



**EAPC**



# School of Astrology and Mindfulness

## **Lesson 32 Planetoids in astrology**

Planetoids are intermediate celestial bodies, most of which are located beyond Neptune, in the Kuiper belt or in the still poorly understood outer reaches of the solar system. Their discovery is recent and ongoing, constantly expanding our view of the universe. Unlike asteroids, which are mainly located in the belt between Mars and Jupiter and are linked to personal psychic nuances, planetoids seem to invite us to think bigger and broader: they open up a field of collective consciousness.

Mindfulness astrology can see a correspondence here: as humanity broadens its view of the universe, it also discovers that it is part of a global, interconnected, transgenerational destiny.

### **Methodology for approaching planetoids**

To work with these new bodies, we can propose a four-step method:

#### **Name and mythology**

Each planetoid is given a name, often inspired by various mythologies (Greek, Roman, sometimes other traditions). This name is the first symbolic gateway. The aim is not to force an interpretation, but to identify the archetypal resonance: what figure, what story, what energy does this name seem to evoke?

## Astronomical characteristics

- **Distance:** the further away the planetoid is, the more it seems to be connected to collective, intergenerational, or even transpersonal dynamics.
- **Orbital eccentricity:** a highly elliptical orbit can symbolise a force that acts on the margins, disrupting the established order and taking us off the beaten track.
- **Orbital inclination:** very high inclinations (sometimes more than  $30^\circ$  from the ecliptic) can represent energies that do not fit into the norm, inviting us to rethink our collective frameworks.

The idea is to draw metaphors of consciousness from these astronomical characteristics, linking them to the way humans situate themselves in the universe.

## Inner experience

Beyond its mythology and astronomical data, each planetoid can be explored through a question of experience:

- What does it awaken in us, individually, but which always spills over into the universal?
- What passages, what confrontations, what realisations does this symbol activate?

This is where we can distinguish planetoids from asteroids: their function is not to describe subtle psychic

nuances, but to awaken in us a connection to something larger, which goes beyond the strict framework of the ego.

## **Collective dimension**

Planetoids seem to carry collective memories and dynamics:

- Historical or civilisational transformations.
- Planetary awareness (ecology, connection to the cosmos, survival of the species).
- Confrontations with forces that transcend the individual (global crises, shifts in consciousness, transition from one age to another).

In this sense, they are like signals of collective evolution, indicating that humanity is called upon to expand its consciousness and integrate what was previously marginal or invisible.

## **The main planetoids studied in astrology**

**Eris:** *The force of disruptive truth*

### **Mythological link**

Eris is the Greek goddess of Discord. In the myth of the Judgement of Paris, she introduces the apple of discord, which leads Paris to choose between three goddesses:

- Aphrodite (Love)
- Athena (Wisdom)

- Hera (Power)

By choosing love alone, Paris broke the necessary balance between the three fundamental forces of being. This imbalance led to the Trojan War, revealing that love without discernment or anchoring power is blind and destructive.

### **Symbolic characteristics**

Eris highlights the Triad of Being: Love, Wisdom and Power.

- Wisdom without Love becomes cold and dogmatic.
- Power without Wisdom is tyrannical and destructive.
- Love without Power is naive and vulnerable.

In a natal chart, Eris indicates the point where life confronts us with this need for balance: where discord arises, a profound lesson lies hidden.

### **Inner experience**

Eris' position tests the coherence of our being:

- If wisdom is lacking (Athena): we act on impulse, then regret it.
  - Strategy: cultivate silence, observe before acting, separate emotions from actions.
- If power is lacking (Hera): we understand but don't dare.

- Strategy: act small, take concrete steps, start a movement.
- If love is lacking (Aphrodite): we are effective but cold, cut off from others.
  - Strategy: develop empathy, include collective well-being in our decisions.

### **Collective dimension**

Eris acts as a revealer of a system's flaws. She does not create discord on a whim, but to highlight the fractures in an order that was thought to be stable. She is therefore a disruptive factor of truth: what appears to be breaking apart is in fact an invitation to restore unity.

