-QUERCUS ROBUR

If, under this transit or aspect of Mars on your Sun in Taurus, you continue to fight inflexibly in spite of everything, claiming a freedom of action that does not suffer from any authority, a way of acting that does not take into account the laws, norms and models in use, because of a lack of self-confidence, fear of being reprimanded or fear of suffering a humiliating failure, you react with anger, when you overestimate your skills, you venture into undertakings beyond your strength and suffer the failure of domination, or you fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to think before committing yourself to a long-term action, to fight to reach the goal you have set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry and power struggles, to stand firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

### 262. Transit or aspect of Mars on your Sun in Gemini

Floral elixir for this planetary aspect or transit:



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA

If, under this transit or aspect of Mars on your Sun in Gemini, you are impatient or nervously tense, you claim a freedom of action which is not subject to any authority, a way of acting which does not take into account the laws, norms and models in use, through lack of selfconfidence, fear of being reprimanded or even fear of suffering a humiliating failure you react with anger, when you overestimate your skills, you venture into undertakings beyond your strength and suffer the failure of domination, or you fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and give up in the face of objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to fight to reach the course you have set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your objectives, to use authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

## 263. Transit or aspect of Mars on your Sun in Cancer

Floral elixir for this planetary aspect or transit:



YELLOW MIMULUS-MIMULUS-MIMULUS GUTTATUS

If, under this transit or aspect of Mars on your Sun in Cancer, out of fear or vulnerability you refuse to get involved, you claim a freedom of action which is not subject to any authority, a way of acting which does not take into account the laws, norms and models in use, out of lack of self-confidence, out of fear of being reprimanded or even out of fear of suffering a humiliating failure you react with anger, when you overestimate your skills, you venture into undertakings beyond your strength and suffer the failure of domination, or you fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and give up in the face of objectives that require firmness and courage, your obsession with righteousness or your concern for fame and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to fight your way to your goal, to bring to a successful conclusion the battles you consider essential, and to deploy the energy you need to achieve your objectives, without fear of rivalry and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when it is really necessary and when you feel you have the courage, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

#### 264. Transit or aspect of Mars on your Sun in Leo

Flower essences for this planetary aspect or transit:



BEECH-FAGUS SYLVATICA



SUNFLOWER-SUNFLOWER-HELIANTHUS ANNUUS

If, under this transit or aspect of Mars on your Sun in Leo, you are intolerant and too demanding of others, you are self-effacing, you put yourself forward in an inordinate way, you underestimate yourself, you are arrogant, you waste your energy uselessly or you focus on your ego or you impose your feeling of superiority on those around you, you claim a freedom of action which does not suffer from any authority, a way of acting that ignores the laws, norms and models in use, because of a lack of self-confidence, fear of being reprimanded or fear of suffering a humiliating failure you react with anger when you overestimate your skills, you venture into undertakings beyond your strength and you suffer the failure of domination, or you fear unavoidable confrontations and you underestimate your real abilities, you admit defeat in advance and you give up in the face of objectives which require firmness and courage, your obsession with righteousness or your concern for fame and your reputation, prevents you from expressing your natural impulses and your anger, these elixirs will help you to fight to reach the course set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to use authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

#### 265. Transit or aspect of Mars on your Sun in Virgo

Floral elixir for this planetary aspect or transit:



OAK-OAK-OUERCUS ROBUR

If, under this transit or aspect of Mars on your Sun in Virgo, you work too much out of a sense of duty, you claim a freedom of action which does not suffer from any authority, a way of acting which does not take into account the laws, standards and models in use, out of a lack of self-confidence, out of fear of being reprimanded or even out of fear of suffering a humiliating failure you react with anger, when you overestimate your skills, you venture into undertakings beyond your strength and suffer the failure of domination, or you fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for fame and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to fight your way to your goal, to bring to a successful conclusion the battles you consider essential, and to deploy the energy you need to achieve your objectives, without fearing rivalries and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when it is really necessary and when you feel you have the courage, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them,

your authority will impose itself quite naturally. Use the energy of these flowers to perfect yourself, to improve yourself, to firmly defend your strategies and keep a sense of proportion.

## 266. Transit or aspect of Mars on your Sun in Libra

Floral elixir for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS

If, under this transit or aspect of Mars on your Sun in Libra, you are indecisive and hesitant to make a choice, you claim a freedom of action that is not subject to any authority, a way of acting that does not take into account the laws, norms and models in use, because of a lack of self-confidence, fear of being reprimanded or fear of suffering a humiliating failure, you react with anger, when you overestimate your skills, you venture into undertakings beyond your strength and suffer the failure of domination, or you fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and give up in the face of objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to fight to reach the course you have set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your objectives, to use authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

### 267. Transit or aspect of Mars on your Sun in Scorpio



ASPEN-POPULUS TREMULA



BETONY-WOOD BETONY-STACHYS OFFICINALIS

If, under this transit or aspect of Mars on your Sun in Scorpio, you are anxious, you are afraid of the unknown, you use your perspicacity for the purposes of power, you are hard on yourself, you experience conflicts on the sexual level, you claim a freedom of action that does not suffer from any authority, a way of acting that does not take into account the laws, norms and models in use, because of a lack of self-confidence, out of fear of being reprimanded or of suffering a humiliating failure, you react with anger when you overestimate your skills, you venture into undertakings beyond your strength and you suffer the failure of domination, or you fear inevitable confrontations and you underestimate your real abilities, you admit defeat in advance and you give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, these elixirs will help you to overcome the compulsive needs provoked by sexual fantasies and desires, to be more understanding of the weaknesses of others, to assert your personality with firmness and courage while taking account of everyone's aspirations, to fight to reach the course set, to bring to a successful conclusion the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry or power struggles, to stand firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally. Arm yourself with compassion so as not to manipulate others.

# 268. Transit or aspect of Mars on your Sun in Sagittarius

Flower essences for this planetary aspect or transit:



VERVAIN-VERBENA OFFICINALIS



FIELD ELM-ELM-ULMUS CAMPESTRIS

If, under this transit or aspect of Mars on your Sun in Sagittarius, you see your vocation very clearly but you feel momentarily overwhelmed by your task, charismatic, energetic, you want to rally others to your cause, your excessive enthusiasm leads you to excessive proselytism, you claim a freedom of action which does not suffer from any authority, a way of acting which does not take into account the laws, norms and models in use, your lack of self-confidence, your fear of being reprimanded or your fear of suffering a humiliating failure cause you to react with anger when you overestimate your abilities, you venture into undertakings beyond your strength and you suffer the failure of domination, or else you fear inevi-

table confrontations and underestimate your real abilities, you admit defeat in advance and you give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, these elixirs will help you to assert your personality with firmness and courage, to defend your convictions while taking account of everyone's aspirations and to fight to reach the course set with greater flexibility, to fight to reach the course set, to successfully fight the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry or power struggles, to stand firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when really necessary and when you feel you have the courage to do so, to work through life with firmness and courage but also with clarity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

