



EAPC



School of Astrology and Mindfulness

Lesson 25 Asteroids in astrology

In the vast language of the sky, asteroids occupy a unique place. Less well known than traditional planets, they nevertheless bring valuable nuances to astrological interpretation. Each one acts as a subtle key, revealing inner dimensions often left in the shadows by the larger stars.

Lessons 26 to 29 will explore four essential figures:

Vesta, Pallas, Juno and Psyche. Each of them has a specific symbolic function, an inner strength which, when recognised, enriches the reading of the natal chart.

It is important to note that Ceres, often associated with Virgo and even proposed by some as its ruler, does not appear in this group. Its special status as a dwarf planet distinguishes it from the other asteroids presented here. Similarly, Chiron is not an asteroid in the strict sense, but a centaur, occupying an intermediate position between planets and minor bodies.

Here are the forces and trends that will guide our exploration:

- **Psyche:** the transformative force in the face of impermanence, the art of crossing irreversible thresholds and inhabiting change without losing oneself.

- **Pallas:** the power of strategic clairvoyance, the art of seeing beyond apparent obstacles and illuminating subtle paths.
- **Juno:** the power of inner legitimacy, the discovery of what within us calls to be recognised and honoured.
- **Vesta:** the sanctuary of sacred fire, the ability to keep alive the connection with the sacred dimension of existence.

Through the signs, houses and aspects, these asteroids reveal paths of transformation, healing and lucidity. They invite us to recognise that astrology is not only a map of destiny, but also a path of awakening, presence and alignment.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. It is not about acquiring encyclopaedic knowledge, but about

allowing a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Vesta in Capricorn, look for well-known people with this configuration (on sites such as astrotheme.fr), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Reading: *Asteroids in Astrology* by Jérôme Zenastral

? Any questions?

If this lesson raises any questions, comments or needs for clarification, please write to me at: **jerome(at)zenastral.fr**