### **Taoist parallel**

The three forces of Eris are echoed in the Three Treasures (San Bao) of Taoism:

- Power (Hera) ↔ Jing: essence, rootedness, life force.
- Love (Aphrodite) ↔ Qi: energy in motion, connection, relationship.
- Wisdom (Athena) ↔ Shen: consciousness, clarity, light of the mind.

Like Taoism, Eris teaches us that the health of the being depends on the harmony of these three forces.

## **Haumea: *The Force of Creative Regeneration*** *Mythological link*

In Hawaiian mythology, Haumea is a goddess of fertility and birth. She has the power to give life from her own body, but also to be reborn herself in different forms. She embodies the unbroken cycle of creation, death and rebirth.

Through this myth, Haumea reveals that life is never static: it transforms, regenerates and reinvents itself continuously.

### **Astronomical characteristics**

Haumea is a unique trans-Neptunian object:

- It is extremely elongated, almost egg-shaped.
- It rotates very quickly (once every four hours).
- It has a ring system (rare for a planetoid) and two moons.

These astronomical characteristics feed into the symbolism:

- Rapid rotation: a rhythm of intense transformation and regeneration.
- Ovoid shape: image of a cosmic egg, archetype of birth.
- Rings and moons: resonance of a nurturing field, like a matrix that gives birth.

Haumea thus becomes the symbol of a matrix force that perpetuates the cycle of life.

## **Inner experience**

On a psychological and spiritual level, Haumea embodies:

- The ability to be reborn internally after a trial.
- The courage to strip away what is fixed in order to welcome new vitality.
- A fundamental creativity that does not come from the ego but from a deeper source, rooted in the flow of life.

Where Haumea acts in a natal chart, she highlights a potential for reconstruction, sometimes after a crisis, as if the person carried within them a sanctuary of rebirth.

## **Collective dimension**

Unlike asteroids, which touch the intimate, Haumea acts on collective dimensions:

- It can be seen as a metaphor for humanity's resilience: even after collapse, life finds a way.
- It invites us to rethink our relationship with the Earth as a living matrix, to honour natural cycles and the fertility of the universe.
- In a broader sense, Haumea can symbolise the reinvention of societies after periods of chaos or global crisis.

Haumea is not here to predict an external future, but to reflect an internal synchronicity:



- She highlights our inner capacities for regeneration.
- She reminds us that all destruction contains the seeds of creative rebirth.
- She teaches us that the balance of life does not lie in permanence, but in the dance of cycles.

**Makemake:** *The Primordial Creator and the Quest for Meaning*

**Mythological link**

Makemake is the great creator god of Easter Island (Rapa Nui). He is associated with the birth of humanity, fertility cycles and the sacred link between humans and the forces of nature. He was honoured in the famous ‘birdman’ cult (*Tangata manu*), an initiation ceremony in which the clan chief had to bring back the first egg of a sacred bird from a steep cliff. Makémaké therefore embodies both the original creation and the initiatory quest that renews the link between man and the cosmos.

**Astronomical characteristics**

Makemake is a trans-Neptunian planetoid discovered in 2005:

- It is comparable in size to Haumea and Eris.
- Its surface is covered with methane ice, giving it a distinctive shine.
- Its orbit is very distant and eccentric, reflecting a trajectory off the beaten track.

Symbolically:

- The shiny ice can evoke an ancient memory, like a frozen deposit from the origins.
- The eccentric orbit illustrates a force that does not act within the norm, but opens up new paths.
- The quest of the bird-man is reflected in this idea: to meet Makemake, one must leave one's comfort zone, face challenges, and bring back a spark of creation.

### **Inner experience**

In an astrological theme, Makémaké invites us to:

- Rediscover our inner creative power, not as the will of the ego, but as an act in resonance with the cosmos.
- Go through initiatory trials: what seems difficult or marginal becomes a path to a broader consciousness.
- Question the meaning of our presence in the world, as a humanity seeking to reinvent itself in connection with the Earth and the sky.