## 269. Transit or aspect of Mars on your Sun in Capricorn

Floral elixir for this planetary aspect or transit:



OAK-OAK-QUERCUS ROBUR

If, under this transit or aspect of Mars on your Sun in Capricorn, your will is unbridled but put to the test by its limits, you work too hard out of a sense of duty, inflexible, you continue to fight in spite of everything, you claim a freedom of action that does not suffer from any authority, a way of acting that does not take into account the laws, norms and models in use, out of a lack of self-confidence, out of fear of being reprimanded or of suffering a humiliating failure, you react with anger when you overestimate your skills, you venture into undertakings beyond your strength and you suffer the failure of domination, or you fear inevitable confrontations and you underestimate your real abilities, you admit defeat in advance and you give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to assert your personality while taking account of everyone else's aspirations, to fight to reach a more stable situation, to fight to reach the course you have set, to carry through the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry or power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will naturally assert itself. But be careful: the end does not justify the means. Obstacles must be overcome but not knocked down.

#### 270. Transit or aspect of Mars on your Sun in Aquarius

Floral elixir for this planetary aspect or transit:



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA

If, under this transit or aspect of Mars on your Sun in Aquarius, you are intolerant or nervously tense, you demand a freedom of action that does not suffer from any authority, a way of acting that does not take into account the laws, norms and models in use, because of a lack of self-confidence, fear of being reprimanded or fear of suffering a humiliating failure, you react with anger, when you overestimate your skills, venture into undertakings beyond your strength and suffer the failure of domination, or fear inevitable confrontations and underestimate your real abilities, admit defeat in advance and give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for notoriety and your reputation, prevents you from expressing your natural impulses and your anger, this elixir will help you to work through life with firmness and courage, to assert your personality while taking account of everyone else's aspirations, to fight to acquire more autonomy, to fight to reach the course set, to fight the battles you consider essential, to deploy the energy you need to achieve your goals, without fear of rivalry and power struggles, to stand firm in your positions while recognising actions that tend to compromise the achievement of your goals, to use authority only when really necessary and when you feel you have the courage to do so, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will naturally assert itself. But avoid dragging people towards an ideal they don't understand themselves.

### 271. Transit or aspect of Mars on your Sun in Pisces

Floral elixir for this planetary aspect or transit:



YELLOW MIMULUS-MIMULUS-MIMULUS GUTTATUS

If, under this transit or aspect of Mars on your Sun in Pisces, out of fear or vulnerability you refuse to get involved, you exhaust yourself in futile battles over which you have no control, you allow yourself to be dragged along by people with no morals, you claim a freedom of action that suffers from no authority, a way of acting that takes no account of the laws, standards and models in use, because of a lack of self-confidence, fear of being reprimanded or fear of suffering a humiliating failure, you react with anger when you overestimate your skills, venture into undertakings beyond your strength and suffer the failure of domination, or fear inevitable confrontations and underestimate your real abilities, you admit defeat in advance and you give up when faced with objectives that require firmness and courage, your obsession with righteousness or your concern for fame and your reputation prevents you from expressing your natural impulses and your anger, this elixir will help you to fight your way to the goal you have set, to bring to a successful conclusion the battles you consider essential, to

deploy the energy you need to achieve your objectives, without fear of rivalry and power struggles, to remain firm in your positions while spotting actions that tend to compromise the achievement of your goals, to show authority only when it is really necessary and when you feel you have the courage, to work in life with firmness and courage but also with lucidity, to remain firm in your choices. Give yourself all the resources you need to achieve your goals. Don't waste your energy unnecessarily. If your reasons seem legitimate, if your position and responsibilities justify them, your authority will impose itself quite naturally.

### 272. Transit or aspect of Mars on your Moon in Aries

Flower essences for this planetary aspect or transit:



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA



ORANGE-SWEET ORANGE-CITRUS SINENSIS

If, under this transit or aspect of Mars on your Moon in Aries, you are impatient or irritable, your emotions are exacerbated, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you resign yourself to the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or you oppose unbridled activism without rest to any form of salutary calm and well-being, These elixirs will release your emotional tensions and help you to live your relationship with the world energetically, while allowing your dreams and desires to come true, to fight for greater personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

#### 273. Transit or aspect of Mars on your Moon in Taurus

Elixirs for this planetary aspect or transit:



EAU DE ROCHE-ROCK WATER-AQUA PETRA



OAK-OAK-QUERCUS ROBUR

If, under this transit or aspect of Mars on your Moon in Taurus, you are strict with yourself, you reject all pleasures, daily life demands constant effort and perseverance, you tend to work yourself to exhaustion, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled and restless activism to any form of quietude and salutary well-being, quiet atmospheres or daily routine are unbearable for you, you have difficulty controlling your aggressiveness and you lose your temper easily, you flee into many daring experiences while sacrificing your tranquillity, These elixirs will help you to live your daily life with more flexibility, to live energetically your relationship with the world while allowing your dreams, your dreams, your desires to come true, to fight for access to more personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

### 274. Transit or aspect of Mars on your Moon in Gemini

Flower essences for this planetary aspect or transit:



IMPATIENS-IMPATIENS GLANDULIFERA



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or aspect of Mars on your Moon in Gemini, you are impatient, very nervous, your life is disorganised, agitated, you go through ups and downs all the time, you have difficulty getting up in the morning, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly troubled by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly disrupt what you are undertaking, or else you oppose unbridled activism and restlessness to any form of peace and salutary well-being, You find quiet surroundings and daily routine unbearable, you find it hard to control your aggression and you lose your temper easily, you flee in a host of daring experiments while sacrific-

ing your tranquillity. These elixirs will help you to fight for greater personal comfort, to rebalance your biological rhythm, to strengthen your nervous system, to regain balance and moderation, to take appropriate initiatives, to fight to preserve your safety without however encroaching on the intimacy of others to live energetically your relation with the world while allowing your dreams, your dreams, your desires to be carried out, to fight to reach more personal comfort, to accept to fight, to take appropriate initiatives, to fortify your interior safety, to overcome the fear to express your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

### 275. Transit or aspect of Mars on your Moon in Cancer

Flower essences for this planetary aspect or transit:



WILLOW-SALIX ALBA



ST. JOHN'SWORT-HYPERICUM PERFORATUM

If, under this transit or aspect of Mars on your Moon in Cancer, you're constantly complaining, your dreams are restless, you're too vulnerable, you're agitated, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles that are necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled and restless activism to any form of quietude and salutary well-being, quiet atmospheres or daily routine are unbearable for you, you have difficulty controlling your aggressiveness and you lose your temper easily, you flee into many daring experiences while sacrificing your tranquillity, These elixirs will help you to live energetically in your relationship with the world while allowing your dreams, your dreams and your desires to come true, to fight for greater personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

