



EAPC



School of Astrology and Mindfulness

Lesson 32 Planetoids in astrology

Planetoids are intermediate celestial bodies, most of which are located beyond Neptune, in the Kuiper Belt or in the still poorly understood outer reaches of the solar system. Their discovery is recent and ongoing, constantly expanding our perception of the cosmos. Unlike asteroids, which are mainly located between Mars and Jupiter and linked to personal psychic nuances, planetoids invite us to think more broadly: they open up a field of collective consciousness.

In mindfulness astrology, this phenomenon finds direct resonance: as humanity discovers the immensity of the world, it recognises itself as part of a global, interconnected and transgenerational destiny. The name of each planetoid is the first symbolic key: it does not describe an event, but resonates with an archetype, a force, a question addressed to humanity. The further a planetoid is from the Sun, the more it seems to be connected to collective dynamics, shared memories, and even transpersonal processes.

Their orbital behaviour is itself meaningful:

– A highly elliptical orbit can represent a force that acts on the margins, disrupts the established order, and shifts the boundaries of what is thinkable. – An extreme inclination suggests energies that do not fit into the norm and invite us to rethink our collective structures.

For each planetoid, beyond mythology and astronomical data, essential questions arise: What does it awaken in us? What part of us does it connect to something larger than our personal history? What passage, what mutation, what collective memory does it activate?

This is where their fundamental difference with asteroids lies: asteroids serve to describe the subtleties of the individual psyche, while planetoids awaken in us a sense of a shared destiny. They seem to carry the great memories and collective dynamics of humanity:

–Historical or civilisational transformations,– Planetary awareness (ecology, connection to living things, survival of the species),

– Confrontations with forces beyond the individual (global crises, collapses, transitions from one age to another).

In this sense, planetoids are like beacons in the evolution of consciousness: they signal that something new is seeking to emerge, that humanity is being invited to integrate what was previously peripheral, repressed or invisible.

These new bodies should not be interpreted as ‘mini-planets’ mechanically added to tradition, but as signals of consciousness, revealing a collective movement at work. Each of them seems to illuminate a fault line, a memory, a fracture or a deep call for humanity to transform itself. That is why the following approach will not seek to predict events or multiply technical interpretations, but to

understand what each planetoid awakens in us. To do this, we will proceed as always in mindfulness astrology:

- starting from its mythology (or its cultural source when it is not Greek or Roman),
- taking into account its astronomical data (distance, inclination, eccentricity, orbit),
- and identifying its inner symbolic function: *what does it call forth in us? What change does it make necessary?*

Reminder:

Method of progression for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without homework, imposed exercises, or intermediate validation. The path proposed here is experiential: it is less about ‘learning’ than about observing, feeling, connecting, and practising.

Here are a few pointers to help you progress:

No rote learning

None of the content needs to be memorised mechanically. It is not a question of acquiring encyclopaedic knowledge, but of allowing a living understanding of each symbol to mature within oneself. The lessons and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a path of practice, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe concrete charts. This may include:

- Your own birth chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Chiron in Cancer, look up well-known people with this configuration (on sites such as astrotheme.fr) and observe how their behaviour, style of action and Martian energy reflect this placement. This will enrich your understanding of the symbol, going far beyond a simple definition.

Support available by email

Although the learning process is self-directed, you can contact me by email via the zenastral.fr website if you would like further explanation, clarification or a more in-depth discussion at any point during the course.

Reading: *Planetoids in Astrology* by Jérôme Zenastral

? Any questions?

If this lesson raises any questions, comments or need for clarification, you can write to me at: [jerome\(at\)zenastral.fr](mailto:jerome(at)zenastral.fr)