Makémaké speaks of this inner force that is not content with 'reproducing' but inaugurates, creates something new where there was nothing before.

### **Collective dimension**

Makémaké acts on a collective level in several ways:

- It symbolises the founding myths that structure a civilisation. Wherever it appears, a society is seeking to redefine its narratives, values and rituals.
- It highlights the need for a spiritual ecology: reconnecting with the living as a sacred dimension, rather than as a mere resource.
- It questions humanity about its collective creative capacity: what do we want to create together, as a new culture or a new global narrative?

### **Makémaké in mindfulness astrology**

Makémaké is not simply a personal factor. It reflects:

- The initiatory quest that is lived through us, but which transcends us.
- The synchronicity between our inner struggles and the way in which humanity itself seeks its future.
- The possibility of becoming, individually, a conveyor of meaning, the one who brings the ‘sacred egg’ back to their community: a creative breath, a living word, a new vision.

Makémaké teaches us that existence is a permanent rite of passage. Every human being is called to be an inner bird-man, to face their cliffs, to dive into the unknown and bring back the seed of a new world.

## **Quaoar:** *the dancer of cosmic order*

### **Mythological link**

Quaoar comes from the mythology of the Tongva, an indigenous people of California. He is described as a being who, through dance and song, brought the world into being. He does not impose creation through force or combat, but through rhythm, harmony and sacred movement. His function is not to dominate but to order: through celebration, he puts each element in its place in the great fabric of existence.

### **Astronomical characteristics**

Quaoar is a large trans-Neptunian planetoid discovered in 2002.

Its orbit is almost circular and fairly regular, which distinguishes it from the highly eccentric trajectories of Eris and Makemake.

It is notable for its size, which is almost that of Pluto. It is accompanied by a satellite, Weywot, whose name also comes from the Tongva pantheon.

Symbolically, its stable orbit reflects the idea of a harmonising force, capable of integrating diversity into a common rhythm. The presence of a satellite evokes the principle of the duo, dialogue or echo that accompanies all creation.

## **Inner experience**

Quaoar introduces the notion of creation through celebration. Where it appears in a chart, it indicates our ability to restore inner order not through constraint but through dance and flexibility. It is the art of reintroducing rhythm into a chaotic life, of transforming confusion into choreography. It can also manifest as a call to express one's creativity in a ritualistic way, through symbolic gestures that re-enchant existence.

## **Collective dimension**

On a collective level, Quaoar invites us to rediscover ritual, not as superstition, but as a space for reconnection. It reminds us that humanity needs to celebrate together to maintain its connection with the cosmos. It questions the loss of rituals in modern societies and paves the way for their reinvention in new forms: artistic, communal, spiritual.

## **Quaoar in mindfulness astrology**

Quaoar appears as a guide for transforming dissonance into rhythm. He does not seek to erase contradictions, but to set them in motion so that they harmonise with a greater music. He represents a consciousness that knows that life is dance, and that dance is the deepest way of coexisting with impermanence.

**Orcus:** *the guardian of oaths*

### **Mythological link**

Orcus belongs to Roman mythology. He is often equated with Pluto or Hades, but with a particular nuance: Orcus is the god who punishes those who break their oaths. He does not rule so much over death in general as over the transgression of one's word. His realm is that of fundamental loyalty, of the integrity that binds humans to their sacred commitments.

### **Astronomical characteristics**

Orcus is a large trans-Neptunian planetoid discovered in 2004.

- Its orbit resonates with that of Neptune, almost identical to that of Pluto but inverted (when Pluto is at perihelion, Orcus is at aphelion).
- It has a moon, Vanth, whose name comes from an Etruscan psychopomp (guide of souls) deity.

Symbolically, this mirror image of Pluto's orbit gives it a complementary function: where Pluto transforms through trial and symbolic death, Orcus questions fidelity to one's inner oath. Its moon Vanth reinforces the idea of a passage, an accompaniment to the beyond of illusions.