# 276. Transit or aspect of Mars on your Moon in Leo



VINE-VINE-VITIS VINIFERA



ORANGE-SWEET ORANGE-CITRUS SINENSIS

If, under this transit or aspect of Mars on your Moon in Leo, you are domineering or inflexible or tyrannical, your emotions are exacerbated, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give in to the inevitable struggles that are necessary for your survival, you remain anchored in your habits, quickly upset by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled and restless activism to any form of quietude and salutary well-being, quiet atmospheres or daily routine are unbearable for you, you have difficulty controlling your aggressiveness and you lose your temper easily, you flee into many daring experiences while sacrificing your tranquillity, These elixirs will release your emotional tensions and help you to live energetically in your relationship with the world while allowing your dreams, your dreams, your desires to come true, to fight for more personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

#### 277. Transit or aspect of Mars on your Moon in Virgo

Elixirs for this planetary aspect or transit:



EAU DE ROCHE-ROCK WATER-AQUA PETRA



**BEECH-FAGUS SYLVATICA** 

If, under this transit or aspect of Mars on your Moon in Virgo, you are strict with yourself, you suffer from an overly rigorous discipline, you reject all pleasures, critical and fussy, you constantly seek perfection in the smallest detail, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled and restless activism to any form of quietude and salutary wellbeing, quiet atmospheres or the daily routine are unbearable for you, you have difficulty controlling your aggressiveness and you lose your temper easily, you flee in multiple daring experiments while sacrificing your tranquillity, these elixirs will help you to live your daily life with more flexibility, to take the worries of daily life less seriously, to live your relationship with the world energetically while allowing your dreams, your desires to come true, to fight for more personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

### 278. Transit or aspect of Mars on your Moon in Libra

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or aspect of Mars on your Moon in Libra, you are constantly preoccupied with the well-being of others, very nervous, your life is disorganised, agitated, you are constantly going through ups and downs, you have difficulty getting up in the morning, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the

realities of the world, you resign yourself to the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection to avoid confronting the world, futile or irrational considerations very quickly disrupt what you are undertaking, or you oppose unbridled activism and restlessness to any form of peace and salutary well-being, quiet environments or daily routine are unbearable for you, These elixirs will help you to fight for greater personal comfort, to rebalance your biological rhythm, to strengthen your nervous system, to rediscover balance and moderation, to take appropriate initiatives to protect yourself, to fight to preserve your balance in everyday life without worrying too much about other people's problems to live your relationship with the world energetically while allowing your dreams, your dreams, your desires to come true, to fight for greater personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

## 279. Transit or aspect of Mars on your Moon in Scorpio

Flower essences for this planetary aspect or transit:



BETONY-WOOD BETONY-STACHYS OFFICINALIS



ST. JOHN'S WORT-HYPERICUM PERFORATUM

If, under this transit or aspect of Mars on your Moon in Scorpio, at night you have night-mares, your dreams are restless and you're worried about the dark, you're agitated, your sexuality is disturbed, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you resign yourself to the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection in order to avoid facing the world, futile or irrational considerations very quickly upset what you are undertaking, or you oppose unbridled activism without rest to any form of quietude and salutary well-being, you can't stand quiet environments or the daily routine, you have difficulty controlling your aggression and you lose your temper easily, you flee into many daring experiences while sacrificing your peace and quiet, these elixirs will help you to balance your sexual expression when it is disturbed, to overcome the compulsive needs caused by fantasies and sexual desires, to live energetically your relationship with the world while allowing your dreams, your dreams, your desires to come true, to fight to reach more personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear to express your emotions. Confront hostile realities with-

out encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

## 280. Transit or aspect of Mars on your Moon in Sagittarius

Flower essences for this planetary aspect or transit:



VERVAIN-VERBENA OFFICINALIS



ORANGE-SWEET ORANGE-CITRUS SINENSIS

If, under this transit or aspect of Mars on your Moon in Sagittarius, your enthusiasm is exaggerated, your emotions are exacerbated, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you resign yourself to the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly disturbed by adversity, you seek protection to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or you oppose unbridled activism without rest to any form of salutary calm and well-being, These elixirs will release your emotional tensions and help you to live your relationship with the world energetically, while allowing your dreams, your dreams and your desires to come true, to fight for greater personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

### 281. Transit or aspect of Mars on your Moon in Capricorn

Elixir for this planetary aspect or transit:



EAU DE ROCHE-ROCK WATER-AQUA PETRA

If, under this transit or aspect of Mars on your Moon in Capricorn, you are hard on your-self, you display coldness and dogmatism, you suffer from an overly rigorous discipline, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles necessary for your

survival, you remain anchored in your habits, quickly troubled by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled activism and without rest with any form of peace and salutary wellbeing, the quiet environments or the daily routine unbear you, you control with difficulty your aggressiveness and you carry away easily, you flee in multiple daring experiments while sacrificing your peace, This elixir will help you to live your daily life with more flexibility, to live your relationship with the world energetically while allowing your dreams, your dreams, your desires to come true, to fight for more personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

#### 282. Transit or aspect of Mars on your Moon in Aquarius

Flower essences for this planetary aspect or transit:



RED CHESTNUT-AESCULUS CARNEA



IPOMÉE POURPRE-MORNING GLORY-IPOMEA PURPUREA

If, under this transit or aspect of Mars on your Moon in Aquarius, you are constantly preoccupied with the well-being of others, very nervous, your life is disorganised, agitated, you are constantly going through ups and downs, you have difficulty getting up in the morning, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give up in the face of the inevitable struggles necessary for your survival, you remain anchored in your habits, quickly troubled by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else you oppose unbridled activism without rest to any form of quietude and healthy well-being, You find quiet surroundings and daily routine unbearable, you find it hard to control your aggression and you lose your temper easily, you flee in a host of daring experiments while sacrificing your peace and quiet. These elixirs will help you to rebalance your biological rhythm, strengthen your nervous system and rediscover balance and moderation, to take appropriate initiatives, to fight to preserve your safety to live energetically your relation with the world while allowing your dreams, your dreams, your desires to be carried out, to fight to reach more personal comfort, to accept to fight, to take appropriate initiatives, to fortify your interior safety, to overcome the fear to express your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

# 283. Transit or aspect of Mars on your Moon in Pisces

Flower essences for this planetary aspect or transit:



WILLOW-SALIX ALBA



ST. JOHN'S WORT-HYPERICUM PERFORATUM

If, under this transit or aspect of Mars on your Moon in Pisces, you're constantly complaining, your dreams are restless and you're worried about the dark, you're too open or too vulnerable, you prefer to take refuge in your daily routine, in a comfortable bubble rather than confront the realities of the world, you give in to the inevitable struggles that are necessary for your survival, you remain anchored in your habits, quickly upset by adversity, you seek protection in order to avoid confronting the world, futile or irrational considerations very quickly upset what you are undertaking, or else, you oppose an unbridled and restless activism to any form of quietude and salutary well-being, quiet atmospheres or daily routine are unbearable for you, you have difficulty controlling your aggressiveness and you lose your temper easily, you flee into many daring experiences while sacrificing your tranquillity, These elixirs will help you to live energetically in your relationship with the world while allowing your dreams, your dreams, your desires to come true, to fight for greater personal comfort, to accept to fight, to take appropriate initiatives, to strengthen your inner security, to overcome the fear of expressing your emotions. Confront hostile realities without encroaching on other people's privacy. Draw on your memory for useful references to guide your actions.

