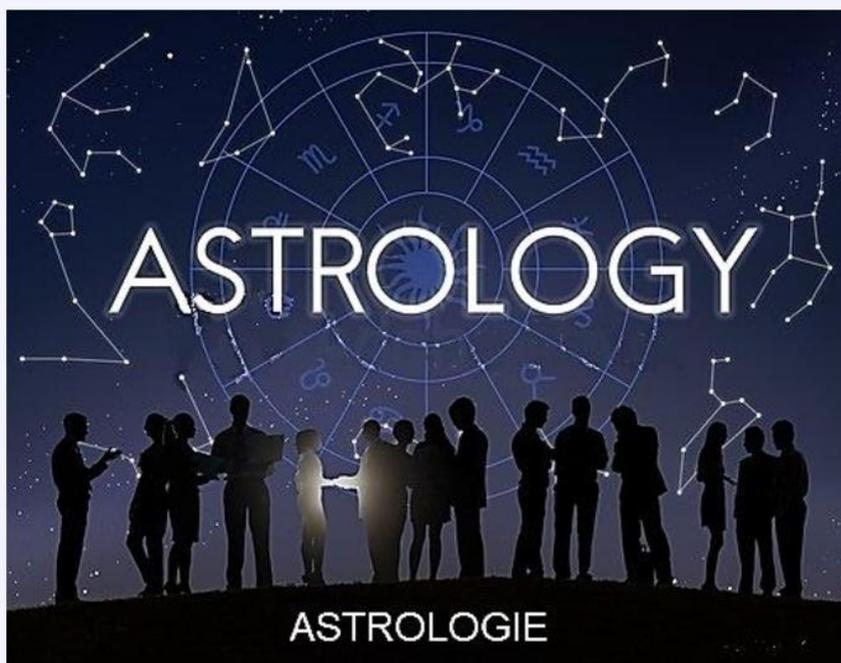


EAPC



Ecole d'Astrologie
et Pleine Conscience

Lesson 36 How to interpret a birth chart ?

Interpreting a birth chart is not the application of a method in the technical sense of the term. It is a learning process, a way of reading a living symbolic structure. The rules exist, as do the meanings, but interpretation arises from their interrelationship. The following points do not constitute a fixed method, but rather reading guidelines intended to accompany the student in this learning process.

Understanding that interpretation is not mechanical

An astrological chart is not a sum of independent elements. Planets, signs, houses and aspects only make sense in relation to each other. It is possible to know the individual meanings perfectly well and still not know how to interpret them, because interpretation is not about juxtaposing data, but about recognising a coherence.

Interpreting is not adding up, it is connecting.

Start with what is naturally obvious

When you open a chart, certain elements immediately attract your attention:

- a dominance of elements,
- a planetary concentration,
- an angular planet,
- an obvious aspect configuration,
- a strongly activated house axis.

These are the salient elements. Interpretation always begins with them, because they set the general tone of the chart. It is not the astrologer who arbitrarily decides where to start: the chart itself indicates this.

Set the overall tone before going into detail

Before analysing the planets one by one, it is essential to understand:

- the general psychic climate,
- the dominant dynamic,
- the overall way in which the experience is lived.

The distribution of elements, modes and polarities provides an initial summary reading. It allows us to understand how the chart breathes, before looking at its organs.

Identify the structuring configurations

Certain configurations organise the entire chart:

- major conjunctions,
- planetary clusters,
- aspect figures,
- planets close to angles.

These configurations are not details: they are pillars of interpretation. The other elements of the chart are articulated around them. An interpretation gains accuracy

when it recognises what structures, rather than giving equal weight to everything.

Interpreting the planets one by one, always in context

It is obviously necessary to talk about the Sun, the Moon, Mars, Venus, etc. But never in isolation.

Each planet is interpreted:

- in its sign,
- in its house,
- in its aspects,
- and above all in the overall logic that has already been established.

Drawing parallels between the planet and personal experience

Each planet is always linked to lived experience:

- the Sun as a way of recognising oneself, creating, realising one's life...
- the Moon as a relationship to security and the world,
- Mars as a way of defending oneself, acting or fighting,
- Venus as a way of loving and forming bonds, etc.

It is not a question of saying 'you are this', but of showing how the psyche manifests itself, how it is experienced and how it recognises itself through these functions.

Reading the houses as fields of experience

Astrological houses are not abstract sectors. They refer to concrete areas of experience: family life, public life, relationships, communication, daily life, social engagement...

A planet takes on a very different meaning depending on the house it occupies, because it expresses itself in a specific field of experience. Interpretation gains depth when it constantly links planetary symbolism to these areas of life.

Understanding events as expressions of the chart

Life events are not external to the astrological chart. They are its concrete expression, the visible manifestation of the psychic dynamics described symbolically.

Interpreting a chart therefore also means understanding how certain configurations translate into experiences, situations, repetitions or concrete issues, without causality or prediction, but through synchronicity.

Accepting that interpretation is a living art

Finally, it is essential to understand that astrological interpretation is an art, not a procedure. It develops with:

- practice,
- familiarity with charts,
- attention to resonances,

- experience.

Two interpretations of the same chart can be different yet still accurate, as long as they respect the internal consistency of the chart. This book does not teach a method to be applied, but shows, by example, how a reading takes shape.

In summary

Interpreting an astrological chart means:

- recognising what dominates,
- understanding the overall logic,
- connecting the symbols to each other,
- highlighting the dynamics of the psyche as it manifests itself,
- and allowing the chart to reveal its own coherence.

It is this art of reading that the EAPC school aims to teach.

Reminder:

Progression method for each course

This training is intended for independent, curious individuals who are ready to learn on their own, without assignments, imposed exercises, or intermediate validation. The path proposed here is experiential: it is less about 'learning' than about observing, feeling, connecting, and practising.

Here are a few pointers to help you progress:

No rote learning

None of the content needs to be memorised mechanically. The aim is not to acquire encyclopaedic knowledge, but to allow a living understanding of each symbol to mature within you. The courses and associated readings are **tools for awakening**, not fixed knowledge. Let them sink in.

A practice-based approach

The astrology taught here is a path of practice, not abstract knowledge. For each element covered (planet, sign, house, aspect, etc.), it is strongly recommended that you observe concrete charts. These may include:

- Your own natal chart
- Those of your loved ones (family, friends)
- Public figures (artists, writers, politicians, etc.) whose charts are available online

For example, if you are studying Mercury in the intercepted sign of Sagittarius, look for well-known people with this planetary figure (on sites such as astrotheme.co.uk) and observe how their behaviour, style of action and Martian energy reflect this placement. This will nourish your living understanding of the symbol, far beyond a simple definition.

Support available by email

Although the learning process is self-directed, you can contact me by email via the zenastral.co.uk website if you would like further explanation, clarification, or a more in-depth discussion at any point during the course.

Reading: *The Astrological Chart Experience: Examples of Mindfulness Astrology Interpretations* by Jérôme Zenastral

This book is primarily intended for students of astrology, as well as practitioners who wish to refine their reading of charts. It does not propose a method to be applied, but shows, by example, how to recognise the salient elements of a chart, grasp its overall logic, and interpret the planets in context, without judgement or projection.

A work of transmission, intended to accompany the learning of a fair, rigorous and conscious interpretation of the astrological chart, in line with the author's previous work.

? Any questions?

If this lesson raises any questions, comments or need for clarification, you can write to me at:
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