### **Inner experience**

Orcus, in a chart, evokes the relationship to inner truth and to one's word. It is the voice that calls us to order when we stray from our inner axis. Its function is not to punish in the external sense, but to reveal the inner consequences of any breach of loyalty to oneself. It can also manifest as a demanding conscience that does not tolerate compromise on essential matters.

### **Collective dimension**

Collectively, Orcus confronts us with the relationship between humanity and its deep commitments: promises made to the Earth, to future generations, to the values of justice and truth. It reminds us that breaking these pacts leads not only to visible crises but also to a loss of collective soul. Orcus questions modern societies about the depth of their commitment beyond rhetoric.

### **Orcus in mindfulness astrology**

From a mindfulness perspective, Orcus invites us to listen to the silent oath that every being carries within them: to be true to their inner truth. It connects us to an ethic that is broader than social morality, a living law that transcends conventions. Working with Orcus means learning to honour that which cannot be betrayed without darkening our being.

## ***Ixion: the test of transgression***

### **Mythological link**

In Greek mythology, Ixion was a mortal king who committed several serious crimes: after killing his father-in-law, he was welcomed by Zeus on Mount Olympus. But he then attempted to seduce Hera, Zeus' wife. To punish him, Zeus tricked him into believing that he possessed Hera, when in fact he was uniting with a cloud that looked like her. From this illusory union, the Centaurs were born. Ixion was then condemned to spin eternally on a wheel of fire in the Underworld. He thus embodies hubris (excess), ingratitude and the transgression of sacred limits.

### **Astronomical characteristics**

Ixion is a trans-Neptunian planetoid discovered in 2001. It is similar in size to Ceres and belongs to the Kuiper belt family of objects. Its orbit is eccentric and inclined, symbolically bringing it closer to the forces of imbalance and deviation from the usual trajectories.

### **Inner experience**

In a personal chart, Ixion highlights our shadow areas related to transgression, to the temptation to cross the boundaries of what is right. This is not just a moral prohibition, but the temptation to manipulate, seduce or abuse power for one's own benefit. Its energy confronts us with the question: what do we do when we receive a gift



or a favour? Do we recognise its value, or do we seek to profit from it? Ixion can be a mirror of ingratitude, but also a place of possible redemption if we learn to recognise our mistakes.

### **Collective dimension**

Collectively, Ixion speaks of abuses of power, betrayals of trust, cycles of corruption and domination. His myth warns against forgetting gratitude and responsibility in the management of collective gifts (wealth, knowledge, natural resources). On a higher level, Ixion questions humanity's ability to transform its mistakes into learning, to draw wisdom from past transgressions rather than repeating them.

### **Ixion in mindfulness astrology**

In a mindfulness approach, Ixion is not simply the 'punisher' but a revealer: he highlights the illusions we cling to and the excessive desires that distract us from our truth. His energy is harsh, but it invites humility and gratitude. Working with Ixion means learning to recognise the excesses of the ego, to see how greed can create our own wheel of fire, and to find the path to inner transformation through lucidity.

## **Varuna:** *cosmic law and sacred order*

### **Mythological link**

Varuna is a very ancient Vedic deity from India. In the Rig-Veda, he is the guardian of cosmic order (ṛta), the guarantor of truth and justice. He watches over oaths, promises and the invisible laws that maintain harmony in the world. Although associated with the celestial waters and the immensity of the ocean, he is above all the one who 'sees everything' and punishes deception. Over time, Varuna lost his central role to Indra, but he remains a figure of spiritual and moral sovereignty.

### **Astronomical characteristics**

Varuna is a large trans-Neptunian planetoid discovered in 2000.

- It is part of the Kuiper belt and has a relatively stable orbit.
- It is significant in size (about half the size of Pluto).
- Its name, chosen by the International Astronomical Union, already reflects this dimension of universality and higher law.

### **Inner experience**

Varuna in an individual chart highlights our relationship with truth, keeping our word and inner transparency. It points to the inner consequences of our pretences and the importance of living in accordance with our deepest commitments.

It is an energy that pushes us to recognise that there is a higher consciousness within us that observes and measures the rightness of our actions, far beyond social or cultural norms. With Varuna, the inner experience is one of confrontation with fundamental ethics: ‘Am I in tune with my inner truth?’