#### 284. Transit or aspect of Mars on your Mercury in Aries



HEATHER-CALLUNA VULGARIS



CALENDULA-GARDEN MARIGOLD-CALENDULA OFFICINALIS

If, under this transit or aspect of Mars on your Mercury in Aries, you talk too much, you systematically put your own problems forward, you lack attention, your behaviour is hurtful, your listening is superficial, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, ironise and avoid direct confrontation, or you are absorbed in what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, these elixirs will help you to assert and defend your points of view and ideas which seem fundamental to you, to listen to others in order to better appreciate the value of their opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

# 285. Transit or aspect of Mars on your Mercury in Taurus

Floral elixir for this planetary aspect or transit:



MOUNTAIN PRIDE-PENSTEMON NEWBERRYL

If, under this transit or aspect of Mars on your Mercury in Taurus, you tend to withdraw in the face of contestation, you have difficulty defending your convictions, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

# 286. Transit or aspect of Mars on your Mercury in Gemini

Flower essences for this planetary aspect or transit:



IMPATIENS-IMPATIENS GLANDULIFERA



LAVENDER-LAVENDER-LAVANDULA OFFICINALIS

If, under this transit or aspect of Mars on your Mercury in Gemini, you are impatient, you are very nervous, overexcited, agitated or stressed, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, these elixirs will help you to assert and defend your points of view and ideas which seem fundamental to you, to listen to others in order to better appreciate the value of their opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 287. Transit or aspect of Mars on your Mercury in Cancer

Floral elixir for this planetary aspect or transit:



MOUNTAIN PRIDE-PENSTEMON NEWBERRYL

If, under this transit or aspect of Mars on your Mercury in Cancer, you tend to withdraw in the face of contestation, you have difficulty defending your convictions, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the

time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

## 288. Transit or aspect of Mars on your Mercury in Leo

Floral elixir for this planetary aspect or transit:



VINE-VINE-VITIS VINIFERA

If, under this transit or aspect of Mars on your Mercury in Leo, you are inflexible your mind is disinclined to cooperate, to listen, or to feel supportive, your mind is agitated and excited, you communicate for the sake of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 289. Transit or aspect of Mars on your Mercury in Virgo



BEECH-FAGUS SYLVATICA



STINKING BIGELWEED-RABBITBRUSCH-ERICAMERIA NAUSEOSA

If, under this transit or aspect of Mars on your Mercury in Virgo, you are critical, fussy and easily overwhelmed by details, your mind is agitated and excited, you communicate for the sake of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, ironise and avoid direct confrontation, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, these elixirs will help you to assert and defend your points of view and ideas which seem fundamental to you, to listen to others in order to better appreciate the value of their opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 290. Transit or aspect of Mars on your Mercury in Libra

Floral elixir for this planetary aspect or transit:



MOUNTAIN PRIDE-PENSTEMON NEWBERRYL

If, under this transit or aspect of Mars on your Mercury in Libra, you tend to withdraw in the face of contestation, you have difficulty defending your convictions, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or

on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 291. Transit or aspect of Mars on your Mercury in Scorpio

Flower essences for this planetary aspect or transit:



WHITE CHESTNUT-AESCULUS HIPPOCASTANUM



PENNYROYAL MINT-MENTHA PULEGIUM

If, under this transit or aspect of Mars on your Mercury in Scorpio, your thoughts are obsessive or repetitive, you are preoccupied and anxious, you have difficulty hearing another point of view than your own, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, ironise and avoid direct confrontation, or you are absorbed in what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, these elixirs will help you to assert and defend your points of view and ideas which seem fundamental to you, to listen to others in order to better appreciate the value of their opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 292. Transit or aspect of Mars on your Mercury in Sagittarius

Floral elixir for this planetary aspect or transit:



VERVAIN-VERBENA OFFICINALIS

If, under this transit or aspect of Mars on your Mercury in Sagittarius, your idealism is excessive, your zeal is excessive, your mind is agitated and excited, you communicate for the sake of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to duck, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

## 293. Transit or aspect of Mars on your Mercury in Capricorn

Floral elixir for this planetary aspect or transit:



CHELIDOIN-CHELIDONIUM MAJUS

If, under this transit or aspect of Mars on your Mercury in Capricorn, you are obstinate, you have difficulty communicating, exchanging, being receptive, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

# 294. Transit or aspect of Mars on your Mercury in Aquarius

Floral elixir for this planetary aspect or transit:



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA

If, under this transit or aspect of Mars on your Mercury in Aquarius, you are impatient, or nervously tense, you are intolerant, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and controversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

#### 295. Transit or aspect of Mars on your Mercury in Pisces

Floral elixir for this planetary aspect or transit:



MOUNTAIN PRIDE-PENSTEMON NEWBERRYL

If, under this transit or aspect of Mars on your Mercury in Pisces, you tend to withdraw in the face of contestation, you have difficulty defending your convictions, your mind is agitated and excited, you communicate for the pleasure of talking, you prefer mind games rather than investing yourself in sustained activity, you prefer to dodge, you are absorbed by what you are doing, you forget all forms of communication and distraction, you are on the defensive or on the offensive, you are not available for relaxed and casual listening, you do not take the time to satisfy any curiosity or to enrich your mind, you act without caring to be heard, you do not take the trouble to think before acting or speaking, you are prone to regrettable deviations of language, this elixir will help you to assert and defend your points of view and ideas which appear fundamental to you, to listen to the other in order to better appreciate the value of its opinions, to remain firm in any discussion and to defend your convictions without however blocking you in a unilateral vision, to take initiatives on the intellectual level without dispersing you in multiple directions, to resist the desire to retaliate or to give in to your first impulse, to assert your ideas without provoking others. Avoid unproductive arguments and con-

troversies. If you can't control yourself, it's best to end a heated discussion and put it off until later.

