



**EAPC**



# School of Astrology and Mindfulness

## **Lesson 23 The Moon's nodes in signs, houses and aspects**

Astrology, much more than a simple tool for divination, is a complex and rich language that offers us keys to understanding the subtle dynamics of our existence. Among the most significant elements of this discipline, the Lunar Nodes occupy an important place. These fictitious points, resulting from the intersection between the Moon's orbit and the solar ecliptic, are often perceived as indicators of our past and our future. However, in this book, we offer a different approach, rooted in the reality of the present.

The South Node, traditionally associated with past lives and karmic baggage, is reinterpreted here as a mirror of our past actions in this life. It symbolises the accumulated experiences, innate talents and challenges overcome that form the foundation of our being. These past actions are all those moments when we feel nostalgic for our comfort zone, our achievements or our conditioning, and when we tip over into the South Node.

Understanding the South Node means diving into the recognition of what has been accomplished, while becoming aware of the habits and patterns that can still attract or influence us and prevent us from evolving.

The North Node, often described as a future destination or goal to be achieved, is explored here from a more immediate perspective.

We see it as a direction to follow in the present moment, a call to fully embody our potential and live in alignment with our true nature. This North Node does not invite us to wait for a hypothetical future to take action, but to embrace the qualities and energies that are meant for us right now. To seize the opportunities and demands of the present moment (those signified by the house occupied by our North Node), we must trigger a shift in the North Node by cultivating the qualities and virtues of the sign it occupies.

Throughout the pages of this book, you will discover detailed interpretations of the Lunar Nodes in the different signs and houses of the zodiac.

**Note:**

The South Node, traditionally associated with past lives and karmic baggage, is reinterpreted here as a mirror of our past actions in this life. However, some of these actions may seem to come from a more distant past, even before our birth, in the form of persistent impressions imprinted within us. These reminiscences are not necessarily proof of reincarnation in the strict sense. Indeed, if we consider that individual identity is a fluctuating construct and not a fixed entity, the question arises: if there is no one in the sense of a permanent 'I', what could possibly be reincarnated?

This line of thinking echoes the approaches of Stephen Batchelor, who sees reincarnation as a metaphor for the transmission of karmic tendencies rather than the passage of an individual soul from one body to another. Douglas

Harding, through his 'Headless' theory, also questions the idea of a personal subject that persists from one life to another, suggesting that what we perceive as memories of past actions may be a psychic or collective resonance rather than personal continuity.

Thus, if some people have a sense of a past prior to their birth, several explanations can be considered:

- **Implicit or unconscious memory:** Some experiences may be linked to transgenerational or cultural transmissions. Our ancestors, through their choices and experiences, may have shaped a psychic heritage that we carry unconsciously. We may therefore feel connected to events that we have not directly experienced.
- **Symbolic or archetypal resonance:** Certain experiences seem to belong to us without us being able to link them to a specific event. Jung would refer to this as influences from the collective unconscious, where we access universal patterns and memories that transcend our individuality.
- **A continuity of experience without continuity of person:** If we are not fixed entities, then impressions of past experiences could be resurgences of unresolved experiences belonging to a larger stream of consciousness, without it being necessary to assume personal reincarnation.
- **Subjective experience and the search for meaning:** Finally, some people experience these memories as real and deeply meaningful. Rather than interpreting them as proof of a previous

personal existence, they can be seen as invitations to explore unresolved issues, understand certain internal dynamics and evolve accordingly.

From this perspective, studying the South Node becomes a valuable tool for deciphering these persistent impressions, whether they come from our own experience or from a broader past. This interpretative framework allows us to better integrate them into our personal development and transform them into levers for evolution.

### **Reminder:**

#### **Progression method for each course**

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about 'learning' than about observing, feeling, connecting and practising.

#### **Here are a few guidelines to help you progress:**

##### **No rote learning**

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about allowing a living understanding of each symbol to mature within you. The courses and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

## A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying the north node in Taurus, look for well-known people with this configuration (on sites such as [astrotheme.fr](http://astrotheme.fr)), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

## Support available by email

Although the course is self-paced, you can contact me by email via the [zenastral.fr](http://zenastral.fr) website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

**Read again:** *Lesson 7 Astrological interpretation tool sheet*

**Reading:** *The Moon's Nodes in Astrology* by Jérôme Zenastral

In this book, we invite you to discover the symbolic richness of the South Node and North Node, not as esoteric concepts linked to past lives or a distant future, but as essential landmarks on your personal journey in the present moment and in full awareness.

The South Node, far from being a simple comfort zone or a reminder of a bygone past, is presented here as a reflection of your actions, talents and habits accumulated over time. It bears witness to what you have accomplished, the skills you have developed and the challenges you have already overcome.

The North Node, on the other hand, represents the call to fully embody your qualities and live in accordance with the potential of your present. It is not a distant goal, but a clear direction for your immediate evolution, a path you are already on, here and now.

### **? Any questions?**

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at:  
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