



EAPC



School of Astrology and Mindfulness

Lesson 22 Pluto in sign, house and aspect

Pluto is our force of transformation. This force allows us to look deep within ourselves and explore the unknown or ignored areas of our psyche. This force pushes us to look beyond the surface and explore our deepest feelings, motivations and desires. It is capable of bringing to light our psychological baggage (past frustrations and mistakes, psychological wounds, repressed secrets, etc.) that prevent us from growing, identifying our resistance and all issues of power and control in our lives. Bringing our resistance to light means seeing the areas where we resist change, where we are stuck in our habits or beliefs.

By becoming aware of these resistances, we can begin to overcome them and make room for new possibilities.

Pluto also symbolises an introspective force for understanding our relationship with power and control. This can translate into an awareness of how we try to control our lives or others.

Pluto in a sign represents the need to transform ourselves by moving beyond the negative behaviours and attitudes associated with that sign. These behaviours can create obsessions or fears that hinder the realisation of the sign's deepest and most transformative potential. These obsessions or fears can manifest significantly through experiences related to the house where Pluto is located.

The process of transformation associated with Pluto requires courageous exploration and awareness of these

behaviours and their consequences. By recognising and confronting these obsessions and fears, we can begin to let go and redirect our energy towards more constructive behaviours.

Once freed from our obsessions and fears, we can more easily access the most powerful and profound expression of the sign.

It is in the area of life symbolised by the astrological house where Pluto is located that transformations and letting go can occur to overcome the challenges potentially associated with that house. Pluto then acts as a revealer. It intensifies this area, revealing areas of crisis, unconscious attachments and underlying tensions. It points to the areas of life where we must learn to strip away what is no longer alive, what freezes us or traps us.

Pluto's house often shows a field of experience marked by fears, struggles, profound questioning, and sometimes by losses or events beyond our control. But it also reveals where our potential for resilience is strongest. Where we can be reborn more powerful, more lucid, more true. By going through these experiences and consenting to the transformations they require, we gain integrity and depth.

Pluto in a house therefore signifies an essential lesson: that of letting go of what we seek to control, of abandoning masks, possessive attachments or illusions of control. It points to the place where we are called upon to die to an old version of ourselves in order to better access our inner truth.

This work of regeneration is never easy or immediate. It requires time, awareness and courage. But it always holds a promise: that of being reborn to ourselves, purified, lighter, more in tune with the power of life seeking to express itself through us.

This book, following on from Astrology and Mindfulness and works devoted to Uranus, Neptune and Chiron, offers a symbolic and lively reading of Pluto in signs and houses. It is not about predicting events or pigeonholing the soul, but about recognising the great archetypes of transformation at work in our lives. Pluto does not influence us, it reveals us. It shows us where our deepest truth awaits to be encountered.

May this reading help you to accompany, with greater awareness and serenity, the processes of inner change that mark every human life — and to welcome, in every crisis, the possibility of rebirth.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. The aim is not to acquire encyclopaedic knowledge, but to allow a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Pluto in Taurus, look for well-known people with this configuration (on sites such as astrotheme.fr), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reading: *Pluto in Astrology* by Jérôme Zenastral

Through the 144 combinations formed by Pluto's position in the 12 signs of the zodiac and the 12 astrological houses, the author offers a nuanced and vivid vision of this inner force that drives us to be reborn, to transcend our limitations, and to heal the hidden parts of ourselves. Each configuration sheds light on a specific way of embracing profound change, which is often difficult but always liberating.

This book offers keys to understanding the Platonic dynamics in your natal chart and ways to welcome this energy with awareness and discernment. It is for anyone who feels the call to confront their inner truth, to transform themselves authentically, and to cultivate renewed strength in their life.

This book is both a precise guide to interpretation and a companion on the path to metamorphosis. It accompanies astrologers, students and seekers of truth in their quest for self-knowledge and in respectfully welcoming the transformative power that lies dormant within each of us.

This book offers keys to understanding the dynamics of Neptune in your natal chart and ways to integrate this energy with discernment. It is for anyone who feels called to open up to the spiritual dimension of existence, to cultivate empathy and to move towards a deeper peace rooted in the acceptance of what is.

This book is intended to be both a precise interpretative tool and an inner companion. It accompanies astrologers, students and seekers of the absolute in their desire to live fully in the moment, to listen to the movements of the soul and to weave, in consciousness, the invisible bond that unites us to the whole.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at:
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