## 296. Transit or aspect of Mars on your Venus in Aries

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Aries, you have a problem with the feeling of love, you feel anger or jealousy, your emotional life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

#### 297. Transit or aspect of Mars on your Venus in Taurus



HOLLY-HOLLY-ILEX AOUIFOLIUM



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Taurus, you have a problem with the feeling of love, you feel jealousy or envy, your emotional life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 298. Transit or aspect of Mars on your Venus in Gemini

Flower essences for this planetary aspect or transit:



IMPATIENS-IMPATIENS-IMPATIENS GLANDULIFERA



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Gemini, you are impatient, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you tend to make the other person so furious with you that you are obliged to defend yourself, which finally allows you to discover your own power, as soon as you take action, you no longer notice the emotional expectations of others, you get caught up in your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends,

you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 299. Transit or aspect of Mars on your Venus in Cancer

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Cancer, you have a problem with the feeling of love, you feel jealous, your emotional life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

#### 300. Transit or aspect of Mars on your Venus in Leo



VINE-VINE-VITIS VINIFERA



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Leo, you are domineering or tyrannical, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

#### 301. Transit or aspect of Mars on your Venus in Virgo

Flower essences for this planetary aspect or transit:



**QUINCE-CHAENOMELES SPECIOSA** 



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or aspect of Mars on your Venus in Virgo, you are too serious and lack a sense of humour, or too rigid and are crushed by work, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating,

you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 302. Transit or aspect of Mars on your Venus in Libra

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Libra, you risk a rupture in your relationships, you have difficulty reconciling love and sexuality, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 303. Transit or aspect of Mars on your Venus in Scorpio

Flower essences for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Scorpio, you have a problem with the feeling of love, you feel hatred or jealousy, you want revenge, your emotional life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 304. Transit or aspect of Mars on your Venus in Sagittarius



VERVAIN-VERBENA OFFICINALIS



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Sagittarius, your enthusiasm is exaggerated, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

#### 305. Transit or aspect of Mars on your Venus in Capricorn

Flower essences for this planetary aspect or transit:



QUINCE-CHAENOMELES SPECIOSA



ZINNIA-ZINNIA-ELEGANS ZINNIA

If, under this transit or aspect of Mars on your Venus in Capricorn, you are too serious and lack a sense of humour, or too rigid and are crushed by work, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to

(re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

## 306. Transit or aspect of Mars on your Venus in Aquarius

Flower essences for this planetary aspect or transit:



COEUR DE MARIE-BLEEDING HEART-LAMPROCAPNOS SPECTABILIS



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Aquarius, you risk a rupture in your relationships, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, you get caught up in your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

#### 307. Transit or aspect of Mars on your Venus in Pisces

Flower essences for this planetary aspect or transit:



SCLERANTHUS-KNAWEL-SCLERANTHUS ANNUUS



QUINCE-CHAENOMELES SPECIOSA

If, under this transit or aspect of Mars on your Venus in Pisces, you are indecisive and hesitant to make a choice, your love life is a battlefield excluding tenderness and compassion, you have a need to manifest all the resentment that has been unconsciously smouldering since all those times when you were too accommodating, you have a tendency to make the other person so angry with you that you are forced to defend yourself, which ultimately allows you to discover your own power; as soon as you take action, you no longer notice the emotional expectations of others, monopolised by your activities, you remain insensitive to the beauty of things, you end up driving away the people you love because of your brusque behaviour, or else, you constantly demand that the other person adapt to you, you believe that your love life should be satisfied without you having to take action, as soon as your heart is solicited, you lack realism, to achieve your ends, you willingly use charm or seduction without making the slightest effort, these elixirs will help you to (re)conquer the chosen one of your heart, to make desire and tenderness coexist harmoniously, the need to be different and the need to be loved, repulsion and attraction, to love with passion and desire with tenderness, to take into account the emotional factor when you act, to declare your feelings with fervour but also with moderation and while taking into account the feelings of others.

# 308. Transit of Mars on your Mars in Aries

Flower essences for this planetary transit:



BEECH-FAGUS SYLVATICA



TIGER LILY-LILIUM LANCIFOLIUM

If, under this transit of Mars on your Mars in Aries, you are intolerant and too demanding or critical towards others, you are aggressive and you lack cooperation, these elixirs will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 309. Transit of Mars on your Mars in Taurus

Flower essences for this planetary transit:



OAK-OAK-QUERCUS ROBUR



QUINCE-CHAENOMELES SPECIOSA

If, under this transit of Mars on your Mars in Taurus, inflexible, you continue to fight in spite of everything, you have difficulties to reconcile force and tenderness, these elixirs will help you to harmonize sexuality and feelings, to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 310. Transit of Mars over your Mars in Gemini

Flower essences for this planetary transit:



IMPATIENS-IMPATIENS GLANDULIFERA



CALENDULA-GARDEN MARIGOLD-CALENDULA OFFICINALIS

If, under this transit of Mars on your Mars in Gemini, you are impatient, or nervously tense, your behaviour is hurtful, your listening is superficial, these elixirs will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 311. Transit of Mars on your Mars in Cancer

Flower essences for this planetary transit:



YELLOW MIMULUS-MIMULUS-MIMULUS GUTTATUS



ORTIE-STINGING NETTLE-URTICA DIOICA

If, under this transit of Mars on your Mars in Cancer, out of fear or vulnerability you refuse to get involved, you are in constant conflict with your family, these elixirs will help you to assert something of yourself or defend your vital space without encroaching on the freedoms of others and to channel your aggression while remaining constructive.

# 312. Transit of Mars on your Mars in Leo

Flower essences for this planetary transit:



VINE-VINE-VITIS VINIFERA



MARTAGON LILY LILY-LILIUM MARTAGON

If, under this transit of Mars on your Mars in Leo, you are domineering or inflexible or tyrannical, you are authoritarian, aggressive, these elixirs will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 313. Transit of Mars on your Mars in Virgo

Floral elixir for this planetary transit:



OAK-OAK-QUERCUS ROBUR

If, under this transit of Mars on your Mars in Virgo, you work too much out of a sense of duty, this elixir will help you to assert something of yourself or defend your vital space without encroaching on the freedoms of others and to channel your aggression while remaining constructive.

# 314. Transit of Mars on your Mars in Libra

Flower essences for this planetary transit:



QUINCE-CHAENOMELES SPECIOSA



ORTIE-STINGING NETTLE-URTICA DIOICA

If, under this transit of Mars on your Mars in Libra, you feel unable to see inner beauty, you are in constant conflict with your partner, you have difficulty reconciling strength and tenderness, these elixirs will help you to harmonise sexuality and feelings, to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggression while remaining constructive.

