



EAPC



School of Astrology and Mindfulness

Lesson 19 The transpersonal planets

Universal consciousness is constantly at work, manifesting itself endlessly in the world in different forms. Every moment, every thing, every event, every individual is an expression of this universal consciousness. This consciousness is not static, but dynamic and always evolving. It is constantly renewing itself, constantly creating new forms, new possibilities. Every moment of life is a manifestation of universal consciousness. Every heartbeat, every breath, every thought, every sensation is an expression of this consciousness. These three planets do not describe personality traits, but profound movements of Being. They are not there to reinforce our identity, but to help us detach from it with clarity, in an evolutionary process of alignment with the Self.

To do this, we have several forces at our disposal:

-A force of emancipation that can play a valuable role by encouraging us to break the chains of dependence and open ourselves to our original 'beingness'. This force of emancipation is symbolised by the planet Uranus.

-A force of immersion, dissolution, self-denial and forgiveness that will deconstruct and dissolve in our psyche everything that hinders our return to consciousness (or the unmanifest). This force of immersion is symbolised by the planet Neptune.

-A force of transformation, capable of bringing our resistance to light and freeing us from it. This force of transformation is symbolised by the planet Pluto.

These forces express themselves differently depending on the sign they occupy and are mainly exerted in the house they occupy. Remember that astrology is based on the idea that the energies and characteristics symbolised by the planets are expressed in a unique way depending on the sign they are in. Each sign of the zodiac has its own distinct qualities and attributes, and when a planet is in a particular sign, the way it expresses its energy is influenced by these characteristics.

For example, in Aries, Uranus favours a very bold and direct expression of independence, while in Taurus, the quest for freedom may be more conventional and pragmatic. This is due to the different natures of the zodiac signs. Aries is a fire sign known for its boldness and initiative, while Taurus is an earth sign known for its stubbornness and practicality.

The houses in astrology correspond to types of events that we bring about through our behaviour. Our spheres of existence are therefore a reflection of who we are. The quality of these events tells us where we are in terms of self-knowledge. When we are in tune with our strengths, there are no real challenges to overcome in the areas occupied by one or more planets.

These strengths are not always comfortable: they disturb, awaken, dissolve and transform. They do not seek our

consent, but our awakening. They do not consolidate the ego; they work to transcend it. Wherever they pass, they cause a fundamental readjustment, an inner redirection. But the more we resist, the more brutal their action can seem.

The houses tell us what challenges we set ourselves to see where we are and thus refocus on who we really are.

When a planet is in a house, we must use the force symbolised by the planet to succeed in the area of life signified by the 'house' occupied by that planet.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about 'learning' than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not a question of acquiring encyclopaedic knowledge, but of allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Uranus in Leo, look for well-known people with this configuration (on sites such as astrotheme.fr) and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-directed, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Reading: *Uranus, Neptune and Pluto in astrology* by Jérôme Zenastral

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at:
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