



EAPC



School of Astrology and Mindfulness

Workshop 3 Astrology and education

Reading material: *Astrology and Education* by Jérôme Zenastral

This workshop is based on the book *Astrology and Education*, which can be downloaded in PDF format from the school's website (see progress guide).

Children occupy a precious place in our lives. Despite our love for them, understanding their behaviour, preferences and reactions can sometimes be complex. This is where astrology can prove to be a fascinating and unique tool for deepening our understanding of our children.

This reading material is designed to introduce you to your child's astrological universe. It will help you discover how the position of the planets at the time of your child's birth can be reflected in their everyday behaviour. For example, you will learn why a particularly communicative child may have Mercury in the sign of Gemini, or why another child loves to snuggle up in their parents' arms. Each planet, depending on its position in a sign or house, reveals a dimension of your child's personality and behaviour.

We will begin by exploring the meaning of the main planets in the zodiac signs and astrological houses. You will find clear and detailed explanations of how each planetary position translates into your child's behaviour. For example, the position of Mars could indicate how your child defends their territory, while the position of Venus could indicate how they express affection. We will also

consider the aspects between the planets, which show how these celestial forces interact with each other and reveal your child's traits and behaviours. These configurations can also highlight internal challenges, such as a tense aspect between the Moon and Saturn, which could suggest a more reserved or anxiety-prone child.

We will also explore a fascinating aspect of astrology: the compatibility between the child and their parents based on their respective astrological charts.

This astrological journey is an invitation to see your child in a new light and cultivate an even more harmonious and enriching relationship.

Whether you are an astrology enthusiast or simply curious to discover another side of your child, this book is here to spark your interest and deepen your bond with them. By better understanding their astral constellations, you will be better prepared to respond to their needs, anticipate their behaviour, and share moments of connection that enrich both your lives.

Read again: *Lesson 7 Astrological interpretation tool sheet*

Reminder:

Progression method for each lesson

This course is designed for independent, curious individuals who are ready to learn on their own, without

homework, assigned exercises or intermediate assessments. The approach offered here is experiential: it is less about ‘learning’ and more about observing, feeling, connecting and practising.

Here are a few guidelines to help you progress:

No rote learning

No content needs to be memorised mechanically. The aim is not to acquire encyclopaedic knowledge, but to allow a living understanding of each symbol to mature within you. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a practical discipline, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe actual charts. These may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying the Moon in Pisces, look for well-known people with this configuration (on sites such as astrotheme.fr), and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the course is self-paced, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: **[jerome\(at\)zenastral.fr](mailto:jerome(at)zenastral.fr)**