# 315. Transit of Mars on your Mars in Scorpio

Flower essences for this planetary transit:



BETONY-WOOD BETONY-STACHYS OFFICINALIS



EASTER LILY-LILIUM LONGIFLORUM

If, under this transit of Mars on your Mars in Scorpio, you are anxious, you are afraid of the unknown, you live conflicts on the sexual level, these elixirs will help you to solve your conflicts related to sexuality, to balance your sexual expression when this one is disturbed, to overcome the compulsive needs caused by the fantasies and the sexual desires, to assert something of yourself or to defend your vital space without for as much encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

## 316. Transit of Mars on your Mars in Sagittarius

Flower essences for this planetary transit:



**VERVAIN-VERBENA OFFICINALIS** 



ORTIE-STINGING NETTLE-URTICA DIOICA

If, under this transit of Mars on your Mars in Sagittarius, your enthusiasm is exaggerated, your idealism is excessive, you are fanatical, you are in permanent conflict within a group, these elixirs will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

#### 317. Transit of Mars over your Mars in Capricorn

Floral elixir for this planetary transit:



OAK-OAK-QUERCUS ROBUR

If, under this transit of Mars on your Mars in Capricorn, your will is unbridled but put to the test by its limits, you work too much out of a sense of duty, inflexible you continue to fight in spite of everything, this elixir will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 318. Transit of Mars on your Mars in Aquarius

Flower essences for this planetary transit:



ORTIE-STINGING NETTLE-URTICA DIOICA



HOLLY-LEAVED MAHONIA-OREGON GRAPE-MAHONIA AQUIFOLIUM

If, under this transit of Mars on your Mars in Aquarius, you are in permanent conflict with your friends, you are on the defensive, in the expectation of the hostility of the other, these elixirs will help you to assert something of yourself or to defend your vital space without encroaching on the freedoms of others and to channel your aggressiveness while remaining constructive.

# 319. Transit of Mars on your Mars in Pisces

Flower essences for this planetary transit:



YELLOW MIMULUS-MIMULUS GUTTATUS



RED CLOVER-TRIFOLIUM PRATENSE

If, under this transit of Mars on your Mars in Pisces, you are very emotional or vulnerable, you are anxious, prone to panic, these elixirs will help you to remain calm in the face of mass movements or destabilising collective states of consciousness, to keep your composure in crisis situations, to assert something of yourself or defend your vital space without encroaching on the freedoms of others and to channel your aggression while remaining constructive.

# 320. Mars transiting your Jupiter

Floral elixir for this planetary transit:



VERVAIN-VERBENA OFFICINALIS

If, under this transit of Mars on your Jupiter, you are charismatic and energetic and wish to rally others to your cause, your excessive enthusiasm will lead you to excessive proselytising. This elixir will help you to defend your convictions while taking everyone's aspirations into account.

# 321. Mars transiting your Saturn

Floral elixir for this planetary transit:



OAK-OAK-QUERCUS ROBUR

If, under this transit of Mars on your inflexible Saturn, you continue to fight in spite of everything without taking your limits into account, this elixir will help you to be careful so that the end doesn't justify the means. Obstacles must be overcome but not overturned.

#### 322. Mars transiting your Uranus

Floral elixir for this planetary transit:



-IMPATIENS GLANDULIFERA

If, under this transit of Mars on your Uranus, you are nervously tense, irritated, this elixir will bring you peace of mind and the relaxation of mental and physical tensions.

# 323. Mars transiting your Neptune

Floral elixir for this planetary transit:



RED CLOVER-TRIFOLIUM PRATENSE

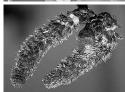
If, under this transit of Mars on your Neptune, you lose all autonomy in the face of negative collective influences, this elixir will help you keep calm and composure in crisis situations.

# 324. Mars transiting your Pluto

Flower essences for this planetary transit:



PRUNUS-CHERRY PLUM



ASPEN-POPULUS TREMULA

If, under this transit of Mars on your Pluto, you are anxious, you are afraid of the unknown, you fear your impulses, these elixirs will give you back confidence in your ability to control yourself, the courage to face the unknown.

# 325. Transit or aspect of Pluto on your Ascendant

# Flower essences for this planetary aspect or transit:



JASMINE-JASMINE-JASMINUM OFFICINALIS



FIREWEED-EPILOBIUM ANGUSTIFOLIUM

If, under this transit or this aspect of Pluto on your ascendant, you adopt defensive attitudes which prevent you from seeing what you really are, you hide behind artificial behaviours for fear that others will exploit your weaknesses, you feel bad about yourself, These elixirs will help you to go deeper and discover the very essence of your identity, to probe with insight the image you have of yourself, to free yourself from the obsessive need to control everything, to

remain open and available, to reject what no longer corresponds to you and to accept yourself as you are.

# 326. Transit or aspect of Neptune on your Ascendant

Flower essences for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS



CALIFORNIA POPPY-ESCHSCHOLZIA CALIFORNICA

If, under this transit or this aspect of Neptune on your Ascendant, you are invaded by a certain turmoil, you have difficulty defining yourself as a distinct person, you try to find outside yourself what you should find within yourself, your identity needs to merge into a collective or a spiritual current, These elixirs will help you to recognise your personal qualities and abilities, to sacrifice something of yourself to feel more in tune with a universal dimension, to surrender yourself to the force of immersion or self-denial, capable of dissolving the psychic boundaries that separate you from full consciousness.

#### 327. Transit or aspect of Uranus on your Ascendant

Floral elixir for this planetary aspect or transit:



WALNUT-WALNUT-JUGLANS REGIA

If, under this transit or this aspect of Uranus on your Ascendant, you feel internally tense, separated from the others, you have difficulties in seeing what must change in yourself, this elixir will help you to break your barriers and your defences, to make the step towards a freer personality, more independent and more autonomous.

## 328. Transit or aspect of Saturn on your Ascendant



OAK-OAK-QUERCUS ROBUR



EAU DE ROCHE-ROCK WATER-AQUA PETRA

If, under this transit or this aspect of Saturn on your Ascendant, you tend to feel limited as a person, to accept yourself with difficulty, you draw few lessons from your failures, these elixirs will help you to make the effort to know yourself better, to become aware of what you are really capable of doing, to maintain your body and to discipline it while taking account of its limits, to adopt a patient and detached attitude with regard to yourself, to devote much effort to reconsidering your aptitudes, your resources, to take stock to see what can serve as a basis for your identity.

# 329. Transit or aspect of Mars on your Ascendant

Floral elixir for this planetary aspect or transit:



BEECH-FAGUS SYLVATICA

If, under this transit or this aspect of Mars on your Ascendant, you are too demanding with regard to others, you are on the defensive and you react strongly to the slightest clash with your entourage, this elixir will help you to force the way towards a more consolidated knowledge of yourself, to assert your personality while taking account of the aspirations of each one, to show what you are as a person without however attacking others, to take your place in all conscience of the place of each one.

#### 330. Transit or aspect of Pluto on your Midheaven



WILD OATS-BROMUS RAMOSUS

WILLOW-SALIX ALBA

If, under this transit or this aspect of Pluto on your Midheaven, you do not manage to formulate your ambitions, you realize that your objectives of life are obsolete, you traverse a crisis on the level of your career, you are tempted to reach your ambitions by power struggles or manipulation, you are following a path strewn with intrigues detrimental to your success and your reputation, these elixirs will help you to go deeper to discover your role to play in society and to abandon all your stereotyped goals which no longer correspond to your real creative possibilities.