### **Collective dimension**

On a collective level, Varuna represents the cosmic order that underpins human life and the fragility of societies when invisible laws are flouted. It evokes the need for justice that transcends human rules, a justice rooted in universal balance. It can be associated with major crises of collective confidence: corruption, the collapse of values, manipulation of the truth. But it also serves as a reminder: collective structures that lose their alignment with the living order eventually dissolve.

### **Varuna in mindfulness astrology**

Varuna can be read as the star that reminds us of the presence of an immutable order, not imposed from outside but present as an intimate resonance of consciousness. Working with Varuna means returning to an inner loyalty, a responsibility to universal truth. Its function is not punitive but regulatory: it brings us back into alignment with that which cannot be betrayed without consequence.

**Sedna:** *the depths of abandonment and fusion with the forces of the ocean*

### **Mythological link**

Sedna comes from Inuit mythology. She is a young woman betrayed and rejected by her father, who abandons her in the icy ocean to save his own life. Cut off at the fingers as she tries to cling on, she is transformed into a goddess of the deep sea. Her fingers become the sea animals on which humans depend for their survival, making her a figure of pain, sacrifice and generosity.

Sedna thus embodies abandonment and irreversible loss, but also the regenerative power that comes from descending into the abyss.

### **Astronomical characteristics**

Sedna is a planetoid discovered in 2003.

Its orbit is one of the most eccentric known: it takes approximately 11,400 years to orbit the Sun.

It never actually approaches Neptune, which places it in a still poorly understood area at the edge of the solar system.

– It is one of the most distant celestial bodies ever observed, on the border between the known and the unknown.

### **Inner experience**

Sedna in a chart speaks of deep wounds, often linked to abandonment, exclusion or betrayal. These wounds cannot

be healed by logic or the ego, but require a journey through the inner abyss.

It invites us to recognise that within our most painful flaws lies a source of regeneration. Like Sedna, who becomes the nurturing matrix of the oceans after being mutilated, we discover that what has been lost can be reborn in another form.

Working with Sedna means learning to trust unconscious forces, to allow what nourishes us to rise from the depths.

### **Collective dimension**

On a collective level, Sedna highlights the wounds inflicted on the Earth and the oceans, and the need to restore a sacred connection with the ecosystem. She is the guardian of the depths of the sea, of what is threatened with oblivion or destruction by humanity.

Her extremely long cycle connects our era to very long-term dynamics: she speaks of the traces left in the collective unconscious by planetary traumas (extinctions, collapses, historical fractures).

### **Sedna in mindfulness astrology**

In this approach, Sedna is an invitation to descend into the heart of impermanence and abandonment, not to shut ourselves away, but to discover a force of reconnection. She does not promise us immediate reconciliation, but she opens us up to the experience that our inner depths are inhabited by a nurturing power greater than ourselves.

## **Chaos: the cradle of possibility**

In Greek mythology, Chaos is not disorder in the modern sense of the word, but the primordial opening, the matrix void from which everything emerges. Before Earth, before Heaven, even before Night and Eros, there was Chaos: a gaping void, a breath, a fertile abyss.

### **Astronomical characteristics**

Chaos is a planetoid discovered in 1998. Its orbit is relatively stable, similar to that of classic objects in the Kuiper belt, with a revolution period of approximately 309 years.

Its trajectory is not very eccentric and moderately inclined, as if behind the name 'Chaos' lies a secret and discreet order.

With an estimated diameter of around 600 km, it belongs to the large bodies of the trans-Neptunian belt, a silent guardian of unexpected stability at the edge of the solar system.

### **Astrologically**

Chaos does not represent destructive disorder but the field of all possibilities.

In the natal chart, it points to the place where we experience 'not knowing', a void which, far from being an absence, is in fact a reservoir of creativity. It is the place

where consciousness must let go of its attachments, certainties and repetitive patterns in order to welcome the unknown.

