



EAPC



School of Astrology and Mindfulness

Lesson 12 The Moon in Signs, Houses and Aspects

The Moon symbolises our ability to surrender to the flow of life. It responds to our need for security, intimacy, comfort, well-being and tranquillity. It reveals how we feel, interpret and react to the world. Representing the passive force of our soul, it memorises what we have seen, heard and touched. This memory plays an essential role in integrating our experiences, emotions and memories, thus creating continuity in our perception of the world. Like an invisible thread, it connects the different moments of our existence. As a passive force, it promotes constant openness to learning through feeling. Through its memorial nature, it helps us adapt and forge a deep connection with the world and with ourselves, while bearing witness to the cyclical nature of life.¹

While our masculine strength and vitality enable us to move towards a specific goal, our strength of surrender opens us up to what is. These two forces, one of affirmation (masculinity, virility, power) and the other of

¹ Emotional memory is a fundamental survival tool. By recording our sensory and emotional experiences, it allows us to anticipate and respond to similar situations in the future. For example, feeling fear in the face of danger helps us avoid it in the future. What we remember — what we see, hear and feel — forms the basis on which we build our perception of the world and ourselves. These emotional memories influence our choices and shape our relationship with our environment.

surrender (femininity, receptivity, sensitivity), coexist in the psyche of both women and men.

The Moon in a sign indicates how we open ourselves to the world. This openness to life manifests itself in very different ways from one person to another:

For example, a Moon in Aries reacts in the moment and surrenders itself fervently and spontaneously to the flow of life, while a Moon in Capricorn approaches situations with restraint, thinking before acting and maintaining an impassive appearance in the face of events. This dynamic of instinctive surrender of the Moon in Aries is characteristic of the fire signs (Aries, Leo, Sagittarius), which react with confidence and enthusiasm to circumstances. Conversely, in an earth sign (Taurus, Virgo, Capricorn), reactions are slower, more measured and discerning, as is the case with the Moon in Virgo. Air signs (Gemini, Libra, Aquarius) are distinguished by the fluidity and flexibility of their reactions. They surrender themselves with ease, delicacy and intelligence to the movements of life: for example, the Moon in Libra instinctively seeks to reconcile and preserve harmony around it. On the other hand, water signs (Cancer, Scorpio, Pisces) display more enigmatic, complex and even mysterious reactions. A Moon in Pisces, for example, deeply absorbs its environment, picking up on the doubts and emotional charges around it. Its balance depends on its ability to harmonise with collective currents. The Moon in Cancer and the Moon in Pisces have a romantic and sensitive soul, while the Moon in Scorpio, more

tormented, seeks transformation and resilience through life's trials.

The Moon in a sign sheds light on the beneficial habits we should cultivate to strengthen our confidence in the flow of life. It reflects our spontaneous, often unconscious reactions to events that influence our moods and states of mind. It also provides valuable insights into our daily lifestyle.

The house where the Moon is located reveals the experiences that awaken our sensitivity and those through which we seek security. To succeed in the area represented by this house, it is essential to develop our imagination and become aware of the habitual patterns that guide our reactions.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about 'learning' than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying the Moon in Aquarius, look for well-known people with this configuration (on sites such as astrotheme.fr), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reading: *The Moon in Astrology* by Jérôme Zenastral

In this book, each position of the Moon is explored in detail:

- **The 12 signs** of the zodiac, which colour our sensitivity and spontaneous reactions.
- **The 12 houses**, which reveal the areas of life where our soul seeks to express itself and feel secure.
- **The aspects to other planets**, which refine and nuance the way we experience and feel.

This book offers keys to better understand our lunar nature and live in harmony with it. Each interpretation is accompanied by food for thought and psychosolutions to fully integrate this energy into our daily lives.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: **jerome(at)zenastral.fr**