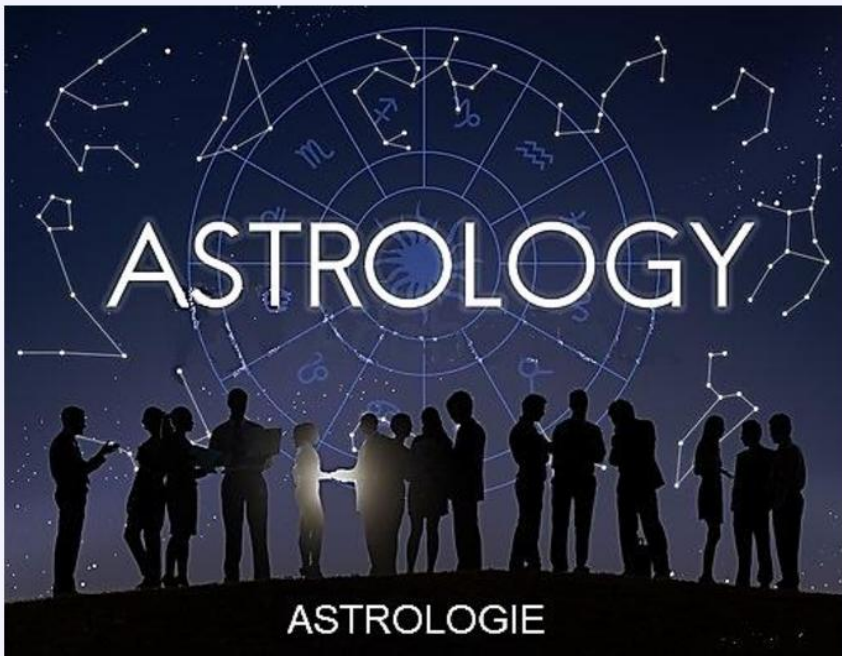


EAPC



Ecole d'Astrologie
et Pleine Conscience

Presentation of the EAPC School

Presentation of the EAPC School – Astrology and Mindfulness

Welcome to the EAPC School, founded by Jérôme Zenastral, astrologer-researcher, writer, essayist, and teacher.

This online school invites you to discover a living, conscious form of astrology, open to the inner dimension of being. Here, you do not accumulate knowledge — you explore your own consciousness through the symbolic language of the sky.

A member of the FDAF (Fédération des Astrologues Francophones), Jérôme Zenastral has been studying astrology since 1975. Trained at the Jacques Berthon School, he later deepened his research, drawing inspiration from the works of Stephen Arroyo, Liz Greene, Robert Hand, Fritz Riemann, and Alexander Ruperti. Since 1980, he has developed an original approach that connects astrology and mindfulness, which he now shares through his books and this school open to everyone.

The EAPC School is free and fully online, allowing you to learn at your own pace, wherever you are. The lessons guide you step by step through the understanding of signs, planets, houses, and aspects, leading you toward mastery of complete chart interpretation.

This approach, both structured, intuitive, and meditative, links astrological knowledge to mindfulness. It invites you

to experience this study as a path of inner awakening, rather than as a purely technical learning process.

Whether you wish to better understand your own birth chart or support others with insight and discernment, this program is designed for you. At the end of your studies, you may obtain a Diploma in Mindful Astrology, attesting to your integrated and comprehensive understanding of this unique teaching.

You have free access to most of Jérôme Zenastral's books, available in PDF format on the school's website. If any question arises during your journey, you may send it to [jerome\(at\)zenastral.fr](mailto:jerome(at)zenastral.fr). Jérôme Zenastral will be happy to reply, as far as possible.