



EAPC



School of Astrology and Mindfulness

Lesson 24 Lilith in sign, house and aspect

Lilith in astrology: authenticity banished and the power of sacred disobedience

In the vast symbolic field of astrology, Lilith occupies a unique, mysterious and often controversial place. A mythical and archetypal figure, she embodies a profound part of the human soul that defies norms and challenges the established order, yet in her silence and exile reveals an essential truth about our relationship with ourselves and the world. This book explores the part of Lilith that has never been allowed to exist ‘in the light’: the banished authenticity, the sacred force of disobedience, the rebellious shadow of the collective and individual consciousness.

Lilith is not just a planet or a fictional point in the natal chart. She is, above all, an archaic, pre-verbal, ontological memory of an original banishment — an invisible, silent, unrecognised exile that predates even our personal history. She symbolises the primal wound of exclusion, that of a deeply authentic, radical, non-conformist part of ourselves that society, family, and sometimes our own psyche have refused to accept.

This banished part, which we call here **banished authenticity**, is the shadow of the light exiled from consciousness. Lilith is that part of us perceived as ‘too much’: too free, too wild, too whole, too disturbing, too impure, too untameable to be admitted into the normative and reassuring framework of what is recognised, accepted

and integrated. She is the guardian of an inviolable absolute, a sacred inner place that cannot be desecrated or domesticated.

On a more fundamental level, Lilith also represents the living memory of that moment when the being, in its incarnation, believed itself to be cut off from the Source, falling into the illusion of separation from the universal consciousness. This shift cannot be reduced to a simple psychological or emotional wound. It is rooted in deep social and psychological dynamics: family loyalty, pressure to construct a self-image that conforms to external expectations, and the refusal to live a part of oneself that is considered too disturbing for relational and social balance.

It is precisely this part, this inner place, that Lilith reveals. She does not ask to be healed or repaired in the traditional sense of the word. She does not fit into the classic patterns of psychological healing. Lilith is above all a radical presence to be listened to in her silence, an inner fault line where consciousness is invited to pause, to relinquish its usual mechanisms of control, and simply to see — to see the profound illusion of separation.

It is in this naked acceptance, in this listening without resistance, that ontological recognition can occur. Lilith then acts as an inner threshold, an unavoidable threshold for those who wish to integrate this fundamental truth: that separation from the Source is an illusion, and that naked Consciousness is always present, intact, beyond all manifested forms.

Thus, Lilith reminds us of the permanent tension between the infinity of Being and the limits of the manifested world. She is the guardian of this **ultimate illusion** that we carry within us — that of having been separated from the Source, of having been excluded from unconditional love. This book offers to decipher this unique energy through a detailed study of Lilith's positions in the signs and houses of the natal chart. Each combination reveals a specific facet of this banished authenticity, a particular path of confrontation with this luminous shadow and this inner threshold.

By approaching Lilith from this angle, astrology becomes a mirror not only of what has been repressed or rejected, but also of what can be recognised and welcomed in all its radicality. It is a call to sacred disobedience — to fidelity to oneself beyond constraints, to the recognition of the freest and most complete part of ourselves. This path is often difficult, as it challenges certainties, loyalties and fixed images, but it also opens the way to a naked, liberated and finally authentic presence.

Lilith in a sign: a radical energy in the service of banned authenticity

Having established Lilith's profound nature as the guardian of banned authenticity and the ultimate illusion of separation, it is essential to shed light on what this energy implies when it expresses itself through an astrological sign.

Each sign of the zodiac, with its unique symbolism, elemental qualities and psychological dynamics, acts as a revealing prism that colours and nuances Lilith's force. Lilith is not simply an element added to the chart: she is a wild fire that burns away the superficial layers of the personality to reach that inviolable inner place, the deep authenticity that is often rejected.

Lilith in a sign therefore expresses how this radical, non-negotiable part of ourselves, banished from ourselves and from the collective, manifests itself in our relationship with the world, with others and with ourselves. It reveals the specific ways in which the shadow of original exclusion, the memory of archaic banishment, is embodied in our behaviour, our reactions and, above all, in our conscious or unconscious resistance.

Each sign offers a unique 'tonality' to Lilith's power, a symbolic language of its own that guides the way in which this deep part of ourselves can express itself, resist or awaken. This energy will be both a point of tension and a gateway to a more conscious integration, sometimes at the cost of a difficult path where the self must accept to renounce illusory compromises.

In this context, Lilith does not fit into the usual logic of control or adaptation, but rather that of gradual unveiling. She reveals what remains in exile within us, and how this forbidden inner place reacts to the structures and codes represented by the sign.

This is why understanding Lilith in a sign is not limited to a simple psychological characterisation. It requires careful and respectful listening to the shadow within us, inviting us to recognise and honour this banished authenticity that refuses to be denied, even in pain or rebellion.

In the following chapters, we will explore in detail the 144 possible combinations of Lilith in signs and houses. Each position will reveal a particular facet of this paradoxical energy, guiding us towards a better understanding of what it truly means to inhabit this radical and fundamental part of ourselves.

Lilith in the houses: the place where banned authenticity is embodied

Having established the profound nature of Lilith and how she is coloured by the sign, it is essential to shed light on the meaning of Lilith in an astrological house. In astrology, the house indicates the area of life where an energy manifests itself concretely, where it is embodied and acts in daily and relational experience.

Lilith in a house therefore reveals the privileged field of expression — often conflictual and shadow-laden — in which this banished authenticity manifests itself. It is here that the archaic memory of exclusion, that radical and rejected part of ourselves, is projected into lived reality, into our attitudes, behaviours and challenges.

As the guardian of an inviolable inner space, Lilith in the house shows where human beings encounter the tension between the deep need to be true to themselves, to that

sacred and non-negotiable part of themselves, and the social, family or personal demands that tend to impose silence, denial or compromise.

Each house offers a specific ‘terrain’ where Lilith can cause a rift between the need for deep authenticity and the compromises that life imposes. This ‘terrain’ can be a place of isolation, rebellion, renunciation or, paradoxically, revelation and rediscovered power.

Lilith in a house is not an invitation to flee or deny the reality of the manifested world, but to inhabit it with an acute awareness of the tensions and wounds that reside there. She pushes us to listen to that part of ourselves that is often cast aside, to honour it without seeking to erase it, in order to transcend the fundamental illusion of separation and rediscover our naked presence to ourselves.

Thus, the house where Lilith is located in the astrological chart shows us where this deep part of ourselves demands recognition and presence, where sacred disobedience manifests itself in the concrete dynamics of life.

In the following chapters, a detailed study of Lilith's combinations in signs and houses will allow us to decipher the complexity of this energy in its multiple expressions, offering a tool for understanding and transformation that is deeply respectful of the inner truth it embodies.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Lilith in Aquarius, look for well-known people with this configuration (on sites such as astrotheme.fr) and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-directed, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reading: *Lilith in Astrology* by Jérôme Zenastral

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: [jerome\(at\)zenastral.fr](mailto:jerome(at)zenastral.fr)