Thus, where Chaos is found, we encounter a particular lesson: that of daring to enter the void without clinging to old structures. This abyss can be frightening, as it seems to threaten our identity, but it is also the gateway to renewal. When we are fully aware, Chaos is an invitation to observe our resistance to emptiness and formlessness, and to see it not as a danger but as an opening.

If we resist Chaos, we try to fill this void at all costs, clinging to illusions or artificially creating ‘noise’ so as not to feel the vertigo. But if we accept its teachings, Chaos becomes a springboard: the inner space from which radical and unexpected creativity springs forth.

One could say that Chaos confronts us with our deepest fear: the fear of being nothing. But this confrontation leads to an even greater discovery: if we are nothing fixed, then we can be everything, at every moment.

In this sense, Chaos is a paradoxical guide. It offers us neither certainties nor stable structures, but the possibility of inhabiting mystery. Its place in the natal chart illuminates the area of life where we are called to let go of our bearings and dive into the unknown — and be reborn.

## **Typhon:** *untamed power*

Typhon is a centaur discovered in 2002.

- Its orbit is highly eccentric: it takes around 236 years to complete its journey around the Sun, oscillating between relatively close and distant areas.
- Its trajectory is almost aligned with the plane of the ecliptic, as if its power acts on the collective fabric itself.
- A rare feature: Typhon is accompanied by a satellite, Echidna, forming a celestial couple whose existence illustrates a force always linked to a counterpart, a duel or a union of energies.

**In Greek mythology**, Typhon is a monstrous being, born of Gaia to challenge the gods of Olympus. His hundred fire-breathing heads, deafening cries and gigantic stature make him an embodiment of the wild, chaotic and indomitable force of nature. Even Zeus had to fight hard to defeat him and imprison him under Mount Etna.

Astrologically, Typhon represents those forces within us that are beyond conscious control. Wherever he is placed in the natal chart, he points to an area where raw, instinctive, primal energy erupts. He is not an inner enemy, but a power to be recognised: Typhon reminds us that we carry within us a wild dimension that transcends conventions and rational structures.



**In full awareness,** Typhon is an invitation not to repress this power but to give it space to express itself. If rejected, it acts like an inner volcano that explodes without warning. But if welcomed, it becomes a vital energy that nourishes creativity, life force and the capacity for transformation.

Typhon confronts us with the limits of our control. It shows us that certain forces are not there to be mastered but to be honoured. It is the experience of the storm, of the inner fire, of the raw energy that passes through humans as it passes through the Earth. In this sense, Typhon reminds us that we are not only peaceful consciousness, but also telluric force, fiery impulse and cosmic breath.

**In a theme,** Typhon illuminates the place where we are invited to encounter this intensity. His lesson is demanding: to accept not to dominate, but to inhabit an energy that transcends us and connects us to the immense force of life.

### **Gonggong:** *creative resilience after collapse*

**In Chinese mythology,** Gonggong is an aquatic deity, often depicted as a red dragon-serpent. He is known for causing cosmic chaos: according to legend, while fighting another god (Zhuanxu), he struck one of the celestial pillars supporting the sky. This act upset the balance of the world: rivers overflowed, the seasons became unstable, and humanity was plunged into chaos. The goddess Nüwa had to repair the broken sky using stones of five colours.

Gonggong therefore embodies the destructive power of water, but also serves as a reminder that disorder can lead to greater reorganisation.

### **Astronomical characteristics**

Gonggong was discovered in 2007.

It is a large trans-Neptunian planetoid with an estimated diameter of approximately 1,230 km (almost half the size of Pluto).

Its orbit is highly eccentric and inclined, completing one revolution around the Sun in approximately 554 years. It is located in the Kuiper belt, but with an irregular trajectory, reflecting the image of a 'disruptive' entity that does not follow the regular movement of other bodies.

### **Mindfulness symbolism**

Gonggong evokes the forces of overflow within us and in the collective: emotions that break down barriers, situations that seem to shake everything, ecological or social crises that shatter certainties.

From a mindfulness perspective, it represents:

The need to recognise the chaotic areas of our psyche and the world, without running away from them.

