



# School of Astrology and Mindfulness

## Lesson 27 Vesta in signs, houses and aspects

Vesta represents the inner flame that burns within us, even when we are immersed in the turmoil of everyday life, in worldly affairs, in what we call the profane<sup>1</sup>. She is the silent guardian of that which never dies within us: a sacred, inviolable, pure, immovable space — the sanctuary of the Self.

This sanctuary is within each of us. It depends on nothing and no one, and is unaffected by the fluctuations of the outside world. It is the inner room that no one can defile, the fundamental place of renewal, free from injunctions, distractions and conditioning. It is not linked to any particular belief or practice, but to a direct experience of presence, peace or clarity.

In the Greco-Roman tradition, Vesta — Hestia in Greek — is the goddess of sacred fire and the hearth. Unlike the other Olympian deities, she never leaves the temple: she remains in the centre, silent, motionless, watching over the flame that must never be extinguished. She has no tumultuous myths, no conquests, no dramas; her power lies in her stability, her constancy, her peaceful withdrawal. She represents the inner home around which everything revolves — that fixed point at the heart of movement. Through her, we touch the image of that centre within us, which does not waver, even when everything else changes.

---

<sup>1</sup> The term ‘profane’ here does not refer to what is “bad” or ‘impure,’ but simply to what belongs to the ordinary world, to external concerns, to the obligations and demands of everyday life.

Vesta is that part of us that watches over us when we are separated from Consciousness<sup>2</sup>, the part that, even in the midst of dispersion or forgetfulness, keeps alive the memory of who we truly are. She is the vibrant memory of Consciousness, the discreet but constant reminder of our essence.

In mindfulness astrology, Vesta is not just a psychological function: she is the guardian of the living link with the sacred dimension of existence. She speaks of this inner withdrawal, not as an escape from the world, but as a return to the essential, a refocusing that then allows us to re-engage with the world with greater presence, accuracy and grounding. This refocusing is a return to a fixed point within ourselves: an inner pause, a sense of verticality, which then allows us to act without becoming scattered or lost.

Vesta invites us to preserve a space within ourselves:

- clear, uncluttered, silent,
- where we can gather ourselves,
- honour the spark of the Self,
- feel the peace of being,
- return to the Source.

---

<sup>2</sup> Francis Lucille, Rupert Spira, and Eckhart Tolle all consider Consciousness to be the fundamental reality of existence. Lucille sees Consciousness as non-dual, present in all experiences, and both subject and object. Spira considers it to be the essence of individual experience, omnipresent and unchanging. Tolle perceives it as the silent inner presence that observes and witnesses our thoughts, emotions and perceptions.

This return can be experienced in:

- a moment of meditation,
- chosen solitude,
- a peaceful place,
- a simple and intimate act: lighting a candle, writing in silence, walking slowly, breathing mindfully.

Through Vesta, we recognise how much we need, not to escape life, but to live it from a centre, an inner axis. She teaches us the value of what is essential in everyday life, of contemplation in the midst of turmoil, of presence in the midst of movement.

She reminds us that the hearth of Being must not be extinguished. And that it is in our fidelity to this fire, in our attention to this invisible light, that we remain aligned with our deepest truth. To be faithful to the invisible is to honour this silent dimension within us, even when it is not recognised or visible from the outside.

The sign in which Vesta is found indicates the vibratory quality of our intimacy, the particular form that the impulse towards the sacred takes within us, the way in which we protect, honour or cultivate this inviolable space of the Self. It gives colour to our intimate relationship with presence and clarifies how the need for contemplation, clarity and fidelity to the essential expresses itself within us.

Each sign offers a mode of expression for this flame that watches over us. It reveals:

- how we seek to preserve our inner integrity,
- how we withdraw from the profane to return to the source,
- what truly recharges us,
- and how we can keep alive the connection with the subtle dimension of existence.

This sign does not therefore indicate a personality trait, but a subtle frequency: that of our relationship with silence, with the centre, with invisible light. It describes the energetic climate of our inner sanctuary, the style of our intimate ritual, the secret language through which Consciousness continues to watch over us, even in the shadows or in oblivion.

This is where our fidelity to pure Consciousness unfolds. It is there that we find peace of being, alignment, centring, and that we can then re-engage with the world from a more stable and truer inner axis.

The house in which Vesta is located designates the area of life where what is conscious of existing lies dormant, where the need to preserve an inviolable space is particularly felt. This is where we are called to remain centred, not to lose ourselves in the turmoil of roles, expectations or external demands. It is also where our silent commitment to what is essential manifests itself most naturally.

This area of life becomes a place of inner retreat, not to escape, but to return to the essential, to realign ourselves with what is right and true within us. It can also be the place where we offer a purified, attentive, aligned presence, not to be seen, but to hold the light, preserve clarity, and remain faithful to the invisible.

In this field of experience, Vesta teaches us:

- to simplify, to purify what is not essential,
- to sanctify certain gestures, places or moments,
- to honour silence, fidelity and presence,
- and sometimes to withdraw, in order to return more enlightened.

This place within us seeks neither recognition nor usefulness. It is an act of fidelity to being. Where Vesta is, we are invited to live from a still centre, to embody presence, to keep the fire alive — even without words, even alone.

## **Reminder:**

### **Progression method for each course**

This training is for independent, curious people who are ready to learn on their own, without homework, imposed exercises or intermediate assessments. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

## **No rote learning**

No content needs to be memorised mechanically. The aim is not to acquire encyclopaedic knowledge, but to allow a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

## **A practice-based approach**

The astrology taught here is a path of practice, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. This may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Vesta in Libra, look for well-known people with this configuration (on websites such as [astrotheme.fr](http://astrotheme.fr)) and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

## **Support available by email**

Even though the learning process is self-directed, you can contact me by email via the [zenastral.fr](http://zenastral.fr) website if you

would like further explanation, clarification or a more in-depth discussion at any point during the course.

**Read again:** *Lesson 7 Astrological interpretation tool sheet*

**Reading:** *Vesta in Astrology* by Jérôme Zenastral

**? Any questions?**

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at:  
**jerome(at)zenastral.fr**