# 331. Transit or aspect of Neptune on the Midheaven

Floral elixir for this planetary aspect or transit:



WILD OATS-BROMUS RAMOSUS

If, under this transit or this aspect of Neptune on your Midheaven, you have a tendency to disperse yourself and to let yourself be dragged into confusing, compromising situations, prejudicial to your reputation, you constantly hesitate about life choices through lack of interest, this elixir will help you to put your ambitions at the service of a great cause, to participate fully in the currents of life. Don't cling to false hopes. Concentrate on what you can control and let go of the areas that elude you. Let yourself be carried along by a promising social or collective current.

#### 332. Transit or aspect of Saturn on your Midheaven



ZINNIA-ZINNIA-ELEGANS ZINNIA



WILD BLACKBERRY-BLACKBERRY-RUBUS FRUTICOSUS

If, under this transit you feel frustrated professionally, you wish to reach the top, you are preoccupied with your ambitions, your role in the society and what you represent as a social person, these elixirs will help you to assume great responsibilities, to build your life on more solid and realistic bases while taking account of your real possibilities and to evaluate concretely your true goals and to consolidate your social position. to define the extent of your ambitions and to determine their real significances, to concretize your professional objectives.

# 333. Transit or aspect of Mars on your Midheaven

Elixirs for this planetary aspect or transit:



HOLLY-HOLLY-ILEX AQUIFOLIUM



**BEECH-FAGUS SYLVATICA** 

If, under this transit or this aspect of Mars on your Midheaven, you meet adversity on the professional level, you are tempted to seek quarrel, you wish to reach your goals without consideration for others, these elixirs will help you to fight with more flexibility, to take appropriate initiatives, to defend with force your role within the company, to keep the direction of the measure and to take account of the wishes and the susceptibilities of each one.

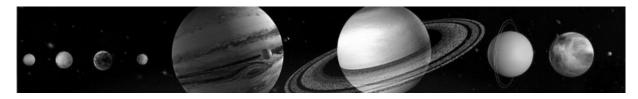
# 334. Appendix A: Astrology glossary

#### The Astral theme

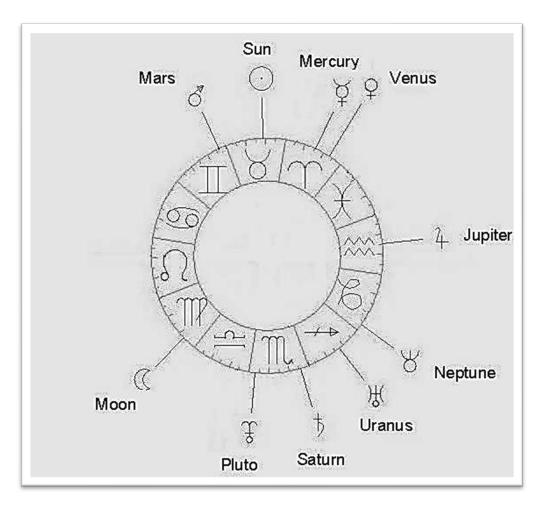
A natal chart is a representation of the sky as it was at the time of an individual's birth. This drawing in the sky (the zodiac) is made up of twelve "signs".

The stars (also called planets) move around the celestial sphere in the same circle. This trajectory, divided into twelve equal sectors, forms the zodiac with its twelve signs.

# The planets: Your force fields



Beyond the sun sign, the analysis of the birth chart takes into account all the signs occupied by one or more planets. In mindfulness astrology, each planet symbolises an inner force. This force expresses itself differently according to its position in the sky.



# Table of forces and trends represented by each planet

Planets	Strengths and trends
Sun	Life force <sup>6</sup> and fulfilment: guide, desire, awaken, express, create, regenerate, radiate, shine, magnify, sublimate, expose, centre, glorify, direct
Moon	<b>Abandonment</b> <sup>7</sup> : memorise, fertilise, secure, protect, internalise, dream
Mercure	Mental strength <sup>8</sup> : understand, think, connect, reflect, solve, inform, communicate, translate, diversify
Venus	Force of attraction <sup>9</sup> : love, attract, seduce, charm, beautify, bind
March	Virile strength <sup>10</sup> : conquer, act, assert, fight, defeat, defend, repel, counter
Jupiter	A moral force for expansion and growth, a force for cohesion <sup>11</sup> : amplify, increase, optimise, develop, group together, legislate
Saturn	<b>Stabilising force</b> <sup>12</sup> (maturity, stability, wisdom, renunciation, etc.): stabilising, perpetuating, toning down, limiting, making responsible, growing up, assuming, renouncing, etc.
Uranus	Force for emancipation <sup>13</sup> : Liberate, emancipate, progress, change, single out, break away
Neptune	The power of immersion and self-denial <sup>14</sup> : dissolve, abandon, forgive, immerse, meditate, merge
Pluto	<b>Investigative power</b> <sup>15</sup> : eliminate, investigate, question, deepen, transform, essentialise, deliver, resurrect

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<sup>&</sup>lt;sup>6</sup> The vital and realising force is our inner guide, our conscious pole, our ability to create, our convictions, our decision-making.

<sup>&</sup>lt;sup>7</sup> This force of abandonment to the flow of life responds to our need for security, intimacy, comfort, well-being and tranquillity.

<sup>&</sup>lt;sup>8</sup> Mental strength responds to our need to speak, write and inform ourselves, and to the need to think and communicate.

<sup>&</sup>lt;sup>9</sup> The force of attraction responds to our need for tenderness and love and to the need to seduce in order to provoke a meeting and share the best of ourselves.

<sup>&</sup>lt;sup>10</sup> Manly strength responds to our pressing need for action and affirmation, and to the need to conquer and defend our vital space.

<sup>&</sup>lt;sup>11</sup> This force of cohesion responds to **our need to integrate into society or into a group, to the** obligation to conform to the laws and norms that regulate social life or the life of a group. It is also our moral force for expansion and growth, which introduces us to a higher dimension of existence.

<sup>&</sup>lt;sup>12</sup> The stabilising force responds to our need to satisfy our ambitions, to assess situations in depth and learn from them, and to the need to know our limits and take responsibility.

<sup>&</sup>lt;sup>13</sup> This force is capable of breaking any dependency that distracts us from the freedom of our original being. It responds to our imperative need for independence, change and progress.

<sup>&</sup>lt;sup>14</sup> It is the force capable of dissolving everything in our psyche that stands in the way of our return to full consciousness.

<sup>&</sup>lt;sup>15</sup> It's a force capable of bringing to light our frustrations, past mistakes, psychological wounds, repressed secrets, resistance and all the issues of power and control in our lives.

# The planets in the signs: the ways in which we manifest each force in our psyche

The planet symbolises a force. In our natal chart, each planet (representing a force field) in a sign (representing an energy field) indicates the type of energy (symbolised by the sign occupied by the planet) that feeds a force (symbolised by a planet in a sign). A planet's force takes on a specific hue according to the sign it occupies. The field of energy symbolised by the sign manifests itself through the psychological function represented by the planet. For example, the seductive power of Venus will be passionate in the sign of Aries, but reasoned in the sign of Capricorn.

