



EAPC



School of Astrology and Mindfulness

Lesson 15 Mars in Signs, Houses and Aspects

Our military strength¹, which drives us to conquer our place in the world and defend our interests, is symbolised by the planet Mars.

Mars in a zodiac sign represents how we act, fight and assert ourselves in the face of life's challenges.

Whether we are male or female, Mars in our astrological chart tells us how to channel our aggression in a positive way. It is about discovering the virtues we need to develop in order to assert ourselves with harmony and determination.

Mars in an astrological house reveals the areas of our life where we seek challenges and where we are ready to invest ourselves fully. These are the aspects of our existence that require us to mobilise our warrior strength and fighting spirit to overcome obstacles and move forward.

¹ This warrior spirit is equally present in men and women, and it manifests itself through each person's ability to face challenges, assert themselves, and act with determination. The choice of the term 'warrior' here is not an exclusive reference to masculinity, but a recognition of the Martian energy that resides in all of us, regardless of gender. By using this term, we seek to restore a more balanced and inclusive vision of strength, which belongs as much to women as it does to men.

Reminder:

Progression method for each course

This training is aimed at independent, curious people who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising. Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual birth charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Mars in Cancer, look for well-known people with this configuration (on sites such as zenastral.fr) and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reading: *Mars in Astrology* by Jérôme Zenastral

In this book, you will find a detailed analysis of the 144 possible combinations of Mars in signs and houses, enriched by the meaning of the aspects it forms with other planets.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: **jerome(at)zenastral.fr**