The experience that chaos is not an end, but an opportunity for reorganisation.

The reminder that disorder brings forth healing forces (like Nüwa sewing the sky back together).

Thus, Gonggong can be seen as a collective archetype of modern times: he speaks of ecological imbalance, planetary and emotional upheaval, but also of the creative resilience that can emerge after a collapse.

### **In mindfulness astrology, we could say:**

Gonggong is the wave that submerges our structures to reveal what, within ourselves and our societies, needs to be repaired or reinvented.

### **Salacia:** *guardian of the discreet depths*

**In Roman mythology**, Salacia is a sea nymph and the wife of Neptune (equivalent to Poseidon). Her name comes from *salum* (big waves, sea foam). She represents aquatic abundance, the beauty of the deep sea and the hidden but fertile part of the ocean. It is said that she initially refused Neptune's marriage proposal and hid herself, but he sent a dolphin to convince her. She eventually accepted, becoming the queen of the seas, symbolising an alliance between the impulse of desire and the power of the ocean.

### **Astronomical characteristics**

Salacia was discovered in 2004.  
It is a trans-Neptunian planetoid in the Kuiper belt.

- Its diameter is estimated at around 850 km, which classifies it as a large trans-Neptunian object.
- It orbits the Sun in approximately 270 years, with a relatively stable trajectory and moderately inclined to the plane of the ecliptic.
- It has a moon, Actaea, which symbolically emphasises the idea of relationship, companionship or reflection.

### **Symbolism of mindfulness**

Salacia evokes the hidden, deep and intimate dimension of the collective ocean. Where Neptune embodies mystical immensity, dissolution and unity, Salacia reveals its inner femininity, silent fertility, and the art of withdrawing into the invisible in order to better welcome.

From a mindfulness perspective, she symbolises:

- The ability to welcome what lies hidden within us, our discreet resources, our inner silences.
- The experience that spiritual fertility does not always show itself on the surface, but is prepared in the depths.
- The link between the individual and the collective: like Actaea who accompanies Salacia, our relationships can serve as a mirror to the inner oceans that we do not always dare to see.

**In mindfulness astrology**, Salacia is the guardian of the hidden depths. She invites us to recognise that what does not immediately shine, what lies hidden in the shadows of

our unconscious, can be an immense source of abundance and reconnection.

**Huya:** *the wisdom of alternation*

Huya takes its name from a deity of the Wayuu peoples (Colombia and Venezuela).

He is considered the god of rain, master of seasonal cycles, and bringer of fertility and abundance to the land. In this tradition, rain is not just a meteorological phenomenon, but a sacred blessing that nourishes, connects humans to the earth, and reminds us of the interdependence between nature and humanity.

In some stories, Huya also represents the dance of the seasons, the alternation between drought and abundance, a fragile but vital balance.

**Astronomical characteristics**

- Discovered in 2000, Huya is a trans-Neptunian object in the Kuiper belt.
- Its diameter is estimated at around 400 km.
- It orbits the Sun in approximately 250 years.
- Its trajectory is relatively eccentric, with a moderate inclination, which causes it to move cyclically closer to and further away from the Sun.
- Huya has a moon, which has not yet been studied in detail, symbolically emphasising the idea of an accompanying cycle.

## Mindfulness symbolism

Huya connects us to an awareness of life cycles. It teaches us that nothing is permanent: rains come and go, seasons change, periods of drought follow periods of abundance. From a mindfulness perspective, Huya can symbolise:

- Acceptance of change in our lives: inner dryness and abundance, clarity and confusion, silence and fertility.
- Gratitude for what returns, like the rains that nourish the earth: everything that regenerates in our lives deserves to be celebrated.
- Dancing with impermanence: recognising that harmony arises from movement, not from a fixed state.

In mindfulness astrology, Huya embodies the wisdom of change. It reminds us that life is not linear, but cyclical, and that every dry spell already contains the seeds of the rain that will come.

### **? Any questions?**

If this lesson raises any questions, comments or needs for clarification, please write to me at: **jerome(at)zenastral.fr**