



School of Astrology and Mindfulness

Lesson 16 Ceres in Signs, Houses and Aspects

In the vastness of the cosmos, each celestial body stands as a symbol, a reflection of the inner dynamics that animate our being. Among them, Ceres occupies a unique place. Long interpreted through the prism of mythology and Mother Earth, its true essence lies elsewhere. It is the ruler of the sign of Virgo, not because of a seasonal analogy specific to the northern hemisphere, but as a force inherent in the energy of this sign.

Ceres embodies the power to examine, organise, rectify, correct and purify. She does not merely observe: she sorts, analyses, heals and distinguishes the essential from the superfluous. She is the inner force that drives us to scrutinise our inner workings in order to adjust them to a greater order.

Before we can deal with our fellow human beings, we need to identify our own inconsistencies and limitations. Ceres is the energy that allows us to put things in order before we can achieve balance in our relationships.

She does not influence or dictate, she reveals. Her position in an astrological chart highlights a synchronous principle that exists within us¹. It is a mirror that reflects back to us our ability to discern, rectify and purify what needs to be in order to move forward with clarity.

In a sign, Ceres shows us how we manifest this force of purification and care. The house it occupies reveals the field of experience where we need to make improvements, provide care, correct our mistakes and bring order. It represents an alchemical space, reflecting the work of examination and transformation that we carry out on ourselves. Since this house symbolises the place where we generate these experiences, the more we progress internally, the more these experiences, as well as a part of ourselves, will tend towards balance and harmony.

Thus, understanding Ceres means understanding the necessity of working on oneself. It means recognising that evolution involves a process of self-evaluation and improvement. It also means perceiving the fundamental place of this force in our quest for harmony and fulfilment. This book explores Ceres in all its facets, in signs, houses

¹ Synchronicity is a concept in analytical psychology developed by Swiss psychiatrist Carl Gustav Jung: the simultaneous occurrence of at least two events that have no causal connection, but whose association makes sense to the person perceiving them. The event cannot be explained by causality. In the context of astrology, the idea that the astral chart can be in synchronicity with a person's psyche evokes striking parallels with the quantum phenomenon of 'entanglement' (see the book *The Astral Theme: Mirror of the Quantum Psyche* by Jérôme Zenastral).

and aspects, to better understand its essential role in our inner construction and life dynamics.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)

- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Ceres in Pisces, look for well-known people with this configuration (on sites such as astrotheme.fr), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reading: *Ceres in Astrology* by Jérôme Zenastral

In this book, we will explore in detail the meaning of Ceres according to its position in your birth chart. We will also analyse its relationships with other planets, revealing how these interactions reflect periods of profound transformation or inner peace.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: [jerome\(at\)zenastral.fr](mailto:jerome(at)zenastral.fr)