



EAPC



School of Astrology and Mindfulness

Workshop 8 Recommendations and ethics

Recommendations to convey before any astrological interpretation

Before beginning the interpretation of a birth chart for another person, it is essential to convey certain keys to understanding. These elements will help establish a fair, respectful and conscious framework, consistent with the spirit of astrology as taught at this school.

1. The birth chart does not know the person's history.

Explain that the chart does not indicate the person's education, the trials they have gone through, or the personal journey they have completed. It reveals fundamental dispositions, but not how they have been experienced or transformed. Each being is unique, and no chart can replace the richness of a human life.

2. The chart describes potential, not a fixed truth.

Some descriptions will resonate immediately, others less so. This does not mean that they are wrong, but perhaps that they concern dimensions that are still in their infancy or forces that will reveal themselves later. Leave the person free to recognise themselves or not.

3. This is not astral influence.

Explain that this astrology is based on synchronicity. The stars do not cause anything: the birth chart reflects an inner configuration, a state of the psyche at the moment of birth.

It is a symbolic mirror, not an external force that determines our destiny.

4. The chart is not fate.

If there are areas of tension or difficult traits, this is not a matter of 'cosmic bad luck.' Rather, these tensions show how the ego, when cut off from consciousness, can distort the natural qualities of the being. The more a person lives from the space of Presence, the more they actualise the light of their chart. On the other hand, distancing oneself can bring out areas of shadow, not as punishment, but to signal a need for inner adjustment.

5. Some guidelines for reading.

Remember that the birth chart represents the positions of the planets in the zodiac at the moment of birth. Each sign expresses a tone of energy, each planet symbolises a psychic function (thought, desire, emotion, action, etc.). These functions are coloured according to the sign in which they are found, are actualised in the houses (areas of life) and interact with each other through aspects. It is these interrelationships that make up the language of the chart.

6. No chart is better than another.

Emphasise that there are no good or bad signs, nor good or bad configurations. Every chart has riches, challenges and paths for growth. What is sometimes called a difficulty can become a major force for change. Similarly, a fluid

aspect does not necessarily bring fulfilment if it is not brought to consciousness.

7. The chart evolves with the person.

What you interpret is a snapshot of the potential at birth, but that potential is alive. It transforms, modulates and awakens over time. Later, planetary transits will activate certain points in the chart, like calls to adjust, transform or more fully embody certain qualities.

8. The person remains greater than their chart.

Even the most detailed interpretation can never contain the totality of a person's being. The chart is a tool, not a definition. It is a mirror, not a verdict. What a person is at their core goes beyond any chart. Always give them the freedom to accept what resonates with them and leave aside what does not make sense.

By sharing these guidelines before your interpretation, you create a space for listening, respect and openness. You invite the other person to a conscious reading of themselves, without projection or confinement, in the very spirit of mindful astrology.

Methods of astrological consultation

Astrology is not limited to knowledge of symbols or the interpretation of a chart. It is also an art of relationship. Receiving someone for a consultation means welcoming their story, their questions and sometimes their vulnerabilities.

1. Welcome and listen

The most important quality for an astrologer is the ability to listen. Before even examining the chart, let the person express what motivated them to come. This respectful listening creates a climate of trust and allows the consultation to be grounded in reality.

2. Present the chart with sensitivity

The natal chart is a symbolic map, not a predetermined destiny. Your role is not to predict, but to show the strengths, tensions and potential that run through the person. Use clear, simple language and avoid definitive statements that would lock the client into a fixed image.

3. Allow freedom

Every human being is on a journey. Astrology can enlighten, but it should never constrain. Offer suggestions and keys to understanding, and leave the person free to accept or reject them.

4. Create a space for co-interpretation

Rather than talking alone to a silent person, encourage dialogue. Ask questions, invite the person to respond and to add nuance to what you describe. The consultation then becomes a co-creation, where astrologer and client move forward together.

5. Take care of the emotional dimension

A consultation can awaken deep emotions. Be attentive to what the person is experiencing. If pain arises, welcome it with kindness, but without trying to play the role of therapist. The astrologer accompanies, they do not impose healing.

6. A living ethic

Finally, remember that each consultation involves your responsibility. Respect confidentiality, be mindful of the language you use, and always keep in mind that astrology is not there to direct life, but to help understand it and live it with greater awareness.

? Any questions?

If this lesson raises any questions, comments or requires clarification, please feel free to contact me at: **jerome(at)zenastral.fr**