# The Ascendant: You in relation to others

The Ascendant is not a planet. It is the point on the zodiac that rises on the eastern horizon at the moment of birth.

While the Sun mainly indicates what we are capable of achieving, the Ascendant is the place where we mobilise enough energy to freely manifest our personal identity. Like the Sun sign, the Ascendant is also a determining factor in drawing up a professional profile.

# The "Houses": Your fields of experience 16

The intersection of the horizontal axis passing through the Ascendant and the vertical axis passing through the Midheaven defines four zones. Each zone is divided into three parts to form a set of twelve sectors. These sectors, called "houses", are superimposed on the zodiac. Each sphere of life is associated with an astrological 'house'. Each sphere of existence groups together a variety of experiences that are all linked to the same general idea (for example, the guiding principle of the 2nd house is to make the most of our assets, gifts and money). The houses that concern us are those in our natal chart that are occupied by one or more planets.

#### The planets in the houses: our strengths for success in our chosen fields

You have to use the strength symbolised by the planet to succeed in the area of life indicated by the 'house' occupied by that planet. If, for example, Venus is in the 10th house, you'll use your charm and power of seduction to succeed professionally. If Mars is in the 6th house, work is an excellent outlet for channelling your aggression, keeping you in your job and earning your respect. It's better to go on the offensive than to remain on the defensive.

#### **Interplanetary aspects:** your tendencies

The planets are distributed along the zodiac at varying distances from one another. These distances are measured in angular deviations, known as aspects.

In simple terms, two planets are said to be in mutual aspect if they are close to each other (they are said to be in conjunction), if they are in opposite signs (they are said to be in opposi-

<sup>&</sup>lt;sup>16</sup>The position of the houses depends on the time of birth and the geographical coordinates of the place of birth. The houses are numbered from I to XII and the beginning of each house is called the "cusp".

tion), if they are approximately 90 degrees apart (they are said to be in square), or if they are approximately 120 degrees apart (they are said to be in trine).

Two planets in close proximity to each other are said to be in conjunction. Two planets in opposite signs are said to be in opposition. Two planets 90 degrees apart are said to be in square. These three aspects (conjunction, opposition and square) are called major aspects of tension.

An aspect of tension represents two opposing forces (or tendencies). This discordance is due to the fact that it is difficult for us to bring these two forces together. We tend, through ignorance, ease or lack of attention, to favour and express one to the detriment of the other, or one at cross-purposes with the other. By favouring one of the forces, we repress the other, creating stress, tension or other manifestations that we consider negative, such as anxiety, unease, frustration, inhibition... For these negative manifestations to fade and cease, we need to confront the challenges generated by this inner tension and develop other behaviours. Let's pay attention to this contradiction, integrate these two forces and live them, without favouring one or the other. To integrate them, we need to learn to accept and recognise them as two distinct forces.

#### Remarks:

To interpret the aspects in a natal chart, we take into account only the dominant aspects, i.e. the tension and major aspects, i.e. the following aspects <sup>17</sup>: the square, the opposition and the conjunction <sup>18</sup>.

# Planetary transits: reflections of the psyche in motion

Our psyche reflects our birth chart. This original psyche, which emerges at the moment of our birth, remains constant throughout our lives. However, there are periods when this psyche, while retaining its basic structure, manifests itself differently. These psychic variations correlate with the planetary positions at those particular times. These planets are superimposed on each natal chart. They are called "planetary transits".

As we go through the experiences indicated by the houses occupied by the planets in our natal chart, other experiences signified by the houses occupied by the planets of the moment are added for a given period. We must also take into account the interactions or aspects between the planets of the natal chart and the planets of the moment, called 'transits' as mentioned above.

In a similar way to the aspects between the planets of the natal chart, a current planet that passes close to a natal planet is said to be in conjunction. A planet that is currently opposite a natal planet is said to be in opposition. A planet at 90 degrees to a natal planet is said to be in square. These three aspects of transits (conjunction, opposition and square) are also considered to be major aspects of tension.

Transits are our temporary force fields. The events we encounter are like barometers that tell us whether we are in tune with our force fields, whether they are original or temporary. Transits tell us when we need to focus our attention in order to become aware of what is emerging within us. By doing so, we prevent our awareness being hijacked by deviant thoughts. Trans-

<sup>&</sup>lt;sup>17</sup> Any aspect with the planet Jupiter is not taken into account because the problems symbolised by these aspects are minor compared with those symbolised by aspects with Mars, Saturn, Uranus, Neptune or Pluto.

<sup>&</sup>lt;sup>18</sup> Except for the planet Jupiter. The conjunction of Jupiter with another planet should be considered as a relaxing aspect.

its serve to predict and interpret this succession of present moments. Planetary transits are therefore an invaluable aid to understanding the movements of our psyche in the present moment.

#### Remarks:

The meaning of a transit from planet P1 to planet P2 in your natal chart is identical to the meaning of the planet P1-planet P2 aspect. For example, the significance of Mars transiting your Sun is the same as that of the Mars-Sun aspect.

To interpret transits in a natal chart, we take into account only the dominant transits. In other words, we consider the transits of the semi-slow and slow planets that have a major aspect of tension with the planet being transited. This includes the following transits<sup>19</sup>: those of Mars, Saturn, Uranus, Neptune and Pluto, in square, opposition or conjunction<sup>20</sup> with a planet in the birth chart.

<sup>&</sup>lt;sup>19</sup> The planet Jupiter is not taken into account because the problems symbolised by Jupiter transits are minor compared with those symbolised by Mars, Saturn, Uranus, Neptune or Pluto.

<sup>&</sup>lt;sup>20</sup> Except for the planet Jupiter. The conjunction of Jupiter transiting a planet in the birth chart should be considered as a relaxing aspect.

# 335. Appendix B: Where can I find flower essences and how to use them?

Here is a non-exhaustive list:

-Flower Essence Services flower essences

On the websites: http://www.fesflowers.com/ or http://www.lesfleursdubien.net/

-DEVA flower essences

On the website: <a href="http://www.lab-deva.com/">http://www.lab-deva.com/</a> or in health food shops

DEVA Laboratory- BP 3- F 38880- AUTRANS Tel: 04 76 95 35 87

-PHI Essences BV flower essences

On the website: http://www.phiessences.com/

The flower essences on offer cannot replace a medical or psychological diagnosis by a health professional, as they are not medicines.

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# Credit

Wild Orchid - Fotolia.com

# **Astrology and flower essences**



This book establishes a link between a person's astral chart and the flower essences best suited to their character. Flower essences are obtained by maceration or infusion of flowers and plants. These elixirs are impregnated with the plant's energy. Once absorbed, they interact with our own forces. They are powerful catalysts for evolution and transformation, encouraging the awakening of sensitivity and bringing to consciousness an imperative inner need. Used with discernment, these flower essences are essential allies in bringing out the qualities within us and improving our relationship with the world.